

Batch 10

1- Food Additives

Substances added to food to enhance the flavor, texture, or appearance, thereby increasing its appeal and marketability.

Examples:

Artificial sweeteners (aspartame), flavor Enhance (e.g. msg), and food coloring

Significance:

Food additives plays a crucial role in modern food processing, but their excessive use can have adverse health effects.

2- Food Preservatives

Substances added to food to prevent spoilage, extend shelf life, and maintains its quality.

Examples:

Sodium benzoates, Potassium sorbate and nitrites.

Importance:

Preservatives help prevent foodborne illnesses, reduce food waste, and ensure a stable food quality.

3- Food Preservation Methods

Techniques used to prevent food spoilage, extend shelf life and slow down the growth of microorganism, enzymatic reactions.

Examples:

Canning, freezing, and vacuum-sealing.

Relevance:

Food Preservation methods are essential for ensuring food security, particularly in developing countries.

4- Food Adulteration

Intentional addition of inferior or harmful substances to food, thereby compromising its quality and safety.

Examples:

Adding water to milk, mixing stones with grains, or using artificial colors in food products.

Consequences:

Food adulteration can lead to serious health problems, economic losses, and erosion of consumer trust.

5- Food Contamination

Presence of harmful substances or microorganisms in food, thereby compromising its safety and quality.

Examples:

Bacterial contamination (e.g. Salmonella), chemical contamination (e.g. Pesticides), physical contamination (e.g. foreign objects).

Impact:

It can have severe health and economic consequences, highlighting the need for effective food measures.

Difference

1. Food additives Vs. Food Preservatives:

o Additives enhance quality, while preservatives prevent spoilage.

2. Food Preservatives Vs. Food Preservation methods:

o Preservatives are substance, while Preservation methods are techniques.

3. Food adulteration Vs. Food contamination:

o Adulteration is intentional; while food contamination is often unintentional.

4. Food Additives Vs. Food Adulteration:

o Additives are generally enhance quality of food, while adulteration involve adding harmful substances.

5. Food Preservatives Vs. Food contamination

o Preservatives prevent spoilage, while contamination introduces harmful substances.