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Frailty is no more the name of
a woman

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Essay:-

God has produced human being with great sense and ability, and gave equal rights to every gender, but in the Stone age and similarly in medieval period women considered feeble and they were suppressed by the dominance of men. However, with the passage of time woman broke the cultural barriers and gender dominance and proved for herself a powerful gender, he has

brought revolution every field life. Such as in the field of Biological sciences women ^{has} provided significant contributions and played important role to standardize the health care system. Furthermore, they have achieved milestone in the field of technology. They have brought inventions, and have played revolutionary role in the field of technology. Moreover, women's role in politics is remarkable. many women political leaders have served as head of the state and many are working in the prominent political ~~in the~~ ~~country~~ institution in the world. Additionally, they have achieved remarkable victories in field of support and represent their countries on various forums, as well as they are contributing significant role in Armed forces ~~and~~ aviation. Moreover, they are performing outstanding role in journalism. many women are working

as anchors, news editor and reporters, in different news paper and news channels. So all these contributions and success in various field ~~have showed that~~ ~~make women~~ ~~or have showed that~~ woman is no longer infirm. However here are some constraints in women's empowerment but, still, they are playing important in every field of life.

To understand, how facility is no more the name of woman, the supporting arguments are given below.

Women are achieving a remarkable milestone in the field of Biological science such as Marie Curie was a scientist of physics and chemistry, she discovered radio activity, Polonium and radium, she laid the foundation of nuclear medicine and cancer treatment, she was the only woman who ~~was~~ got nobel prize twice a time in different field of science.

Moreover, Women's Contributions in the field of technology are significant. Such as Ada Lovelace ~~was~~ the first computer programmer, she wrote the first algorithm for Charles Babbage's early mechanical computer, as well as Reshma Soujani who is a citizen of United States of America, who launched a movement "Code" to teach coding in computer to the girls and ~~she~~ she contributed important role and empowered over 500,000 girls in USA. Moreover, Arfa Karim Randhawa is a youngest girl who is at the age of nine she became youngest Microsoft certified professional in the world, she represented Pakistan at various forums, and she advocated girls that the age and gender barrier do not hinder your success in the field of technology. Hence it is proved that the frailty is no

more the name of woman.

Furthermore, women have played remarkable role in politics, for example Benazir Bhutto one of the most important political figure in the muslim world. She served as a first ~~muslim~~ prime minister of the muslim majority country, she brought reforms in various field. She encouraged democracy over dictatorship. As well as Angela Merkel one of the longest serving chancellor of Germany from 2005 to 2021, she ~~led~~ ^{led} the country during global financial crises in 2008. She enforced economic reforms in the country. She encouraged sustainable development programs and clean energy related project. She represented Germany at various international forums and in different political summits. Beside these many women are working in various political institutions and represents

Her community in national and international level. So all these mention factors indicat that facility is no more the name of the woman, because it they ~~has~~ have become important ^{part} of the ~~is~~ every sector of life.

Similarly, women have achieved a remarkable milestone in ~~sap~~ sports for example Serena Williams is a Tennis star, she won 23 grand Slam in single title, she represented Americas at various forums, she advocated for equal pay and women rights, as well as Sana Mir is former Pakistan captain, she led the Pakistan team in different formats, she has ~~been~~ ranked no-1 in one day international cricket ranking. Hence it is true that the facility is no more the name of the women.

Additionally, women's participation in armed forces are ~~for~~ important, ~~she~~ they are joining armed forces and contributed significant role. In America 17% army of USA consist of women. They are working on higher ranks in army like: ^{need formal expression please} Lori Robinson ~~became~~ ^{became} the first woman who head a major combat command in USA. Similarly indian pilot Avani Chaturvedi first woman to fly a fighter jet solo and she ^{has} become inspiration for many girls. So the mention arguments is proved that the frailty is no more the name of the women.

As well as, women are eagerly joining Aviation, and performing role in aviations as pilot. Such as Amelia Earhart is the first woman who flew a commercial flight across the Atlantic ocean in 1932. She covered around 3200 kilometers in

in 14 hours and 58 minutes, and she became inspiration for many girls. Similarly a Russian citizen Valentina Tereshkova is the first woman in the world who completed 48 hours in ~~space~~ orbit around earth. In this way Maryam Mukhtiar who was a Pakistani pilot, she sacrificed her life to save civilian lives, later she is honoured as national hero and became symbol of bravery. Hence it is shown that the frailty is no more the name of women.

Furthermore, women's contributions in the field of health are very important, like Florence Nightingale was the first woman who transformed the nursing profession into modern nursing. Due to her contribution mortality rate decreased from 42% to 2%. On her contribution

United Nations declared her birth day date 12 May as a nursing day. Similarly Dr Virginia Apgar developed a Apgar score to assess new born health problem. She standardized new born care globally and saved lives of millions. So their ~~signif~~ significant role health it is proved that frailty is no more the name of the women.

Additionally, women's participation in ~~no~~ hiking show that women are no longer infirm, many women mountaineers have climbed the world highest mountain like mount Everest, K2, and made the country shine through her achievements. For example Samina Baig first Pakistani mountaineer who climbed mount Everest and K-2 and she became pride for the nation.

Furthermore, women are playing significant role in journalism, many women are working as news anchors, news editor, and crime reporters. They have equal opportunity like the men. Many female journalists have been martyred during reporting in war zone, but many are pursuing their profession with honesty. So it is showed that the faculty is no more the name of the women.

However, there are some constraints in women's empowerment like due to the absence of education many people do not give such freedom to the women which are needed. Whenever a girl try to overcome these cultural barrier, she is suppressed by the family.

Moreover, many women in the world ~~do not~~ can not get proper opportunities due to their economic limitations, because they cannot afford proper education so they cannot achieve success.

In conclusion, women are achieving remarkable success in various field of life, such as in the field ~~science~~ biological sciences and physical sciences, as well as in technology, sports, and armed forces.

Furthermore, they are ^{playing} important role in politics, many women are head of the state like in India, New Zealand, and Georgia, and they are serving the nation diligently.

Similarly, in the field of health women's contributions are significant such as ~~To~~ You - You a pharmacologist.

she discovered artemisinin, a drug that reduced the malaria mortality. Through her discovery ~~to~~ she saved ~~and~~ lives of millions, as well as women are playing pivotal role in journalism. ~~so~~ ~~at~~ In spite of all ~~a success~~ Here some constraints which hinder the development of women such as social and cultural barriers, economic limitations and political ~~pat~~ interest. However women ~~break~~ has broken the cultural barriers and proved themselves as a powerful gender and most integral part of the society.