



Times 13pt
Mixed

Indent the paragraph. Precis Writing

Some people bolster overeating by thinking that they can afford, while they can save a lot of food by ~~missing~~ and improve their health by missing one meal per week. Similarly dinner, which contributes to over weight can be forgone without loss of ~~weight~~ strength by taking the evening meal three to four hours before retiring. Such practice will help in conservation of energy and cost reduction of food.

Title & Practices for good health.

Word Count:

Original: 168

Precis: 65

8/
2

Avoid cutting. Mistakes identified.