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The Unseen Consequences of War

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Introduction:

The true cost of war continues long ^{even} after the battlefield falls silent. Throughout in our history wars have been remembered for their destruction, casualties, and its physical outcomes. However, their hidden consequences go unnoticed because they are slow and long lasting but cause huge damages. This essay defines the invisible consequences of wars - psychological traumas, economic collapse, environmental damage, educational disruption, environmental degradation, and suppression of truth, and other long term impacts - that continue to affect societies long after the fighting ends. These impacts leave lasting impressions on generations. For realizing the full impact of wars we need to look beyond the physical destruction of wars. Wars' hidden consequences unfold slowly, leaving deeper and enduring more scars on individuals, communities, and nations.

The Invisible Consequences of Wars

War leaves deeply psychological trauma or wound that remain long after the war, making psychological trauma one of the most damaging invisible consequence of wars. Psychological trauma refer to mental and emotional injury caused deep depression and anxiety. Soldiers often suffer from PTSD (post-traumatic stress), which affect their ability to return in normal life. Civilians, childrens and women suffers silent scars that effect emotionally during and after the war ends. According to WHO, over one in five people in conflict affected area suffer from depression, anxiety, PTSD, and other mental health condition. This clearly shows wars affects are not only physical but that are emotional, mental and psychological that haunt individuals, communities, and nations. Therefore, disruption of educational system and learning add another layer of invisible consequences of war, which deprive entire generation to get the opportunity to grow, learn, and built their future. The word disruption means sudden break or disturbance in any thing. Schools are often bombed and childrens, teachers are forced to

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displaced or killed. In conflicted area insecurity continue to prevent childrens from returning to school. UNESCO reports 222 millions childrens living in conflicted areas and they are in urgent need of educational support. Thus, wars not only destroy buildings but also collapse the whole educational system. But these things never stops the invisible consequences also plays part in environmental degradation. wars silently devastated the natural world causing long lasting environmental degradation. The degradation is decline in quality of land, air, and water due to destructive human activities. Explosion chemical weapons poison the earth land and water. Even it effect the atmosphere and ecosystem. This leads to food shortage, water scarcity and poor air. The UNEP has documented cases in Iraq and Syria where war and conflict cause severe environmental harm, Therefore the destruction of ecosystem during war adds another layer of long term suffering affect people and planet.