

ESSAY:-

Hope: The greatest driving force

A) Introduction

Thesis Statement: Hope is a powerful force that propels humanity forward, builds resilience along with many other factors. It is a beacon of light in the darkest of time and demands actions side by side.

B) Hope is the greatest driving force

1. Keeps an individual motivated and optimistic

⇒ "Thread that weaves dreams into reality" -

2. Builds resilience and realise that no challenge is insurmountable

⇒ Nelson Mandela - 27 years imprisonment

3. Improves emotional well being that ultimately improves physical well being

⇒ "There is no health without mental health" - WHO

4. Leads toward cooperation: at regional level to achieve shared goals

⇒ SCO, ASEAN, BRICS: Hope towards better future

5. Helps in conflict resolution and peacebuilding

⇒ Formation of United Nations with hope to create a better world.

6. Boosts economy by building confidence for investment and growth

⇒ The United State of America successfully combat economic depression of 1929 and 2008

7. Drives social progress amidst social unrest

⇒ Ousted Sheikh Hasina ~ long term power in Bangladesh

8. Keeps the cause of freedom movements alive

⇒ Kashmir and Palestine hope for independence from oppression

9. Acts as a catalyst for global solidarity in addressing shared challenges

⇒ Paris Agreement on Climate Change and COP "Conference of Parties".

10. Drives the nation in positive trajectory and preservice

⇒ China transformation from poverty to the 2nd largest emerging economy

C) Hope demands actions, not just wishes

D) A Life Without Hope: A Road to Despair

E) Conclusion

Introduction:-

A young man in the operation theater with only 10 percent chances to live. Yet, he smiled and said, "My Allah will keep me alive." Against all the odds, his operation was successful. Today, he lives gratefully, a living proof that hope can conquer even death. This is the hope; the belief that turns despair into miracles. Hope can be defined as "a inner strength that encourages, keeps dreams alive and builds faith". It stands as a thread that weaves dreams into reality and remove pessimistic feelings. It builds resilience and helps people to overcome challenges. Moreover, hope keeps leads towards cooperation and conflict resolution. It also improves emotional well-being. However, to harness the full potential of hope, it must be

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supported by actions/practical work. A life without hope will be full of failures and despairs. Hence, it is not wrong to say that hope is a powerful force that propels humanity forward, builds resilience and confidence along with many other factors. It is a beacon of light in the darkest of times and demands actions side by side.