

"DRUG ABUSE : A GROWING THREAT TO PAKISTAN'S YOUNGER GENERATION"

-(OUTLINE)-

A) Introduction

- Thesis statement

B) Reasons Behind The Growing Use Of Drugs By Pakistan's Youth :-

① Psychological stress due to unemployment

- Pakistan Bureau of Statistics Report of 2023
- Anxiety, depression, brain drain

② Peer pressure and cultural glamorization

- South Asia Strategic Studies Institute report

③ Digital alienation

- Distance from real world people

④ Easy availability of synthetic drugs

- Dark web
- Online survey report

c) How Drug Abuse Is A Threat To Pakistan's Younger Generation?

① Mental and physical health deterioration

- UNODC report

② Economic decline and loss of productivity

- Laziness
- Burden on society.

③ Social fragmentation and broken family bonds

- Social abandonment
- Loss of dignity, respect.

④ Increased crime rate.

- Intoxication increases criminal tendencies.

D) Recommendations To Overcome The Threat of Drug Abuse:

1) Strengthening legal framework

- Pakistan's law against narcotics of 1997.

2) Rehabilitation mechanism for the addicts

- Portugal case study
- "Drug-Free Peshawar Phase 3" program.

3) Education and awareness

- Educational institutions, media and social campaigns

4) Use of moral and religious narratives

- Quranic verse.

E) Conclusion