

The daily life of college student is filled with conflicts. These conflicts may be in different form, for instance bullying.

Most of the college students get in trouble from the first <sup>day</sup> of college, as they are bullied by their seniors, which are a common trend now a days. In addition to bully the college student observed a conflict in the shape of academic pressure. Such academic pressure leads them towards internal conflicts and anxiety. Not only that, <sup>but</sup> teacher-student ~~misunderstanding~~ <sup>to</sup> leads ~~them towards~~ a communication conflicts which results <sup>into</sup> a disrespectful environment in the class.

Mr. Rehman, our English teacher is extremely self-disciplined teacher. Instead of taking a number of classes in the school, he never compromises on his discipline. For instance, his self-discipline can be observed from his dressing code. He wears clean clothes, along with polished black shoes, combed hairs and having a black watch on his hand. He also advises his students to be clean and well-dressed. Another common example of his discipline can be seen on taking classes on time. He always came to the class on time, and put penalty on those who came late to the class.

Finally Mr. Rehman is self-disciplined about the money. He keeps himself on a strict budget and balance his checkbook the day his bank statement arrives.