

Continuous Paragraph

3- Necessity of 'old age homes' in our society

- a) Provide shelter to old people
- b) Busy life style of children
- c) Timely care for old people
- d) Special care for aged people
- e) Medical staff available 24/7
- f) Friendly environment for old people

There are many factors which foster necessity of old age homes in our society chief among them is providing shelter to old people. Old age homes act as a refuge for elderly individuals abandoned or neglected by their families. They ensure safety and stability for those who live without financial means or family support. According to HelpAge International, millions of senior citizens globally face homelessness, highlighting the critical role of old age homes (HelpAge International, New global report on older people, April 2023). Hence, old age homes provide shelter to old people along with many other factors.

Along with providing shelter to old people, old age home also provide time

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for children who have busy lifestyle. With demanding work schedules and dual-income households, children often struggle to provide adequate time and care for their elderly parents. Old age homes fill this gap by offering consistent care for their parents. Busy lifestyle hinder adult children from caring for parents, 22%. balancing jobs and caregiving (Guardianlife.com) caregiving in America, 2024). Thus, in busy lifestyle of children old age homes provide care to old people.

By providing care to old people due to busy lifestyle of children, old age homes also provide timely care of old people. They ensure proper monitoring of meals, medications, and daily routines. Structured schedules reduce the risk of neglect and health deterioration. Research by the journal of Geriatrics indicates that timely care can improve the lifespan and health quality of citizens by 20-30%. (2024). In this way old age homes provide timely care for old people.

In addition to the timely care for old age people, old age homes also provide special care for aged people. Providing tailored services like physiotherapy, emotional counselling, and recreational activities.

Focuses on the unique physical and psychological needs of aging individuals. Survey shows that

residents of well-managed old age homes report higher satisfaction level compared to those living alone (Sidra Qureshi, Haider Nazia Chatta, Mutte-ul-Rehman, Life satisfaction of older people in Pakistan, 2020). Hence, old age homes provide special care for old people

Due to special care for aged people, old age homes also provide availability of medical staff 24/7. On-site medical personnel ensure immediate attention during emergencies. Regular checkups and management of chronic illness, such as diabetes or heart disease, are prioritized.

The WHO states that 70% of elderly individuals require constant medical care, which old-age homes provide efficiently (WHO, Long term care for older people, 2019). Hence, old age homes facilitate medical staff availability as well.

Besides availability of old medical staff 24/7, old age homes provide friendly environment for the old people. They offer companionship and social interaction, reducing feeling of loneliness and isolation. Recreational activities and peer bonding foster emotional well being. Studies reveal that elderly individuals in old age homes with friendly environment experience less depression compared to those

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living in isolation (Sahoo, Soumya, Depression and quality of life among elderly people, 2019).
Therefore, old age home provide friendly environment for old people.