

4- The Challenges of Parenting in Modern Times

Outline:

I- Introduction

Thesis Statement: Parenting the children has become a challenging task in modern time. Parents face multiple problems during growing the children. They have to manage their political, social and working-life for better nourishment of children. They have to manage their resources for betterment of their children's future. ~~Therefore they have to~~
~~take care of their children~~
~~in a better way~~

II- The Challenges of Parenting in Modern Times:

1- Children's growth and nourishment have become one of the major challenge for parents

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providing a healthy life ~~healthy~~ life to children has become an immediate threat for parents

3- Parents' work and child-care balance have brought a tough task in modern time

4- Giving a better education to children has become a high priority for parents.

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5- Parents' concerns have been increased about the confidence of children to face the challenges of modern world.

6- Saving children from social discrimination has become a serious problem for parents.

7- Striking a balance between freedom and control has become created ambiguity among parents.

8- Children's social companies have made the parents worried.

9- Parents have become insecure about their children's privacy in technological world.

10- Parents have been struggling for their children to make them a responsible citizen.

11- Providing a bright future to their children have been a dream for parents.

III Conclusion

Parents are one of the precious best blessings of Allah Almighty. They spend their lives in hardships and difficulties but they protect their children. Similarly, in the modern time, the parents' role have not been changed but their parenting responsibilities have been changed. The main reason is the rising modern parenting responsibilities and duties. First, the children's growth and nourishment have become one of the major challenge for parents. Further, the parents have become worried about ~~children's~~ ~~work~~ work and health-care balance for children. Additionally, the better education for children have become first priority of parents in modern times. Similarly, the confidence building and saving the children from social discrimination have become a serious problem for parents. Moreover, the freedom and control balance for social companies have created the ambiguity among the parents that how much freedom should be given and how much restriction should be strict. Another serious issue for parents have been created by technology. The technology has created the threatening privacy issue of children. Therefore, parents have been struggling for their children's safety and protection.

so that they can ^{make} them a responsible citizen with a bright and successful future.

To begin with, the children's growth and nourishment have become one of the major challenge job parents. In modern time, the growth and nourishment scarcity have created the growth stagnation in children. This scarcity brought the multiple issues in the growth of children, where the stagnant growth of children has become a main issue. Further, the proper development of organs also become very slow in which weak bones develop. According to United nations report year 2022 approximately 148.1 million children under the age of five worldwide had been affected by stunting, growth and development due to lack of proper nourishment and food supplements. Therefore, the parents in modern time have been very concern about the growth and nourishment where food and nourishment scarcity has been challenge for ~~parents~~ them.

Second, Parents have been very concern about the healthy life of children. In modern word, various sort of diseases are attacking the unimmunized children which damage their organs and event their mental health.

In the world many diseases have either killed or damaged the children. As a result the children become disable.

For example, Polio is a one of the most dangerous and contagious disease in the world which only attacks the human at their early childhood age till the age of seven years. This disease has killed many children in the world and damaged their important organs such as ~~stomach~~ disabling the children from hand or leg etc.

that's why parents have been in the struggle to provide a better and healthy life to their child, which has become a hard task in modern time.

Additionally, the modern time have has made child parents a machine ^{between} for work and child-care balance. The parents work hard for their children, on at one side and take-care of them on the other hand. This child-care and work balance ^{has brought} ~~bring~~ a tough time for parents.

For example, a mother first gets up early in the morning, prepares breakfast for whole family then prepares the children for school and then drop them and then she goes to her office. The story does not end there, she then manages to take the children from school back to home and then prepare lunch for them. And this cycle repeats every day within 24 hours. This cycle becomes one of the tough task for

parents - to manage their work and child-care. mainly these parents who have office jobs and high responsibility which cause them hard to manage everything in modern world.

Furthermore, every parents have a dream to give their children a better education. Therefore, parents first try to find a good and affordable school or educational institution ~~for the~~ ~~the education of their children~~. Their major/main wish ~~has been~~ that their children attend a good school. Therefore, they try to search a better educational institution. Undoubtedly, parents bear the expenses of ~~the~~ costly school to provide a good educational environment education. For instance, every parents desire have been that their ^{children} should get education from, Harvard university or Oxford university, which are very costly in the world. That's why everyone cannot bear their expenses. On the other hand, parents struggle hard or do double shift jobs to fulfill the cost of education in such institutions. These institutions for many parents have become dream due to bulge of difference between income and institutional costs of education. Therefore, it has been a dream for parents to provide a better education to their children in such a modern age.

Besides that Parents have become concerned about their childrens rising confidence deficiency to face the modern challenges. During the childhood, parents have to care them and protect them from external harms. This protection makes the children habitual for that protection. At their adult age they become very insecure to face such challenges of modern age. For example, the harassment and abuse in the streets have become common due to lack of education ~~and~~. Therefore, a girl feel more insecure whenever she tries to go outside either to markets or school/colleges due to street boys' harassment and abuse. That's why parents have become worried about their children because they know that they could not be with them every time. Their low confidence creates multiple concerns about for parents about their confidence.

Nevertheless, Parents have been worried about their children due to rising social discrimination in modern time. The social discrimination has increased due to polarized political, religious and national thoughts within the society. Children have been facing discrimination in society, schools, friendship gatherings and other public places, due to their class, race, ~~or~~ ^{their} belonging to an specific ~~race~~ ^{Religion}. According to UNICEF report 2024 states that muslim children and people has been facing the discrimination in western societies by attacking

the tags of terrorists and extremists due to being a Muslim. Such kind of discrimination makes psychological impact on the children by creating inferiority complex in them. Therefore, parents have become worried about, ~~such discrimination~~, for their children due to such discriminations in modern time.

Freedom and control have become the main problem for parents. Giving absolute freedom ~~makes~~ ^{leads} the children toward bad social companies of friend in society. As a result, the risk of smoking, drinking and many other immoral activities rises. On contrary, keeping an eye ~~on~~ ^{on} makes children suspicious which breeds the aggressiveness. For example, A child with absolute freedom having no check and ~~her~~ balance becomes the addict of smoking, drinking, gambling and so on. On the other hand, the parents check and balance, and full control creates the fear in children from their own father and mother. This fear later on converts into the aggressiveness due to long control. This Freedom and control strike has become a challenge for parents where freedom has become a fundamental right in the modern world.

The social interaction and companies of children have been a real issue for parents in the modern age. The parents do not know whom their child meets and whom he is accompanied with. The reason is that, children's company either corrupt them and/or improve them. If a bad company of friend he has joined then he may become addicted of bad and immoral activities. If he has a good company then he may improve himself, but their parents have no clue about the companies. That's why children's company have become a serious issue for parents. For example, one single smoking friend can make addict of smoking to give other friends through giving and compelling to smoke, but five friend cannot compel to that single friend leave this smoking habit, because habits cannot be left easily. That's why parents concern of their children's company has become a real issue of upbringing for parents.

Moreover, technology has also increased the tension for parents about their children's privacy. Technology has created the space of interconnectedness at one side and the breaching of privacy and data through hack on other side. The people ~~have~~ ~~and~~ ~~important data~~ ~~have~~ ~~not~~ ~~been~~ ~~able~~ ~~to~~ ~~hide~~ ~~it~~ have no any place to hide their important documents pictures and records. Similarly, in technological world children are also under the threat

of privacy breach. As European Union's Restriction act of technology stated that in the last decade approximately the one million children have been victim of their private profile hacking and pictures leakage around the world. That's EU had decided to strict the control on technology. Undoubtedly, such victimization has become a real threat for children in the arena of technology. Hence, it also creates real concerns of children privacy for parents.

Similarly, parents have been struggling for their children to make them a responsible citizen. In modern world children mainly lack the responsibility of their citizenship in the country. Many children break the laws and violate the country's regulations which causes them imprisonment or fine punishment. For instance, the abiding the signals have been the rule of states' to protect and minimize the road accidents either in street or markets. But children do not abide these signals by breaching them, which results into the fine challan. That's why making a responsible citizen to children have become a challenge for parents in today world. But parents do their best to inculcate the good citizenship responsibilities in the habit of children. ~~through~~

Last but not the least, parents have been wishful to provide their ^{children's} a bright future. It has been their dream to make their children's future stable and prosperous. Parents work hard with enthusiasm in contemporary world to provide the all modern facilities to their children. They dream to give all these possible facilities to their children so that their future should be protected and safe. For example, every mother and father, starts saving the money from his or her salary every day, with the birth of their child. Similarly, many parents register the life insurance for their children, so that their future should be bright and they should get success in their life. Hence, parents have been wishful to provide their children a bright and prosperous future.

Concluding all the discussion, it can be said that, parenting the children has become a challenging task in modern time, ~~because~~ multiple problems of their political, economic, social and working life creates the challenges for growth and better nourishment of children through limited resources. The growth and nourishment have become a major challenge for parents to provide their children a healthy life. Their busy schedule of work and child-care balance impacts the children's educational priority and confidence building in the

Social discrimination. It also strikes on the children's freedom and control, and their social interaction through technology makes worry the ~~pro~~ parents. Parents in modern world have been facing such all issues which laid down their desire or wish to make their children a responsible and law abiding citizen.

Moreover, they can not ensure the bright future of their children in the modern busy world. Parents still are playing their vital role in the world. They have been the shield of protection/protection shield for their children.