

Girls are weighed down by
restrictions, boys by demands - two
equal harmful disciplines

Outline:

1. Introduction:

Thesis Statement:

Girls and boys are equally unweighed by society; restrictions base girls from utilizing their true potential and demands and expectation from boys ruin their wellbeing. Thus, there is a need to take some essential measures to safeguard the freedom of individual beings to live a self-chosen life.

2. Restrictions faced by girls:

2.1 Restrictions on getting education

- 13.6 million girls out of school
- 60% drop out ratio of girls before matric

2.2 Restrictions on economic activities

- 1% enterpreneur girls in Pakistan
- Report of Pakista Bureau of

Statistics 2023 - only 3% women in
Police Service

- 541 judicial officers are women
while 4792 are men

2.3 Restrictions of marriage by choice

- Honor killing incident
- Report of HRC P : 3000 incidents
of honor killing in 2024
- Forced marriage : UNICEF
report - 30% of girls in Pakistan
before the age of 18 forcefully
married

2.4 Restrictions on Social mobility :

- taboos of ^{not} going outside
without male of family
- permission issues
- low voter turn out ratio

3. Demands imposed on boys:

3.1 Demands of providing a luxury
life:

- High suicide ratios in Pakistan
after India

3.2 Demand of being brave:

- Gender based roles

3.3 Demands of looking muscular:

- concept of girlish man

3.4 Demands of being highly qualified

- job demands high qualification

- Demands of girls while tying
knot

4 Impacts of Restrictions on girls and Demands from boys:

- 4.1 Social impacts
- 4.2 Psychological impacts
- 4.3 Political impacts

5. Measures to curb these harmful discip- lines:

- 5.1 - Reshaping the social ideals
- 5.2 - Turning towards Islam
- 5.3 - Educating masses

5. Conclusion