

12-01-2025

English Essay

ABEHA

# Students' unions: Cornerstones of social and institutional change

## Outline

### 1- Introduction

Thesis statement: "Students' unions play a transformative role in society by advocating for progressive change, representing students' interest in institutional decision-making and fostering activism. They serve as platforms for leadership, collaboration, and accountability driving both social progress and meaningful institutional reforms." (39 words)

### 2- Historical role of students' unions in social and institutional change

### 3- Role of students' unions in social change

(a) Promoting awareness and education on gender equality, environmental issues and minority rights.

(b) Raising awareness about environmental



- sustainability and climate change
- (c) Addressing issues of racism, xenophobia and cultural discrimination.
  - (d) Advocating for minority rights and cultural preservation.
  - (e) Using protests to amplify the voices of the marginalized.

#### 4. Role of students' unions in institutional change

- (a) Campaigning for better mental health support and counseling services on campus.
- (b) Acting as a voice for students in university boards and councils.
- (c) Engaging in dialogue with administration to resolve student grievances.
- (d) Ensuring financial transparency and proper allocation of student funds.
- (e) Ensuring that resources are accessible to students from all backgrounds.

#### 5- Challenges faced by students' unions in promoting social and political change

- (a) Government crackdowns on student protests and activism.



- (b) Restrictions on student unions' freedom of speech and assembly
- (c) Reluctance from university authorities to implement reforms
- (d) Financial constraints that hinder student union activities and campaigns.
- (e) Government intervention and political influence on student union activities.

## 6- Students' unions as cornerstones of social and political change: A way forward

- (a) Fostering leadership skills among students to ensure that student unions are effectively led and organized.
- (b) Embracing digital tools to facilitate online petitions, virtual protests and campaigns that can reach a global audience
- (c) Building partnerships with faculty, administration, and other stakeholders to support institutional reforms.
- (d) Implementing leadership development programs to empower students with negotiation, public speaking and strategic planning skills.

## 7- Conclusion

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English Essay

State entities should not be able to cross the line that differentiates democracy from dictatorship

Thesis statement:

"State institutions must function within the confines of democratic principles to ensure transparency, accountability, and the protection of fundamental rights. Misuse of power can weaken democracy and concentrate control in a few hands. Such deviations blur the line between democracy and dictatorship, threatening individual freedoms." (45 words)

Body Paragraph

State entities must remain



firmly rooted within the boundaries of democratic principles to uphold the integrity of governance because when state institutions overstep their bounds, they consolidate power, reduce accountability, and diminish public trust. A clear example of this can be seen in Hungary, where prime minister Viktor Orbán's government has systematically undermined democratic institutions. Orbán's administration has enacted legal reforms that weaken judicial independence, allowing the executive to influence court decisions. This illustrates how unchecked state power can transform a democratic system into a dictatorship, where political opposition is crushed, civil liberties are stripped away, and authority is concentrated in the hands of a single ruler.

(No. of words : 101)

Climate change as a major threat to global health

Thesis statement:

"Climate change imposes a grave threat to global health by increasing infectious diseases and intensifying extreme weather events. It disrupts food systems, exacerbates water scarcity and burdens health infrastructure. Addressing this challenge demands urgent, coordinated and sustainable global action." (39 words)

Body paragraph:

Climate change poses a significant threat to global health, influencing both physical and mental well-being across populations. The rise in global temperatures has led to extreme weather events, such as heatwaves, floods and droughts, which exacerbate existing health conditions and create new challenges. The "2024 Lancet Countdown report on health and climate change" found that



climate change is posing record-breaking threats to global health by increasing heat-related deaths, expanding the spread of infectious diseases, worsening cardiovascular conditions, and exacerbating malnutrition. Vulnerable populations, including the elderly, children, and those in low-income communities, are especially

at risk. Consequently, climate change  
is an escalating threat to  
global health, demanding immediate  
and collective action to  
mitigate its devastating impacts.

(118 words)