

Democracy Is Failed to Ensure Human Rights

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Democracy, often hailed as the ideal form of governance, is based on the principles of equality, freedom, and justice, with a core promise to protect the fundamental rights to individuals. The democratic model envisions governments that are accountable to the people, ensuring the protection of human rights through legal frameworks, free elections, and participatory governance. The core idea is that democratic institutions should safeguard individual liberties, provide equal opportunities, and foster an environment of transparency and fairness. However, the reality of democratic systems often stands in stark contrast to these lofty lofty ideals. Around the world, democracy has failed to consistently protect human rights, with numerous nations witnessing the violation of basic freedoms despite their democratic frameworks. The failure to ensure human rights in democracies can be attributed to various factors, including electoral manipulation, corruption, economic inequality, social discrimination, and judicial biases.

These systemic flaws result in the continued marginalization of vulnerable groups, and while democracy is intended to be a mechanism for justice, it often perpetuates oppression and inequality. The gap between democracy's promise and its practice underscores a critical issue: the inability of democratic systems to deliver on their fundamental commitment to human dignity. Despite the promises of democracy, these systemic gaps and flaws have led to the continued denial of basic rights, particularly for marginalized communities, highlighting a significant gap between democracy's ideals and its practices. Addressing this gap and reforming democratic institutions to genuinely prioritize human rights is an urgent necessity for ensuring true justice and equality for all.

Theoretical framework of democracy is built on the premise that power resides with the people, who are expected to govern themselves through free and fair elections, ensuring that the state reflects the will of its citizens. In democratic systems, the protection of

human rights is considered a foundational principle, as it guarantees the dignity, freedom, and equality of individuals. Democracies are theoretically designed to secure civil, political, and social rights for all citizens, with legal frameworks such as constitutions and international human rights conventions offering protection against arbitrary state actions. The notion of democracy is deeply intertwined with the principles of individual liberty, participation in governance, freedom of speech, and the right to peaceful assembly. This relationship between democracy and human rights is integral, with the belief that democratic governments, through accountability and transparency, are best suited to protect and promote the fundamental freedoms of their citizens. However, this theoretical framework often clashes with the practical realities, where the promise of equality and justice is not always fulfilled.

Despite the promises, democracy often fails to ensure human rights

due to corruption, electoral manipulation and social inequalities. While designed to protect freedoms, it frequently allows discrimination, suppression of dissent, and economic exploitation. In practice, democratic systems fail to deliver on their promises, leaving many vulnerable groups without proper protection of their rights.

One of the main reasons of democracy's failure to ensure human rights is Electoral manipulation and corruption contributed to the failure of democracy in ensuring human rights by distorting the foundational principles of fairness, equality and accountability, leading to human rights violations. Rigged elections allow illegitimate leaders to rise to power, often prioritizing their own interests over public welfare, leading to authoritarian practices and suppression of dissent. For example, in Zimbabwe's 2008 elections, fraudulent practices and voter intimidation enabled Robert Mugabe to cling the power, resulting in political repression, economic instability, and violations

of basic rights, such as freedom of speech and assembly. Similarly, corruption weakens institutions meant to enforce justice and fairness, creating an environment where laws are selectively applied to benefit elites. In countries like Venezuela, ranked poorly on Transparency International's Corruption Perceptions Index, corruption has fueled judicial bias, police brutality, and restricted freedoms, leaving citizens vulnerable to exploitation and abuse. These factors erode trust in democracy, weaken legal protections, and leave citizens vulnerable to exploitation and abuse.

Majoritarian tyranny and minority oppression are ^{another} key consequences of democracy's failure to ensure human rights, as democratic systems often prioritize the interests of the majority while neglecting the rights of marginalized groups.

This imbalance leads to discrimination, exclusion, and even state-sponsored persecution. In India, for instance, Human Rights Watch reported in 2023 that discriminatory laws like the Citizenship

Amendment Act (CAA) and incidents of mob violence against Muslims have violated against their rights to equality and religious freedoms, fostering fear and insecurity among minority communities. Similarly, Myanmar's persecution of the Rohingya Muslims, labeled as genocide by the United Nations, highlights how democratic structures can fail to protect minorities, resulting in mass atrocities, displacement, and statelessness. These examples show how majoritarian dominance undermines democracy's principles of equality and justice, leaving minorities vulnerable to systemic oppression and rights violation.

The suppression of dissent and freedom of speech is a glaring consequence of democracy's failure to ensure human rights, as many democratic governments resort to censorship and repression to silence opposition. When freedom of expression is curtailed, the democratic principle of accountability is compromised, leading to authoritarian tendencies. George Orwell, in his book 1984, warns, "If liberty means anything

at all, it means the right to tell people what they do not want to hear." However, in many democracies, this liberty is often denied. For instance, Reporters Without Borders 2023 World Press Freedom Index highlighted the decline of press freedom in countries like India and Turkey, where journalists face harassment, imprisonment, and violence for criticizing the government. Similarly, protests in Israel, in 2023, against judicial reforms were met with heavy police force and attempts to curtail media coverage, illustrating how even in established democracies, the suppression of dissent remains a significant issue. Such actions reflect how democracies often fail to uphold the right to free speech, eroding trust in institutions and enabling human rights violation.

Moreover, democracy has failed to ensure human rights, especially regarding economic inequality and exploitation, as many democratic systems prioritize economic growth over equitable distribution, exacerbating poverty. For instance, the Oxfam

2024 Report reveals that the richest 1% of people globally own 50% of the world's wealth, while billions remain in poverty. In the US nearly 40 million people live in poverty, according to the US Census Bureau 2024. In Brazil, the exploitation of poor communities for labor in environmentally damaging industries, linked to Amazon deforestation, continues, as reported by Human Rights Watch 2024. This stark contrast between wealth and poverty in democratic societies highlights the systemic failure, where democratic principles such as fairness and justice are overshadowed by corporate interests and political neglect, leaving marginalized communities without adequate protection or opportunity for advancement.

Democracy has ^{also} failed to ensure human rights in addressing racial, religious, and gender discrimination as marginalized groups continue to face systemic inequalities despite democratic frameworks. In many democracies, discrimination based on race, religion, and gender is

perpetuated through both social attitudes and institutional practices. For example, the US Human Rights Report 2024 highlighted that Black Americans and other minorities still experience disparities in areas like education, healthcare, and criminal justice, despite legal protections. Similarly, in India, the treatment of Muslims has been increasingly concerning, with reports of communal violence and discriminatory laws such as the Citizenship Amendment Act (CAA) that have exacerbated religious tensions. As Ta-Nehisi Coates writes in Between the World and Me, "The struggle is not a struggle for the right to be heard. It is a struggle for the right to live." These examples demonstrate how democracy, despite its promises of equality, continues to fail ~~its~~ in protecting marginalized groups from discrimination and human rights violation.

Democracy has failed to ensure human rights due to the rise of populism and authoritarian tendencies, where leaders manipulate democratic institutions to consolidate power

and limit freedoms. Populist leaders often exploit fear and division, undermining checks and balances. The 2024 Freedom House Report highlighted the rise of authoritarianism in countries like Hungary and Poland, where populist governments have curtailed judicial independence, press freedom, and civil liberties. In Hungary, Prime Minister Viktor Orban has diminished democratic institutions and suppressed dissent through media control. Similarly, in Brazil, populist leader Jair Bolsonaro's actions led to violence against indigenous groups and restrictions on environmental protections. These examples demonstrate how populism and authoritarian tendencies erode human rights by using democratic structures to consolidate power and oppress vulnerable groups.

Furthermore, it has failed to ensure human rights due to judicial bias and inadequate legal enforcement, where legal systems often fail to protect vulnerable groups or hold powerful actors accountable. As former US President

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Jimmy Carter stated, "The erosion of the rule of law has undermined the foundations of democracy." In India, judicial bias against marginalized communities like Dalits and Muslims is widespread, with courts often siding with the powerful and dismissing cases of discrimination. The 2024 Human Rights Watch report noted instances where victims of police brutality and caste-based violence received little legal remedy. In the US, the legal system has been criticized by for disproportionately sentencing minorities, especially Black Americans, as shown by the American Civil Liberties Union (ACLU). These examples highlight how judicial bias and inadequate legal enforcement in democracies contribute to the failure to protect human rights, leaving marginalized groups vulnerable to injustice.

Additionally, it has failed to ensure human rights by inadequately addressing global humanitarian crises, where governments often prioritize national interests over the welfare of vulnerable populations. The 2024

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United Nations Refugee Agency (UNHCR) report highlighted that democratic nations like the US and European countries have faced criticism for restrictive asylum policies, leaving millions of refugees in limbo. In the US, harsh immigration policies, such as family separations and detention of asylum seekers, have raised human rights concerns. Similarly, in Europe, refugees in countries like Greece and Italy face overcrowded camps, inadequate healthcare, and violations of basic dignity, as reported by Amnesty International 2024. These examples show that while the democratic governments have the resources to address global humanitarian crises, their failure to act decisively leads to the continued suffering of vulnerable populations and undermines human rights protection.

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Last but not least, it has failed to ensure human rights in regard to environmental exploitation and climate change neglect, as many democratic governments prioritize economic growth over

protecting the environment and vulnerable populations. Naomi Klein writes in This Changes Everything,

"The right to a liveable planet is the most fundamental human right."

Yet, climate change disproportionately affects poor, indigenous, and marginalized communities. The 2024 Intergovernmental Panel on Climate Change (IPCC) report warned that inaction on

climate change is worsening extreme weather, displacing millions and increasing food and water insecurity. In countries like USA

India and Brazil, policies often favor corporate interests, leaving vulnerable communities to suffer from pollution, deforestation, and land loss. These examples highlight how democracy's failure to address environmental exploitation and climate change directly undermines human rights.

To safeguard human rights, democracy should be strengthened and rebuilt by prioritizing inclusivity, accountability, and the protection of fundamental freedoms for all citizens. To achieve this, democratic systems must reform judicial

structures, eliminate corruption, and ensure that human rights are upheld in both law and practice. For instance, after decades of authoritarian rule, South Africa's transition to a democratic government in the 1990s included a strong focus on human rights, with the creation of a Truth and Reconciliation Commission aimed at addressing past injustices and fostering national healing. Similarly, reforms in countries like Norway and Finland, which consistently rank high in human rights and governance, show how strong democratic institutions, transparent legal systems, and active civil society can protect human rights. This way forward involves strengthening democratic institutions that prioritize fairness, access to justice, and the rights of marginalized groups. It is only through such reforms that democracy can truly live up to its promises of equality and freedom for all.

In conclusion, democracy has significantly failed to ensure the

protection of human rights due to various factors, including judicial bias, corruption, populism, and the neglect of pressing global challenges such as climate change. While democratic systems promise equality, freedom, and justice, the evidence reveals that power structures often undermine these principles, leaving marginalized groups vulnerable. The rise of populist and authoritarian tendencies, alongside a failure to effectively address systemic inequalities, demonstrates a serious gap between democratic ideals and their real-world application. However, by rebuilding democratic institutions to prioritize human rights, accountability and inclusive policies, it is possible to bridge this gap. Strengthening the rule of law, ensuring transparency, and fostering active citizen participation can help restore faith in democracy and safeguard human rights. For democracy to fulfill its true potential, it must adapt to the needs of all citizens, ensuring

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that human rights are not just
an ideal, but a reality for
everyone.