

Date: (19/12) (Gender)

IGRA

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No. 5

1 Introduction:

2 Dismal status of women in Pakistan:

2.1 Pakistan ranked 153/156 countries in women's Health (Global Gender Health Index 2021)

0.8 in women's Health (Gender Health Index)

153 in case of women's health (According to an estimate from 2006 to 2021).

2.3 Around 600 women died per 100,000 while giving birth (According to an estimate).

2.4 4 delays in women's health:

↳ 2.4.1 Delay in Emergency case

↳ 2.4.2 Delay in Transportation

↳ 2.4.3 Delay in Post Natal case

↳ 2.4.4 Delay in Decision

2.5 Malnutrition in women:

2.5.1 Anemia

2.5.2 Goitre

2.6 Mental issues in women:

2.6.1 Domestic violence

2.6.2 Rape, Harassment

2.8 Patriarchy

Date:

2.7 Usage

2.8 Memory

2.9 Care

2.10 Limit

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2.7 Usage induced Abortion.

2.8 Menopausal women:

2.9 Cancer in women:

2.10 Limited access to Health facilities.

2.11 Lack of Health Awareness.

2.12 Role of Traditional Health medicine.

2.13 Poor Budgetary allocation on Health.

2.14 Absence of family planning.

2.15 Patriarchic society.

Solutions to tackle above health issues in

women:

3.1 Increase Budget Allocation for Health.

3.2 Spread Awareness regarding contraceptives.

3.3 Ban on Traditional Health facilities (free)

3.4 Increase Health facilities and food to

3.5 Provide medicines and food to

Malnourished women.

3.6 Increase health facilities in rural areas.

4 Conclusion:

Date:

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(Gender studies / essay)

(Outline).

1 Education Status of women in

Pakistan:

1 Introduction,

2 "If you educate a ~~man~~^{man}, you educate an individual, but if you educate a woman, you educate a nation."
(Ayesha Parvez).

3 Dispar status of women's education in Pakistan:

3.1 Lack of Policy implementation ;
Publication of Shauheen Siddiqui
educational politics in Pakistan-

3.2 Lack of infrastructure and resources
provided to educational institutions:

2010 → GDP → \$3.5m
2017 → GDP → \$7.5m, still no change

3.3 Poverty is the barrier for Education

3.4 Patriarchy prevents women to get
Education.

3.5 Distant schools and colleges.

Date:

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- 3.6 Lack of Transportation.
- 3.7 Easy Massages.
- 3.8 Rape and Harassment
- 3.9 Terrorism and Insecurity
- 3.10 Lack of awareness for women's education

4 Solutions:

- 4.1 Implementation of policies at National level.
- 4.2 Increase Infrastructure and resources provided to educational institutions.
- 4.3 Reduce Poverty at National level.
- 4.4 Dissolve Patriarchy
- 4.5 Provide Transportation for Distant schools and colleges.
- 4.6 Prevent easy Massages by shaping a law.
- 4.7 Prevent ~~the~~ Harassments and Rapes by making a hard law.
- 4.8 counter terrorism and increase security
- 4.9 Spread Awareness for women's Education.

5 Conclusion: