

Day: Saturday

Date: 21/12/2024

Paragraph #1

Segment #1

(Education is not merely about acquiring knowledge from books; it is about developing critical thinking and problem-solving skills.)

Segment #2

(The essence of true education lies in understanding the world, fostering creativity, and applying knowledge to real life situations.)

Segment #3

(It equips individuals to contribute positively to society and adapt to the ever changing demands of the world.)

(57 words)

Essence of Education

The essence of education is to develop critical thinking, creativity, and problem solving skills in individuals to adapt to the volatile demands of the world.

(25 words)

Day: Monday

Date: 23 / 12 / 2024

Paragraph #2

Segment 1

(Climate change is a global challenge that affects every aspect of life on Earth.

Rising temperatures, melting glaciers, and unpredictable weather patterns disrupt ecosystems and threaten biodiversity.)

Segment 2

(Addressing this crisis requires global cooperation, sustainable practices, and innovative solutions to mitigate its impact and ensure a livable planet for future generations.) (50 words)

Pernicious Effects of Climate Change

Climate change affects everyday life, disrupts ecosystems and threatens biodiversity. Therefore, effective measures are needed globally to mitigate its pernicious impacts on future generations. (24 words)

Day: Tuesday

Date: 29/12/2024

Paragraph #3

Segment 1

Technological advancements have revolutionized communication, making it faster and more efficient. Social media platforms, instant

Segment 2

messaging, and video conferencing have bridged distances, fostering global connections.

Segment 3

However, the overreliance on technology has also led to challenges like decreased face-to-face interactions and issues of privacy and data security.

(48 words)

1. Dual Aspect of Technological Advancements or
2. Pros and Cons of Technological Advancements

Technological advancements have not only revolutionized the communication but also introduced many challenges due to overdependency on it.

(18 words)

Day: Wednesday

Date: 25/12/2024

Paragraph #4

segment 1

Water scarcity is an increasingly critical issue affecting millions of people worldwide. Rapid population growth, urbanization, and climate change are placing immense pressure on freshwater resources. Agriculture being the largest consumer of water, faces severe challenges as water availability declines. segment 2 Effective water management, conservation techniques, and innovative technologies are essential to ensure sustainable water use. segment 3 Without immediate action, water scarcity could lead to food insecurity, economic instability, and escalating conflicts over shared water resources. (73 words)

Impacts of Water Scarcity

Water scarcity is a pervasive issue affecting people and agriculture worldwide. Effective techniques and technologies are needed to ensure sustainable water use, otherwise it could lead to many challenges. (29 words)

Thursday

Day: 26th Dec, 2024

Date: 26 / 12 / 2024

Paragraph #5

Segment 1

Education is the foundation of personal and societal progress.

It empowers individuals with knowledge, skills, and values necessary to improve their lives and contribute to their communities.

Beyond academics, education fosters critical thinking, tolerance, and innovation.

Segment 2

Societies that prioritize education often experience economic growth, reduced inequality, and enhanced social cohesion.

Segment 3

However, access to quality education remains a challenge for many, requiring collective efforts to bridge gaps and ensure that education is inclusive and equitable for all.

(75 words)

Education: A Way to Progress

Education empowers individuals, shapes societies, and contributes to overall progress but collective efforts are needed for equitable access to quality education.

(21 words).

Day: Friday

Date: 27/12/2024

Paragraph #06

segment 1

(The fear of human beings when faced with the mysteries of life and their weakness by comparison with the vastness of nature created in them a need to communicate with the divine, with the superior powers which they believed regulated the universe and determined their own fates. Knowledge of wishes of the gods was always a sure guide for human behavior. In ancient Greece, the precise nature of these wishes was 'decoded' by the art of giving oracles, practiced by soothsayers who had the gift of understanding the signs or signals sent by the gods. ^{segment 2} The soothsayers uttered their oracles by interpreting flashes of lightning, rolls of thunder or the flights of certain birds of prey (omens); alternatively they might observe the direction in which the fire burned when a sacrifice was made, examine the entrails of animals which had just been sacrificed, or base judgements on the sacrificial beast's willingness to approach the altar. The interpretation of dreams was popular too, and ^{so} was ~~so~~ palmistry. The most notable soothsayers of ancient Greece were Pierias, Calchas, Helenus, Amphiclaeus, and Cassandra.)

(However, there were abundant instances in which the gods did not manifest themselves to the faithful in the forms of signs but spoke directly to an intermediate who for a short time was overcome by a 'divine mania' and transcended his own human essence. Here the prophet - or more usually the prophets - entered a state of ecstasy in which he or she delivered the message from the gods to the supplicants.)

(Segment #4
The practices for foreseeing the future were the basis on which the ancient Greek oracles operated. Each oracle was located within a properly organized sanctuary and was directly associated with one or other of gods. Apollo was the archetypal soothsayer for the Greeks, the god who was responsible for conveying to mortals the decisions pronounced by Zeus. The most important of all ^{the} oracles, that at Delphi, delivered the messages with the intervention of Apollo, while the oldest, that of Dodona, functioned with the assistance of Zeus.)

(Word count = 339 Words)

A God in Every Corner

In ancient Greece, human beings relied on the wishes of the gods to overcome their fear of life, to determine the fate, and behaviour. The prophets delivered these wishes in the form of prophecies to the supplicants by interpreting different signs and omens of nature, things, dreams, and even palms. However, there were many times when the faithful transcended their own essence and manifested god in them to deliver the message to supplicants directly. Each oracle was located in an organized temple to directly associate with the gods. The practices of foreseeing the future were the foundations of the ancient Greek oracles.

(102 words)

2021

Day: Sunday

Date: 29 / 12 / 20 21

Paragraph # 07

Segment # 1

(Nazir Hassan was born in 1960 and raised in the village of Mashhad near Nazareth, where he has lived with his family. He studied anthropology at Haifa University and after graduating worked in TV. Starting in 1990, he turned to cinema. In 1994, he produced Independence in which he pokes his Palestinian interlocutors about what they think of the bizarre Israeli notion of their "independence". They have stolen another's people's homeland and call the act "independence"! Hassan dwells on that absurdity.)

Segment # 2

(As the world's attention was captured by the news of Israel planning to "annex" yet a bit more of Palestine and add it to what they have already stolen, I received an email from Nazir Hassan, the pre-eminent Palestinian documentary filmmaker. He wrote to me about his latest film, My Grandfather's Path, and included a link to the director's cut. It was a blessing. They say choose your enemies carefully for you would end up like them. The same goes for those opposing Zionist settler colonialists.)

If you are too incensed and angered by their daily dose of claptrap, the vulgarity of their armed robbery of Palestine, you would soon become like them and forget yourself and what beautiful ideas, ideals, and aspirations once animated your highest dreams. Never fall into that trap. For decades, aspects of palestinian and world cinema, art, poetry, fiction and drama have done for me precisely that: saved me from that trap. They have constantly reminded me what all our politics are about - a moment of poetic salvation from it all.)

→ Segment #3
(Nizaj Hassan's new documentary is one such work - in a moment of dejection over Israel's encroachment on Palestinian rights and the world's complicity, it has put Palestinian in perspective. The film is mercifully long, beautifully paced and patient, a masterfully crafted work of art - a Palestinian epic ode to his homeland. It seen in its entirety, in one go. It is a pilgrimage that must not be interrupted.)

(Word count = 345 words).

Nazir Hassan's Documentary: My Grandfather's Path

Nazir Hassan, an anthropologist and Palestinian documentary film maker, produced independence in 1994. In independence he dwells on the strange idea of Israel's independence after stealing another's people's home land. When the world's occupied by the Israel's news of further occupation of Palestine, the author receives an email from Nazir Hassan about his latest film, My Grandfather's Path. According to the author, one must choose one's enemies wisely because overtime one becomes like them and ^{the} same is true for those opposing Zionist settlers. If they are too much indulged in Israel's daily uproar they will forget themselves and their dreams. One must avoid this trap. Likewise, Nazir Hassan's documentary also presents a wholesome picture of dejection of Israel's occupation of Palestinian land and world's collusion in it.

(Word count: 129 words)

Paragraph # 08

Segment #1

(Manto was a victim of some kind of social ambivalence that converged on self-righteousness, hypocrisy, and mental obtuseness. His detractors branded him as vulgar and obscene and implicated him into a long-drawn legal battle questioning the moral validity of his writings.)

Segment #2

(Without being deterred by their negative tactics, he remained firm in his commitment to exploring the stark realities of life offensive to the conservative taste of some self-styled pursuits. In the line of Freud, he sought to unravel the mysteries of sex not in an abstract, non-earthly manner but in a palpable, fleshy permutation signifying his deep concern for the socially disabled and depressed classes of society, like petty wage-earners, pimps, and prostitutes.)

Segment #3

(For Manto, man is neither an angel nor a devil, but a mix of both. His middle and lower middle class characters think, feel and act like human beings.

Without feigning virtuosity, he was able to strike a sapport with his readers on some of the most vital socio-moral issues concerning them. As a realist, he was fully conscious of the yawning gap between the appearance and reality; in fact, nothing

vexed him more than a demonstrable duality in human behavior at different levels of the social hierarchy. He had an unpunished view of man's faults ^{segment #4} and follies. (As a literary artist, he treated vulgarity discreetly -- without ever sounding vulgar in the process. Like Joyce, Lawrence, and Caldwell, in Manto's work too, men and women of the age find their own restlessness accurately mirrored. And like them, Manto was also 'raised above his own self by his sombre enthusiasm'.)

(Word count = 263 words)

Manto : A Literary Artist

Manto was a victim of contradictory views of the society about the morality of his writings and was engaged in a legal battle by the critics over it. Despite that Manto remained steadfast in his commitment to explore the realities of socially deprived class in a practical way. Manto believed that ~~man~~ there is a difference between reality and appearance. He connected with the readers on most of the socio-moral issues skillfully and elevated himself to higher level through his thoughts and work just like other writers.

(Word Count = 88 words)

Day: Wednesday

Paragraph #09

(I think modern educational theorists are inclined to attach too much importance to the negative virtue of not interfering with children, and too little to the positive merit of enjoying their company. If you have the sort of liking for children that many people have for horses or dogs, they will be apt to respond to your suggestions, and to accept prohibitions, perhaps with some good humored grumbling, but without resentment. It is no use to have the sort of liking that consists in regarding them as a field for valuable social endeavor, or what amounts to the same thing as an outlet for power impulses. No child will be grateful for an interest in him that springs from the thought that he will have a vote to be secured for your party or a body to be sacrificed to king and country. The desirable sort of interest is that which consists in spontaneous pleasure in the presence of children, without any ulterior purpose. Teachers who have this quality will seldom need to interfere with children's freedom, but will be able to do so, when necessary without causing psychological damage.)

Segment #3

Unfortunately, it is utterly impossible for overworked teachers to preserve an instinctive liking for children; they are bound to come to feel towards them as the proverbial confectioner's apprentice does towards macarons.

I do not think that education ought to be anyone's whole profession: It should be undertaken for at most two hours a day by people whose remaining hours are spent away from children. The society of the young is fatiguing, especially when strict discipline is avoided. Fatigue in the end produces irritation, which is likely to express itself somehow, whatever theories the harassed

teacher may have taught himself or herself to believe)

Segment #4

(The necessary friendliness cannot be preserved by self-control alone. But where it exists, it should be unnecessary to have rules in advance as to how "naughty" children are to be treated, since impulse is likely to lead to the right decision, and almost any decision will be right if the child feels that you like him. No rules, however wise, are a substitute for affection and tact)


(Word Count = 359 words)

Positive Merits of Dealing Children with Affection.

According to author, modern educational theorists attach more importance not to meddle with children as compared to the positive merits of enjoying their company. Author believes that the children act according to the instructions and accept prohibitions without complaining if a person enjoys their company just like he enjoys the company of animals. But no child will like the interest in him because of some ulterior motive.

Teachers with this ability will connect with the children without undermining their freedom. Author suggests that in order to maintain the liking for the children, education should not be someone's whole profession. As the company of young ones drains energy, therefore, teachers should only spend two hours with them instead of whole day. Author thinks that affection and tactics are the best tools to deal with childrens.

(Word Count: 134 words)



2018

Day: Thursday

Date: 02/01/2024

Paragraph #10

(It is in the temperate countries of northern Europe that the beneficial effects of cold are manifested. A cold climate seems to stimulate energy by acting as an obstacle. In the face of an insurmountable obstacle our energies are numbed by despair; the total absence of obstacles, on the other hand leaves no room for the exercise and training of energy; but a struggle against difficulties that we have a fair hope of overcoming, calls into active operations all our powers.) ^{segment 2} In like manner, while intense cold numbs human energies, and a hot climate affords little motive for exertion, moderate cold seems to have a bracing effect on the human race. In a moderately cold climate man is engaged in an arduous, but not hopeless struggles and with the inclemency of the weather. He has to build strong houses and procure thick clothes to keep himself warm. To supply fuel for his fires, he must hew down trees and dig coal out of the earth. In the open air, unless he moves quickly, he will suffer pain from the biting wind. Finally, in order to replenish the expenditure of

bodily tissues caused by his necessary exertions, he has to procure for himself plenty of nourishing food.)

Segment #3

(Quite different is the lot of man in the tropics. In the neighbourhood of the equator here is little need for clothes or fire and it is possible with perfect comfort and no danger to health, to pass the livelong day stretched out on the bare ground beneath the shade of a tree. A very little fruit or vegetable food is required to sustain life under such circumstances, and that little can be obtained without much exertion from the bounteous earth.)

Segment #4

(We may recognize most the same difference between ourselves at different seasons of the year, as there is between human nature in the tropics and in temperate climes. In hot weather we are generally languid and inclined to take life easily; but when the cold season comes, we find that we are more inclined to vigorous exertion of our minds and bodies.)

(350 words)

Human Nature in Tropical and Temperate Regions

Human nature varies greatly in tropical and temperate region of the world. A person feels enervate and loses ~~will~~ motivation to do anything when he faces overwhelming difficulty or no difficulty at all. Just like energies are numbed in the extreme cold and heat. Contrastly, moderate cold motivates humans to do difficult tasks of building homes, getting clothes, and nutrition to sustain life in cold. However, a man in the tropical regions can keep himself fed, clothed, and protected by little effort. Similarly, humans behavior varies in different seasons ~~and~~ they are sluggish in hot climate and active in the cold.

(100 words)

Paragraph #11

(^{Segment #1}) All the evils in this world are brought about by the persons who are always up and doing, but do not know when they ought to be up nor what they ought to be doing. The devil, I take it, is still the busiest creature in the universe, and I can quite imagine him denouncing

(laziness and becoming angry at the smallest waste of time. In his kingdom, I will wager, nobody is allowed to do nothing, not even for a single afternoon) (^{Segment 2} The world, we all freely admit, is in a muddle but I for one do not think that it is laziness that has brought it to such a pass. It is not the active virtues that it lacks but the passive ones; it is capable of anything but kindness and a little ^{steady} thought. There is still plenty of energy in the world (there never were more fussy people about), but most of it is simply ^{mis} directed.)

(^{Segment 3} If, for example, in July 1914, when there was some capital idling, weather, everybody, emperors, kings, such dukes, statesman, generals, journalists, had been suddenly smitten with an intense desire to do nothing, just to hang about in the sunshine and consume tobacco, then we should all have been much better off than we are

now. But no, the doctrine of the strenuous life still went unchallenged; there must be no time wasted; something must be done. Again, suppose our statesmen, instead of rushing off to Versailles with a bundle of ill-digested notions and great deal of energy to dissipate had all taken a fortnight off, away from all correspondence and interviews and what not, and had simply lounged about on some hillside or other apparently doing nothing for the first time in their energetic lives, then they might have gone to their so-called peace conference and come away again with their reputations still unsoiled and the affairs of the world in good trim. ^{say #9} Even at the present time, if half of the politicians in Europe would relinquish the notion that laziness is crime and go away and do nothing for a little space, we should certainly gain by it. Other examples come crowding into mind. Thus, every now and then, certain religious sects hold conferences; but though there are evils abroad that are mountains high, though the fate of civilization is still doubtful, the members who attend these conferences spend their time condemning

125
15
4 0

Day: _____

Date: ___/___/20__

the length of ladies' skirts and the noisiness of dance bands. They would all be better employed lying flat on their backs somewhere, staring at the sky and recovering their mental health.)

(435 words)

~~The Virtue of Idleness~~

~~(author believes that the world is in complete disorder)~~

The Virtue of Idleness

According to the author, all the evils in this world are due to the active pursuits of people in life without considering the consequences of their actions just like the devil who is also the busiest creature. Author believes that the world is in complete disorder not because of the laziness but because of the misdirected energy and dynamic thought of people. If all the great people in the ~~past~~^{history} were just little lazy and spend a less arduous life, the world would have been a much better place than it is now. Even today, if half of the world's leaders give up the idea that laziness is a crime and go away and do

Day: Saturday

Date: 04 / 01 / 2025

nothing, it will benefit all. The people who criticize others should also take a little break to recover their mental health.

(Word count = 135 words)

2016 Segment 1

During my vacation last may, I had a hard time choosing a tour. flights to Japan, Hongkong and Australia are just too common. What I wanted was somewhere exciting and exotic, a place where I could be spared from the holiday crowds. I was so happy when John called up, suggesting a trip to Cherokee, a country in the state of Oklahoma. I agreed and went off with the preparation immediately.

Segment #2
(We took a flight to Cherokee and visited ~~the~~ a town called Qualla Boundary surrounded by magnificent mountain scenery, the town painted a paradise before us. With its Oconaluftee Indian Village reproducing tribal crafts and lifestyles of the 18th century and the outdoor historical

pageant Unto these hills playing six times weekly in the summer nights, Qualla Boundary tries to present a brief image of the Cherokee past to the tourists.)

Day 3
Segment #3

Despite the language barrier, we managed to find our way to the souvenir shops with the help of natives. The shops were filled with rubber tomahawks and colorful traditional war bonnets made of dyed turkey feathers. Pepees, cone-shaped tents made from animal skin, were also pitched near the shops. "Welcome! Want to get anything?" We looked up and saw a middle aged man smiling at us. We were very surprised by his fluent English. He introduced himself as George and we ended up chatting till lunch time when he invited us for lunch at a nearby coffee shop.)

Segment #4
"Sometimes, I have to work from morning to sunset during the tour season. Anyway, this is still better off than being a woodcutter..." Remembrance weighed heavy on George's mind and he went on to tell us that he used to cut firewood for a living but could hardly make ends meet. We learnt from him that the Cheekee do not depend solely on trade for survival. During the low-off-peak period, the tribe would have to try other means for income. One of the successful ways is the "Bingo Weekend". On the Friday

afternoons of the Bingo weekends, a large bingo hall was opened attracting huge crowds of people to the various kinds of games like the superBuckpot and the Warrior game Special. According to George, these forms of entertainment fetch them great returns.)

(^{Segment #5} Our final stop in Qualla Bamday was at the museum where arts, ranging from the simple hand-woven oak baskets to wood and stone carvings of wolves, ravens and other symbols of Cherokee cosmology are displayed.

Back at home, I really missed the place and I would of course look forward to the next trip to another exotic place.)

Cherokee: A Visit to an Exotic Place

The author had a hard time deciding his true destination in his last vacation as he wanted to visit somewhere refreshing and free of holiday crowds. He was happy and immediately agreed when his friend suggested a visit to Cherokee. They visited a small town amidst mountains ^{and} representing the Cherokee's history to

Day: _____

the tourists. They visited many shops in the town and ended up meeting an English speaking man who invited them to a lunch after a chitchat. He told them that the Cherokee ~~was~~ not only depends on the trade but also conducts many other off-season activities to bring in revenue. Lastly, they visited the museum. After the trip, the author missed it and looked forward to another one.

(Word Count = 121 words)

Day: MondayDate: 06/01/2025

On the question of freedom of in education there are at present three main school of thought, deriving partly from differences

but it must also provide a mental and moral equipment which children cannot acquire entirely for themselves. (Words = 311)

Freedom in Education

There are three main school of thought who differ in their opinion on the freedom in education. One says children should enjoy liberty despite their bad behavior. Another says ~~that~~ they should be submissive despite their good behavior. Last one says they should be free but must be good. Author disagrees with last school of thought due to its individualistic approach and ignorance to education. Author says that, humans live in communities and need cooperation and it would be ideal to demand it from spontaneous impulse. Author believes education must provide growth along with intellectual and moral equipment that children cannot procure themselves.

(Word count = 102 words)