

Hope: The Greatest Driving Force

Well attempted

Outline

1) Introduction

Indeed hope is the greatest driving force as it drives perseverance, determination and innovation

2) Hope is the Greatest Driving Force:

2.1) It fosters resilience
(cases in reference: Nelson Mandela and Rosa Parks)

2.2) It encourages innovation and creativity
(cases in point: Elon Musk's SpaceX and Wright Brothers)

2.3) It helps to navigate through the dark clouds of uncertainty and hardship
(cases in point: Spreading Islam and struggle of Holy prophet (PBUH), Hazrat Yusuf (A.s))

2.4) It challenges fear and promotes action

(case in point: malala yousafzai and her struggle for girls' education)

2.5) It fosters determination led actions

(cases in point: martin luther king and Thomas Edison)

2.6) It acts as a strong motivating and healing factor in recovery from illness

2.7) Hope drives the willpower to stand against setbacks at both individual and national levels

(cases in point: case study of manoj kumar, and rise and rise of Germany after world war II).

2.8) Promotes national unity and cohesive action

(case in point: Establishment of Pakistan)

2.9) It is the foremost and significant element driving persistence among war victims (case study: Gaza - Israel war)

2.10) It drives the coping during pandemics
(case in point: Covid-19 and recovery from it)

2.11) It also drives revolutions and social changes
(cases in point: Ouster of Haseena Wajid, French Revolution, and Russian Revolution)

2.12) It is the main driver of international peace keeping efforts

~~2.13)~~ Hopelessness, a stagnant conception

3) Hopelessness: A stagnant conception

2

4) Conclusion

Hope is seeing light inspite of surrounded by the darkness. It is an active and dynamic process that gives an individual a power to survive in crisis. It is a timeless and universal concept; It serves to be an invisible yet a strong force that significantly promotes the survival instinct in the individuals and nations as well.

It is not a blind optimism; it is a rational belief that change is possible; and this belief of hope becomes the motivating force for the achievement and progress. R. Sonder defines hope, in his hope theory, as a cognitive process involving three main components - goals, pathways and agency. Here, goals provide direction, pathways provide strategies to achieve these goals, and agency is the motivation to pursue them. Altogether these elements constitute a holistic framework of hope that enables individuals to navigate through challenges and adversities. Hence, indeed hope is the greatest driving force. Where on one side it fosters perseverance, determination and innovation; it is also the essence of optimism, resilience and growth.

Starting with the individual level, hope acts as the greatest driving force by fostering resilience among the individuals. Hope, being the optimistic and positive belief instills the power of perseverance among the individuals. Nelson Mandela and Rosa Parks were the practical manifestations of hope driven perseverance. Nelson Mandela, having hope of bright future of Africa, kept himself focused on the goal. In this path of African liberation, he had spent years of his life in jail, yet it was his hope and perseverance that made him the first black president of South Africa. Likewise, is the case of Rosa Parks, whose bus protest was a powerful demonstration of hope being the greatest driving force. Her hope and perseverance against white oppression led to a full fledged civil rights movement. Hence, hope amidst crisis, is the major contributing factor towards perseverance and ultimately ^{towards} success.

Moreover, hope encourages innovation and creativity. The concepts like innovation, and creativity can't be acquired over night; they

patience, and patience is provided by the strong force of hope. It was the hope to fly in the sky, that made wright brothers consistent on their experiment with airplane, despite of initial failures. Likewise, it was the hope to colonize mars and explore space, that led Elon musk to start a space exploring company named space x. This space x is now leading the world of space discoveries and moving towards the aim of colonizing mars. Hence, the main driver behind innovation and creativity lies in having hope.

Furthermore, hope also acts as the greatest driving force, as it helps individuals to navigate the dark clouds of uncertainty and hardships. The very example of this aspect of hope is the struggle of Holy prophet (PBUH) in spreading the message and word of God. Holy prophet (PBUH) have faced toughest of hardships and difficulties in this path of spreading Islam across the globe. However, what kept him steadfast in his path was his hope in Almighty. Likewise is the life history of

(4)

Hazrat Yusuf (A.S.) He had been tested by utmost uncertain and challenging situations all along his life, but it was his hope that made him navigate successfully through the hardships and eventually become the king of Egypt.

Moving further, hope is also a paramount and an active force that challenges fear. The hope gives one the power to stand firm and face fears directly. This was the hope of Malala Yousafzai for the equal educational opportunities for girls, that made her confront and challenge the fears instilled by Taliban. Despite the dangers, she continued her advocacy for educational rights of girls. When fear of Taliban was a dominant force suppressing the voices of many, the hope of Malala made her voice louder and inspired millions to fight for girls' education. Hence, the case of Malala Yousafzai shows that how hope materializes visions and counters fears.

Likewise, hope fosters determination, promoting consistency and continuity of efforts. An individual

(5)

having hope is determined to achieve his/her goals no matter how hard or continuous effort it takes. The very manifestation of this phenomenon was exhibited by Martin Luther King, who kept steadfast and continuous efforts for the civil rights of Blacks in United States of America. It was his efforts aligned with the goal and hope of equal rights for the Blacks in US that led to the passing of Civil Rights Acts. Another manifestation of hope driven determination is the discovery of light bulb by Thomas Edison, who successfully experimented the discovery of light bulb after thousands of failed trials. It was his hope and determination that kept him going and ultimately granted him with the success. To conclude, hope drives action by fostering determination.

Moving further, hope is also a great driving force to the sick individuals. It serves to be the life saving force having significant importance in the field of healthcare. Hope has shown to be the significant propagator of quick and efficient recoveries of patients suffering from

(6)

chronic health illnesses. Hope has shown to increase the life expectancy of cancer patients, according to the research studies. With its optimistic and positive nature, hope drives individuals towards life and aids significantly in their healing process. Considering this dominant potential of hope in recovery and health, health psychologists are focusing on ways to effectively ~~pr~~ instill hope in patients and help them to achieve a speedy recovery. To sum up, hope is the central stage fostering both physical and mental health.

In addition to this, hope drives the willpower among both individuals and nations to stand against setbacks. For individuals, hope is the force that dominantly pushes the individuals to keep trying again and again, until the goal is achieved. The living testament to this fact is Manoj Kumar, who, despite of failing his initial attempts of UPSC, remained steadfast with his hope of success, cleared UPSC exam in his last attempt. Likewise is the case of nations, Hope serves to be the lifeblood of the nations against setbacks. The rise of Germany after

(7)

a complete ruin of world war II is the testament to the hope being the greatest driving force against setbacks.

Furthermore, hope serves to be the dominant driving force that promotes unity among nations and aid collective actions. This was the hope for a separate homeland for muslims, in which muslims could lead their lives according to Islam, that united the muslims of subcontinent at all the fronts and ultimately led to the creation of Pakistan. The force of hope was stronger than the opposite forces of oppression, and thus, this prominent hope backed ^{and unified} effort is the testament to the fact that hope is the greatest driving force, having the capability to drive ^{whole} nations for a collective cause.

Along with this, hope is the foremost and significant element driving resilience and persistence among war victims. The most recent manifestation of this is the resilience and persistence of Palestinians in the face of adversities and atrocities brought

(8)

about by Israel. It is the hope, that kept every Palestinian to resist oppression at utmost. It is the hope of maintaining an independent Palestinian territory, that led every Palestinian, a courage to resist against Israeli oppression. Thus, hope acts as the ray of light fostering resilience among war victims.

Moreover, the hope to recovery and peace, is the force that drives effective coping during disasters and pandemics. The case in reference to this is the onset of Covid-19 Pandemic. If the scientists and administrative authorities, not knowing anything about this novel virus, had given up on this viral pandemic; it was nowhere possible to deal with it. Hence, the hope to find the cure and prevent the spread of virus, kept scientists and administrative authorities going on in their efforts. In short, the belief and hope to restore equilibrium of the world and maintain peace, is the greatest driving force in a fight against pandemic disasters.

(9)

In addition to this, hope is the main driver of social changes and revolutions the history has witnessed.

In the hope to have peaceful living, public strongly act against oppressive rules bringing about revolutions.

The very recent example of this is the ouster of Sheikh Haseena Wajid from the office of Prime Minister of Bangladesh, due to her oppressive reign.

Her oppression couldn't subside the hope of the public to establish a peaceful and supportive government.

Likewise are the examples of French and Russian revolutions of the public against their respective oppressive leaders.

To sum up, hope is the dominant force that gives public the courage to action against powerful rulers.

Moreover, it is the hope to resolve conflicts that act as a driving force behind international peace keeping efforts.

It fuels the belief that peace can be achieved through diplomacy and wars can be stopped through it.

The accords like Oslo accords, Camp David accords and Good Friday Agreement are the examples

of hope led peace efforts.

On the contrary, the feeling of hopelessness leaves individual in a despair and pessimistic state.

A hopeless individual or nation are bound to fail and regress negatively in terms of growth and prosperity. Where hope fosters motivation, innovation and action; hopelessness leads to stagnation and dormancy. According to research, hopelessness is directly associated with ill like suicidal ideations low motivations.

In a nutshell, hope is the greatest driving force. It is a dynamic concept fostering courage, motivation and action. From promoting resilience to carving innovation, hope leads the way in almost every sphere of individual and national life. Where on one side it act as a ray of light guiding a way out of challenges and adversities, it also acts to be the fundamental essence of positivity, creativity and optimism led actions. It is the lifeblood of survival in the worlds fostering action and determination.