

Write a précis of the following passage and also suggest a suitable heading:
The psychological causes --- is not miserable.

Different causes of unhappiness

There are different reasons of unhappiness. The typical unhappy man give importance to satisfaction that he missed in youth. At present, man observes frustration and wants distraction and oblivion rather than satisfaction. He reacts as a fanatic for 'pleasure' and tries to spend life of endurance by living less. Drunkenness is temporary suicide and halting unhappiness. The narcissist and the megalomaniac use wrong methods to achieve happiness. The unhappy man feels proud to urge that happiness is desirable. Some people will intentionally choose unhappiness as a symptom for happiness. It is supposed that wise man have fervours and realizes that it is no reason to live. The man having this view is unhappy; he takes pride in it, credits it to nature and sees it as logical stance for an intellectual man. The arrogance stemming from unhappiness leads individual to be less refined and skeptical of authenticity; they believe that a man enjoys life is not truly suffering.