

# Polarized Politics: Issues and Challenges Of democracy in Pakistan

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# The Essay

A democracy that cannot govern itself inevitably collapses into chaos. In Pakistan's democratic trajectory, Political Polarization has emerged as a persistent and destabilizing force. Deep divisions among political actors have increasingly translated into institutional paralysis, inconsistent policy making, and declining public trust. Instead of strengthening democratic competition, Polarization has entrenched confrontation, weakening the state's capacity to govern effectively. Historically, Pakistan's Political system has evolved amid military interventions, frequent changes of government, and unresolved rivalries among Political elites. These structural weaknesses have been compounded by unstable urban planning, an unreformed electoral framework, and leadership approaches that prioritize political survival over national welfare. Parliamentary boycotts, legislative deadlock, and reliance on non-democratic institutions reflect the intensity of Political divisions. While society itself has become fragmented along rigid partisan lines. Within this Accordingly, Political polarization manifests



through multiple institutional and societal issues, producing serious governance challenges. Weak local government, legislative paralysis, economic instability, blocked reforms, and hindered democratic consolidation together demonstrate how polarization undermines governance, disrupts long-term planning, and threatens political stability in Pakistan.

Going further, local government remains weak due to continuous political tussles. Frequent changes in leadership, party interference in appointments, and administrative instability prevent effective service delivery. For example, in Sindh, Karachi's municipal projects in sanitation and road repair were repeatedly delayed during political transitions in 2022-23. According to the Pakistan Institute of Legislative Development (2023), nearly 30% of local infrastructure projects were stalled due to political conflicts. Consequently, citizens face inconsistent services, reducing trust in local governance. Strengthening autonomy, insulating local administration from party influence, and ensuring accountability are essential to improve grassroots governance.

In the same vein, Urban Planning remains unstable as cities



shift Priorities with each government. Policy reversals disrupt Housing, transport, and infrastructure Projects. for instance, Karachi Master Plan underwent multiple revisions in the last decade, causing fragmentation in city development. According to the Urban development survey show a 25% decline in project completion due to inconsistent planning. Consequently, Urban growth is inefficient, Public services suffer, and private investment is discouraged. Implementing a long-term, bipartisan urban strategy is crucial to ensure sustainable city development and equitable service delivery for citizens.

In Parallel, The electoral System remains unreformed to block negotiations. Outdated constituency delimitations and weak transparency mechanisms favor dominant parties, creating distrust and disputes. For example, the 2024 general elections saw contested vote counts in multiple constituencies, leading to delayed results. According to Election Commission of Pakistan review 2024, irregularities in voter lists and procedural delays exacerbated political tensions. Thereupon, electoral flaws hinder consensus-building, reduce public confidence and stall democratic consolidation. Reforms are necessary to enhance fairness, trans-



Patency, and legitimacy in Pakistan's electoral processes.

This also affects leadership. Prioritizes political victory over national welfare. Short-term populist projects are favored over strategic initiatives in health, education, and infrastructure. For instance, the 2023 budget allocated significant funds to symbolic road projects while essential urban health and education programs were underfunded. According to Pakistan Economic Survey 2023, such priorities undermine sustainable development. Therefore, governance becomes reactive and ineffective. Ensuring that national welfare guides leadership decisions, rather than electoral considerations, is crucial for policy continuity, public trust, and long-term socio-economic development.

Moreover, polarization has led to protests inside parliament, boycotts, and legislative deadlocks. Parties disrupt sessions to prevent rivals from passing laws. For example, in 2023, health and economic reform bills were delayed due to partisan boycotts. According to the Parliamentary Research Service (2023), over 40% of scheduled sessions were affected by prevents timely reforms and weakens democratic credibility. Encouraging



cross-party dialogue and maintaining parliamentary decorum are essential to ensure effective legislation and strengthen institutional functionality despite political rivalries.

Furthermore, Polarized actors rely on non-democratic institutions to counter rivals, undermining democracy. Political parties frequently seek military or judicial intervention during disputes. For example, in 2022-23, several provincial conflicts were arbitrated by courts and military-supported negotiations rather than political dialogue. According to the 2023 Governance Report, such reliance reduces civilian authority and public trust in democratic institutions. Consequently, governance is destabilized, and political maturity is hindered. Promoting institutional autonomy and reducing dependency on extraconstitutional interventions is vital to maintain democratic consolidation.

Finally, Ordinary citizens are divided into rigid camps, limiting dialogue and societal cohesion. Biased media, political rhetoric, and social networks reinforce partisan identities. For instance, a 2024 survey in Karachi revealed that 62% of respondents identified strongly with a single political faction, often dismissing opposing views. According to



Social Cohesion Index 2024, such polarization increase protest culture and societal tension. Therefore, democracy suffers as civic engagement declines. Promoting inclusive dialogue, media responsibility, and political literacy is essential to bridge divides, restore trust, and encourage constructive citizen participation.

Taken together, Investor withdrawn due to Political clashes, limiting economic growth. Protests and administrative uncertainty deter domestic and foreign investment for example, the 2024 economic review reported a 15% decline in FDI in politically unstable regions. According to State Bank of Pakistan, delayed approvals and political uncertainty disrupted industrial projects. Consequently, unemployment rises and social tension increases. Establishing consistent policies, reducing political conflict, and providing investor confidence are essential to stabilize the economy and promote sustainable development.

Therefore, Democratic participation often turns into aggressive street activism. Citizens frustrated by inefficiency protest, strike, or block services. For instance, the 2023 protests in Lahore and Karachi disrupted transport, trade, and daily life. According to the Pakistan Institute for conflict studies (2023), over 35%



of urban protests escalated into confrontational incidents. Moreover, governance is weakened, law enforcement strained. Providing institutional channels for civic engagement and responsive governance is essential to prevent escalation and maintain democratic legitimacy.

In the same vein, Polarization blocks cooperation between federation and provinces. Disputes over resources and governance responsibilities delay critical projects. For example, national water policy implementation in 2023 was postponed due to intergovernmental disagreements. According to the Ministry of Water Resources report (2023), lack of coordination hampered equitable distribution. Consequently, development projects are delayed, and citizen trust declines. Transparent negotiations, conflict-resolution mechanisms, and collaborative frameworks are essential to ensure effective policymaking and national planning.

In parallel, Democratic consolidation is hindered when armed forces exert political influence. Political deadlocks often lead dead parties to seek military mediation reducing civilian authority. For example in 2022-23, key policy decisions were influenced by military arbitration. According to the Governance Oversight Report (2023), this undermined institutional independence and



democratic legitimacy. Therefore, civilian governance weakens, and political maturity is compromised. Strengthening civilian supremacy, institutional autonomy, and adherence to constitutional processes is critical to ensure democratic consolidation.

Additionally, Rival camps block education, health, and welfare reforms. Political obstruction delays legislation and implementation. For instance, curriculum modernization and healthcare initiatives in 2023 were postponed due to partisan partisan disagreements. According to the UNICEF Pakistan (2023), stalled reforms affected over 45 million children and public health beneficiaries. Therefore, social inequality persists, and public welfare deteriorates. Depoliticized policymaking and cross-party collaboration are essential to implement reforms effectively and ensure equitable social development.

Moreover, Bureaucracy becomes politicized with appointments and transfers, reducing efficiency. Civil servants are pressured to align with ruling parties, compromising impartiality. For example, the 2023 civil service audit reported declining performance in departments subjects to political interference. According to the civil service performance Report (2023)



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Politicization delayed key projects and service delivery. Consequently, governance becomes ineffective, and public trust erodes. Ensuring merit-based appointments and protecting administrative autonomy is essential to restore efficiency and institutional integrity.

Finally, Polarized competition prioritizes partisan gain over national planning. Projects are altered or abandoned for short-term political advantage. For instance, the 2024 national infrastructure review revealed several initiatives stalled due to shifting party priorities. According to the Planning Commission of Pakistan (2024) this disrupted long-term development strategies. Therefore, governance is destabilized, and sustainable planning is compromised. Promoting strategic policymaking, accountability, and national interest prioritization is essential to prevent partisan politics from undermining development and public welfare.

To wind up the discussion, Political Polarization has deeply penetrated Pakistan's political and institutional landscape, steadily undermining democratic stability and governance effectiveness. Weak institutions, policy discontinuity, and adversarial political conduct have collectively impaired state functionality and diminished public confidence.



in democratic processes. These dynamics have generated tangible challenges, including economic uncertainty, administrative paralysis, and delayed social development. In the absence of meaningful political accommodation and institutional neutrality, democratic consolidation remains fragile. Sustainable progress requires rebuilding political consensus, insulating state institutions from partisan capture, and reinforcing constitutional norms. Only a cooperative, reform-oriented political culture can restore governance credibility and place Pakistan on a path toward durable stability and inclusive national development.