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Q) Comment on the power and control relationship in gender based violence.

INTRODUCTION:

The power and control relationship falls under the type of Gender-Based Violence (GBV). Gender-based violence is the oppressive behaviour, one can adopt to gain control over the other due to its distinction of gender. In International law, it falls under the human rights unlike the women oppression which has various conventions such as, UN convention of Elimination of All forms of Discrimination Against Women (CEDAW). The gender-based violence is recently gaining popularity due to various campaigns and awareness. The Power-control wheel in a relation can be due to various factors, these can be psychological, social, learnt behaviour or driven from the family.

POWER AND CONTROL WHEEL:

The power and control behaviour can be adopted through various facts.

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Moreover, this can not only be adopted in the relationship of spouses, but also Junior-senior senior-junior males, parents-children relationship and in intimate relationships. The power-control tactics are as follows:

POWER-CONTROL: THREAT TACTIC:

The person can use threat tactic to gain control over the other. The threat can be on their private affair (sort of blackmailing), their any ~~private~~ private element on which the oppressive person can be humiliated or even the threat of life. In the same manner the threat can be the abduction of their dearly ones.

EMOTIONAL ABUSE:

This tactic involves calling names, invalidating of emotion due to gender, for instance, "Women are always so emotional" or "Men can't feel any emotions" etc. The emotional abuse helps the controlling person to gain its superiority over other.

USING INTIMIDATION:

The person express agitation to gain control by breaking things etc. This behaviour creates a sense of fear in other, thus gaining the control using its fear.

• USING ISOLATION:

for instance, controlling upon the activities such as, where to go, what to see, and what to talk and whom to talk, etc.

USING CHILDREN:

The most worst tactic of all using the motherly-love or fatherly-love to gain control. In example, to take away kids, in order to etc.

GASLIGHTING:

Gaslighting is the method in which person allege the other for its fault in any argument. By convincing upon its fault (despite not having it).

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Creates a sense of suppressing the person.

THE METHOD OF MALE-PRIVILEGE:

This method has its roots vastly in cultural stereotypes, in which male is considered as "the head of family". In this way the male-head often feels dominant in the house-hold.

ECONOMIC ISOLATION:

In Gender-based violence, this tactic is used to deprive the other person economically. However, this can only be adopted if the oppressive person is financially dependant. To overcome this issue, various campaigns are introduced in which it spreads awareness to be financially independant, particularly women.