

Essay

The Darkest Night produces the Brightest Stars

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→ 1965 & 1971 wars, 2005 Earth quake, floods 2010-2022

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- Hazrat Muhammad (S.A.W) and early Muslims resilience in Mecca.
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6- Why Darkness produces Stars

- Adversity breeds creativity and innovation
- Crisis increases clarity and prioritization

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- Leadership, hope and vision
- Strong social institutions
- Education, economic opportunities
- Moral courage

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Introduction:

“What does not kill me
makes me stronger”

~ Nietzsche

History is full of examples where moments of extreme darkness have produced the brightest manifestations of human courage, creativity and resilience. The metaphor darkest night produces the brightest stars means adversity serves as the basic foundation for the personal growth. We can find many examples from the history how adversity serves as foundation for personal growth. Today we see many developed and flourish civilization they all are rise after many painful incidents. They suffered painful incidents ↓ they came out of darkness. (then) In the early history before Hazrat Muhammad (S.A.W) humans were

at stage of devastation. Then Allah sent Hazrat Muhammad (S.A.W) towards him to convert their darkest night into brightest stars.

“Allah does not burden a soul beyond what it can bear” (Al-Quran)
Although suffering is painful it often becomes the foundation of growth, leadership.

The idea that darkness gives birth to brilliance is rooted in philosophical thought. “What does not kill me makes me stronger” is highlighting that trial refines the human character. One can become successful in his life through struggle, not comfort. It means that adversity is not a punishment but a transformative experience. The person who suffers a lot become more stronger than those person who always remain in comfort and do not do any struggle for his life.

Modern psychology offers strong empirical evidence to support the metaphor. Viktor Frankl wrote in *Man's Search for Meaning*,

"When we are no longer able to change a position, we are challenged to change ourselves."

According to Frankl when we can't change the situation like if circumstances are not in favour of us then we should do patience at that time because we can't change the circumstances but we can change or adopt ourselves according to the situation.

Human history is filled with individuals who shone brightest during life's darkest moments.

Malala Yousafzai, survived after the terrorist attack on her. She did not lose courage and gave up after this

incident but became a global voice for girls' education and youngest Nobel Laureate.

Nelson Mandela transformed from a prisoner into a global symbol of forgiveness and justice. He remained in prison for 27 years but did not let down his moral and now became an example as a moral leader.

Stephen Hawking while battling with the ALS developed the revolutionary theories in physics. These individuals demonstrate that suffering though unwelcome, often awakens the power of man and he or she becomes a more powerful person in the world.

Europe faced one of its darkest periods during the 14th century plague, losing one third of its population. Rather than collapse Europe

experienced a rebirth. Darkness for this country became the seed of renewal. Instead of falling he worked on his mistakes and became the new emerging power in the world.

After world war II cities in Japan and Germany lay in ruins. This war destroyed both countries badly. But with the passage of time both countries emerged as global economic powers. It means that the crisis became the catalyst for modernization and democratization for both the countries.

“In some ways suffering ceases to be suffering from the moment it finds meaning”

~ Viktor Frankl

Pakistan also suffered from many crisis. In the war of 1965 and 1971 Pakistan

suffered a lot. The incident of earthquake 2005 killed thousands of people and destroyed many building. The floods from 2010 - 2022 created huge problems for the people and country. Many people became homeless and jobless but instead of losing hope country's leaders made policies to help the people and for the welfare of country.

In the early history people worshipped idols and they were in complete darkness. Then Allah sent Hazrat Muhammad (S.A.W) towards him that told him the light way of life. The people of Taif did violence on Hazrat Muhammad (S.A.W) and on his companions but they did not lose courage and moral and preached Islam. Now we can see Islam as religion had spread all over the world.

Adversity stimulates creativity, forcing innovative solutions. When man suffered with critical situation instead of give up it he solves the problem with peace of mind, he ~~would~~ will definitely find a way how to tackle this problem and find a solution.

"Leadership emerges as a crisis reveals a society true heroes"

~ Proverb

Thus darkness doesnot just accompany the birth of stars- it creates them.

For individuals and nations that want to transform the adversity into achievement certain conditions are necessary for them. They must have the qualities of the good leader and know very well how to perform in the bad circumstances. A good leader has the following

qualities. He never lose hope or courage even in the too much worst condition. He always believe by hook or crook he has to face this problem and stand firm to solve it.

There must be strong social institutions in which individual can gain knowledge. If the country wants to create the brightest stars it should work on the educational institution and economic opportunities. If an individual find a good education institution where they work on the character of education individual he will definitely become the brightest star in the future for his country. It will give him moral courage and he will be ready to work hard in all situations of life.

The metaphor "The Darkest Night produces the Brightest Stars" encapsulates a profound truth about the human progress.
"Greatness often emerges from Hardship"
~proverb

The crisis whether in the lives of human, national histories or scientific advancement, Crisis has repeatedly proven to be a catalyst for the transformation. Many humans and countries emerged as more powerful after crisis. The goal therefore is not to seek suffering but to convert hardship into a force for growth, guided by resilience, wisdom and collective courage. No one can fulfil his dream without hard work. The one's who enjoys the comfort of life never can achieve his goal of life. It is only possible when you

came out from your comfort zone
and work hard to fulfil
your dreams. Therefore the
darkness is temporary who
endure it with purpose
become the brightest stars
of the history.