

Frailty is no more the Name of Woman

Outline

1. Introduction

"There is no limit to what we as a women can accomplish"

— Michelle Obama

> General statement

> Thesis statement

2. Origin of this statement

> From Shakespeare "Hamlet"

Frailty! Thy name is women.

But modern times have challenged it.

3. Women Proving their strength In Various Fields

3.1 Participation In Political Fields

→ Benazir Bhutto, Margaret Thatcher perform their best

3.2 Participation in Armed Forces

→ Pakistan First fighter Pilot
Ayesha Farooq.

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3.3 Excellent Performance In Science and Literature

- Helen Keller, a blind author prove that her passion about writing
- Marie Curie, changed the course of science by discovering radioactive substance

3.4 Performing role in the field of Education and Social Welfare

- Malala Yousafzai, become a voice of marginalized ones.

3.5 Appreciating Role in field of Sports

- Sana Mir, Maria and Serena Williams prove that female physical weakness is just a myth.

3.6 Proved as a skilful Mountaineer

- Samina Baig, 1st Pakistani mountaineer who summit Mount Everest.

4 Challenges Faced By Women

4.1. Lack of Education

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4.2 Gender-based violence

4.3 Strict cultural-social values
or customs

4.4 Religious misinterpretation by
Pseudo clerics

5 Way Forward to change Perception about Female Weakness

5.1 To conduct seminars among
communities

5.2 To give a chance to women
to take or decide decisions

5.3 To give equal representation
in social and academic
platforms

5.4 To encourage correct and
right Clerics to clear misunderstanding

6 Conclusion

Women are the architect
of Society

Harriet Beecher

Women being a human also deserve equal appreciation and representation as like men. In early human societies women were of no value, they were almost considered as negligible. With the passage of time and technological advancements women proved themselves and excel in various fields. Despite facing various challenges in various fields they are trying to overcome it and set the pace for other young girls. Hurdles and obstacles in the way of their success are various: Many of them are facing gender-based violence i.e. domestic violence, harassment at workplace and wage injustice etc. Along with this they are not able to achieve equal representation at political platforms due to social stigmas. Certain religious misinterpreted rules and lack of education also become an obstacle in way of women empowerment. All these major issues can be resolved if government and leadership take it serious and address them.

On right time. Certain measures such as promoting good image of women on social media platforms, reforms and policies against gender-based discrimination, giving equal chance to women in economic and political fields, can improve the exploited or vulnerable position of a woman in a society.

The statement that has been mentioned "Frailty is no more the name of woman", is actually a changed version of "Frailty! Thy name is woman". This old version was mentioned by Shakespeare in "Hamlet". When her mother married off to his Uncle, after her husband's death. This really makes Shakespeare sad and that is why he termed women as weak and fragile. This perception rooted very strongly in a society for a very long time but with the course of time, women prove them wrong by excelling in various fields.

Women's strength can be seen in each field. First, if a political field is seen women take part in it and prove themselves. Politics requires strength, determination

and resilience to face opposition and their struggle to set any leader down. For example, Benazir Bhutto Pakistan 11th Prime Minister, had a lot of determination and resilience. She led Pakistan out of economic or political challenges with her vision. She proves that even women can take best decisions and improve situations. Similarly, Margaret Thatcher prove herself while Britain faces challenges during Falkland War. She despite of economic hardships lead Britain to win the war. This shows that not only men but female also have strength to lead & or command anything in its best manner.

Women also shows their immense physical and spiritual strength by participating in trio Armed forces i.e Military, Navy and Air forces. For example **Kristine Lind** from Norway lead **UN peace making body**. Along with this a Pakistan's first **female fighter pilot, Ayesha Farooq** break the social stereotype and let the young girls to

pursue their dreams and show their determination and ~~dormant~~ strength, which has been subdued by socio-cultural values or norms.

In the fields of Science and literature, women proves that they are not only ~~to~~ strong in political or social spheres but are also having command at literary faculties. Helen Keller, who was blind from birth - she proves that even despite of her physical disabilities she can do her best in literary fields. Keller was recognized internationally for her words and communication. Similarly, Marie Curie, change the course of science by discovery about radioactive substances. This proves that even in academic no one can beat women for their excellent performance.

Moreover, they does not leave the field of social working and education. Education which is the biggest tool of change, according to Nelson Mandela. Recognizing the importance of education, ~~the~~ Malala Yousafzai, took a stand for the tribal or slum areas girls who were marginalised due to

social or political reasons. Malala said, I raised voice not to shout but to give voice to those whose voice cannot be heard. Through this way Malala worked for the girls and their right of education. For this reason, Malala became the first Youngest Pakistani, who achieved Noble Prize.

Next, in the field of Sports, women tried to overcome the myth that women are biologically weak. By participating in sports or other physical games they tried to show their deterministic mindset and ambitious nature. For this purpose, they broke the shackles of cultural and social norms. For instance, Sana Mir - a Pakistani cricketer has been summoned for the ICC Hall of Fame, 2025.

Due to her outstanding performance and achievements. Similarly, Maria a legend of athlete, Serena William a known player of Table Tennis proved themselves by playing outstanding.

Last but not the least, women do not even leave the adventurous or risky tasks. By participating in adventurous tasks, women let

the world to know that women are not ~~less~~ less than men. Samina baig Pakistan female mountaineer who Surpam Mount Everest. For this she achieved Global recognition and appreciation. After summiting mount ~~Everest~~ Everest, she Summit other world highest peaks. This shows how women can excel in every field and is not confined to any social boundaries or cultural restrictions.

As, it has been highlighted that women are not less than men and can do or achieve anything but still they faces certain barriers or challenges which affect them in certain way. These problems are numerous and some of them are; First is lack of education. In this regard, ~~role of~~ state as well as individual can be blamed. ~~At the~~ Sometimes state do not take care of citizens right to education and cause disruption in achievements and prosperity of state. Similarly, individuals do not recognize the importance of education and ended up with not getting it. Particularly, women

faced its repercussions very badly.
For Instance, Pakistan literary rate of female is 45%, which is lower than standardized level. Uneducated female can never know about her constitutional and fundamental rights and in this way they would face injustice.

Secondly, Gender-based violence which is prevailed globally cause alot of discrimination on the basis of fair wage, equal representation and political weightage. Being a women, they faced workplace harassment, unequal and unfair wages and also face domestic violence. Due to these reasons most of them are not able to prove themselves or perform their best in various fields.

Next, we have the hindrance in the form of conservative and backward socio-cultural norms and customs. In context of Pakistan, especially in tribal areas or backward areas social customs restrict women to homes and they are not allowed to work or

even study. This makes them sidelined or marginalized in every sector of life. Due to this reason women are mostly left behind in social or political representation and their voices remained undermined.

Along with this, Religious text misinterpretation by pseudo clerics greatly emphasize on female right to be subservient and subjugated. This makes women more weak and fragile because religion is the most vital and influential part of every state. And when something is considered as religious right every world force is used to ~~obey~~ it and make other to obey it and implement it.

These challenges and hurdles can be avoided if leadership and governance take a serious measures and make policies and execute them strictly to give to women their basic rights. If a local or regional seminars are held by the arranged and conducted, this would improve the situation alot. These seminars should be about women achievements,

their basic right to education and to persuade other young girls to follow the blueprints of the successful women and set the pace for others.

Secondly, political and economic platforms should adopt those policies which can guarantee equal treatment, just practices and good environment for females. Women should be allowed to take part in discussions or negotiation and they should be allowed to command or even lead the change. Giving them chance could make the world know their importance and value.

Next, an effective step towards improving women exploited ~~impo~~ image could be to give them an equal representation in social and academic fields. Government should work on making private platforms or sectors which can be governed by women. In this way women would be allowed to take the responsibility and fulfill it with its full entirety in a best way.

Furthermore, Government should censor those pseudo clergies who spread false knowledge of Quran and cause gender-based discrimination. No religion ever subjugated women, it is only the message that is preached by these clergies in order to submerge women and to prevent them from performing. That is why, government should encourage only capable and reliable clergies to preach the correct message of Quran about women rights.

In a nutshell, in earlier times the image of women had been so badly deteriorated by the people. But in modern days, with the help of a little bit efforts made by governance and community cause some betterment and positive changes in women's strength perceived image. Women started to prove themselves in numerous fields which could not be undermined and in this way, society started to get better. But some evil or bad forces are trying to cause hindrance in its way.

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These challenges make it really hard for women to contribute in society by utilizing her capabilities. For this purpose some strict measures should be taken to eliminate them and give an equal to women as like men. And let them to achieve recognition and appreciation both regionally and internationally.