

Q.2. Make a précis of the given passage and suggest a suitable heading: (20 + 5 = 25)

The Psychological causes of unhappiness, it is clear, are many and various. But all have something in common. The typical unhappy man is one who having been deprived in youth of some normal satisfaction, has come to value this one kind of satisfaction more than any other, and has, therefore, given to his life a one-sided direction, together with a quite undue emphasis upon the achievement as opposed to the activities connected with it. There is, however, a further development which is very common in the present day. A man may feel so completely thwarted that he seeks no form of satisfaction, but only distraction and oblivion. He then becomes a devotee of "Pleasure". That is to say, he seeks to make life bearable by becoming less alive. Drunkenness, for example, is temporary suicide; the happiness that it brings is merely negative, a momentary cessation of unhappiness. The narcissist and the megalomaniac believe that happiness is possible, though they may adopt mistaken means of achieving it; but the man who seeks intoxication, in whatever form, has given up hope except in oblivion. In his case the first thing to be done is to persuade him that happiness is desirable. Men, who are unhappy, like men who sleep badly, are always proud of the fact. Perhaps their pride is like that of the fox who had lost his tail; if so, the way to cure it is to point out to them how they can grow a new tail. Very few men, I believe, will deliberately choose unhappiness if they see a way of being happy. I do not deny that such men exist, but they are not sufficiently numerous to be important. It is common in our day, as it has been in many other periods of the world's history, to suppose that those among us who are wise have seen through all the enthusiasms of earlier times and have become aware that there is nothing left to live for. The man who holds this view are genuinely unhappy, but they are proud of their unhappiness, which they attribute to the nature of the universe and consider to be the only rational attitude for an enlightened man. Their pride in their unhappiness makes less sophisticated people suspicious of its genuineness; they think that the man who enjoys being miserable is not miserable.

Q.3. Read the following passage and answer the questions that follow: (5 x 4 = 20)

Q2: Precis

Psychological justification of Unhappiness

There are many psychological causes of unhappiness. Typically, an unhappy is the one who has seen deprivation in his young age. Moreover, a distracted man may feel unsatisfied. However, the use of intoxicants brings happiness, but it is negative.

There is a need to convince such people at that point that happiness is desirable.

Despite very few people will intentionally choose unhappiness, if they see a way of being happy. Such people also exist.

For them, there is nothing behind to live. Moreover, the man with a pessimistic view considers

unhappiness as a rational
attitude. For such kind of men
unhappiness is a source of pride.
They enjoy the state of misery.
