

Perhaps the best way to understand what is meant by zest will be to consider the different ways in which men behave when they sit down to a meal. There are those to whom a meal is merely a bore; no matter how excellent the food may be, they feel that it is uninteresting. They have had excellent food before, probably at almost every meal they have eaten. They have never known what it was to go without a meal until hunger became a raging passion, but have come to regard meals as merely conventional occurrences, dictated by the fashions of the society in which they live. Like everything else, meals are tiresome, but it is no use to make a fuss, because nothing else will be less tiresome. Then there are the invalids who eat from a sense of duty, because the doctor has told them that it is necessary to take a little nourishment in order to keep up their strength. Then there are the epicures, who start hopefully, but find that nothing has been quite so well cooked as it ought to have been. Then there are the gormandizers, who fall upon their food with eager rapacity, eat too much, and grow plethoric and stertorous. Finally, there are those who begin with a sound appetite, are glad of their food, eat until they have had enough, and then stop. Those who are set down before the feast of life have similar attitudes towards the good things which it offers.

(254 words)

... different people have different zest in life

~~Precise:-~~ Life here!

Different people showed varied behaviors to a meal. Some always find meal boring and monotonous irrespective of the excellence of the food. While some are invalids who take food, as an unwelcome necessity, on their doctor's advice just to maintain their health. Then there comes the epicure who always find fault in cooked meal. Then there are the gourmandizers who eat excessively. ^{Lastly,} Then there are those who enjoys their meal and eat sufficient food. Similar is the attitude of people towards blessings of life.

(84 words)

main idea is picked and discussed over all content is fine
be precise and to the point make sure your answer has complete meaning
need improvement
average 8/20
where is the title????
total words???