

Drug Abuse; a challenge to young generation in Pakistan

1. Introduction

1.1. Attention grabber

1.2 Brief description of situation in Pakistan

1.3 Thesis Statement: Drug abuse is eroding Pakistan youth's potential, undermining public health and socio-economic progress.

2. Drug abuse in Pakistan

2.1 A hidden epidemic

- An underreported issue

2.2 Types of Pak drugs used in Pakistan

2.3 Statistics and recent trends among youth in Pakistan

2.4 Socio-economic dimension

- Root cause, including

socio-economic challenges.

- Educational environment, drug usage in educational institutions

3 Factors contributing to drug abuse

3.1 Interpersonal Factors

- Relation with family

3.2 Intrapersonal Factors

- Personal traits

3.3 Social Factors

- Peer pressure and social influence
- lack of awareness and weak
- family supervision
- Psychological stress
- Easy availability
- No enforcement of anti-narcotics laws.

4 Impacts of Drug Abuse

4.1 Health impacts

4.2 Educational fallout

4.3 Economic costs

4.4 Social problems

5. Challenges in Combating Drug Abuse

5.1 Low public awareness

5.2 Social stigma for addicts

5.3 Cross-border smuggling

5.4 Limited Rehabilitation centres

6. Suggested measures:

6.1 Awareness Campaigns

- Especially among students.

6.2 Strengthening border control

6.3 Strict enforcement of laws

6.4 Promote healthy activities

6.5 Community guidance programs

Conclusion