

Q.2. Make a précis of the given passage and suggest a suitable heading:

(20 + 5 = 25)

The Psychological causes of unhappiness, it is clear, are many and various. But all have something in common. The typical unhappy man is one who having been deprived in youth of some normal satisfaction, has come to value this one kind of satisfaction more than any other, and has, therefore, given to his life a one-sided direction, together with a quite undue emphasis upon the achievement as opposed to the activities connected with it. There is, however, a further development which is very common in the present day. A man may feel so completely thwarted that he seeks no form of satisfaction, but only distraction and oblivion. He then becomes a devotee of "Pleasure". That is to say, he seeks to make life bearable by becoming less alive. Drunkenness, for example, is temporary suicide; the happiness that it brings is merely negative, a momentary cessation of unhappiness. The narcissist and the megalomaniac believe that happiness is possible, though they may adopt mistaken means of achieving it; but the man who seeks intoxication, in whatever form, has given up hope except in oblivion. In his case the first thing to be done is to persuade him that happiness is desirable. Men, who are unhappy, like men who sleep badly, are always proud of the fact. Perhaps their pride is like that of the fox who had lost his tail; if so, the way to cure it is to point out to them how they can grow a new tail. Very few men, I believe, will deliberately choose unhappiness if they see a way of being happy. I do not deny that such men exist, but they are not sufficiently numerous to be important. It is common in our day, as it has been in many other periods of the world's history, to suppose that those among us who are wise have seen through all the enthusiasms of earlier times and have become aware that there is nothing left to live for. The man who hold this view are genuinely unhappy, but they are proud of their unhappiness, which they attribute to the nature of the universe and consider to be the only rational attitude for an enlightened man. Their pride in their unhappiness makes less sophisticated people suspicious of its genuineness; they think that the man who enjoys being miserable is not miserable.

Preciē-2011

Title#1: Happiness is Unachivable
for Depressed Souls

Title#2: Depression closed the
golden gates of happiness

There are many factors to become
depressed but one is common that
is their normal satisfaction. Those
who inclined on any particular
aspect unable to see other
opportunities. In present days,
man prefers unsatisfaction and
neglect the pleasure, as a result
he become addicted to drinks
which seems temporary suicide.

According to narcissist and megal-
maniac selection of drinks over
cure is a sign of defeat. It seems
rare that people chooses unhappiness
if they have a lot of reasons
for happiness. History is replete
with those who think they saw
everything and nothing special left

to live for. They think they are rational and know the reality of the world and their pride is a very reason of their depressed soul.

Time: 39:24.5-7

Preci = 130 words

Total = 382 words

Urdu Paragraph

ہر دور اپنے ساتھ بہت سے ایسے معاملات بھی لے کر آتا ہے جو کسی کی پسند کے نہیں ہوتے مگر انہیں قبول کرنا ہی پڑتا ہے۔ بعض اوقات ایسا بھی ہوتا ہے کہ قدرت شاید ہمیں آزمائے کی خاطر ایسا بہت کچھ ہمارے سامنے رکھتی ہے جو ہمارے مطلب کا نہیں ہوتا بلکہ اس سے ہمارا کوئی تعلق ہی نہیں ہوتا مگر پھر بھی اسے زندگی کا حصہ بناتے ہوئے چلنا پڑتا ہے۔ آج بھی ایسا ہی چل رہا ہے۔ ہر صدی اپنے ساتھ ایسی تبدیلیاں لاتی رہی ہے جو گزشتہ صدیوں کے مقابلے میں بالکل نئی تھیں۔ فطری علوم و فنون کی ترقی نے انسان کو ایسا بہت کچھ دیا ہے جسے علمی و معاشی عمل کا کچرا قرار دیا جا سکتا ہے۔ قدرت ہمیں پہل دیتی ہے تو ساتھ ہی ساتھ اس بات کا پابند کرتی ہے کہ اس کے چھلکوں کو ڈھنگ سے ٹھکانے لگائیں۔ اگر ایسا نہ کیا جائے تو ملک کی غلاظت بڑھتی ہے۔

Translation:

Every new era comes with a lot of new developments and have to accept these changes which cannot satisfy everyone. Nature sometimes create hard circumstances which is not in our favour and not even a single string attach but it happens sometimes to testify our beliefs. Every new emerging era brings new consequences and feels difficult as compared to the past. Science and technological advancement changes the human life and it seems through growing development in education and social life. Nature gives us fruits in the form of good living standards but also demand to address mounting issues which are occurring in modern civilization

Time: 23:35.42