

... power for great ends.

(102 words)

[19]

A great deal of discomfort arises from over-sensitiveness about what people may say of you or your actions. This requires to be blunted. Consider whether anything that you can do will have

much connection with what they will say. And, besides, it may be doubted whether they say anything at all about you.) Many unhappy persons seem to imagine that they are always in an amphitheatre, with the assembled world as spectators; whereas all the while they are playing to empty benches. They fancy, too, that they form the particular theme of every passer-by. If, however, they must listen to imaginary conversations about themselves, they might, at any rate, insist upon hearing themselves well spoken of.

Well, but suppose that it is no fancy; and that you really are the object of unmerited obloquy. ^{underveed criticis} What then? It has been well said that in that case the abuse does not touch you; and if you are guiltless, it ought not to hurt your feelings any more than if it were said of another person, with whom you are not even acquainted. You may answer that this false description of you is often believed in by those whose good opinion is of importance to your welfare. That certainly is a palpable injury; and the best mode of dealing with it is to endeavour to form some just estimate of its nature and extent. Measure it by the worldly harm which is done to you. Do not let your imagination ^{imagine} conjure up all manner of unreal apparitions of scorn, and contempt and universal hissing. It is partly your own fault if the calumny is believed in by those who ought to know you and in whose affections you live. That should be a circle within which no poisoned arrow dart can reach you. And for the rest, for the injury done in the world's estimation, it is simply a piece of ill fortune about which it is neither wise nor decorous to make much moaning. ^{proper decent} ^{cries of pain}

(336 words)

Vocabulary

[19] An oversensitive Person ⁽¹⁰⁴⁾⁽¹⁰⁵⁾⁽¹⁰⁶⁾

An over-sensitive person feel discomfort that other people thinking about him badly or saying about him negatively. Many unhappy ~~see~~ ^{seems} persons to imagine that everyone is thinking about them and judging them. They also listen imaginary conversation about themselves. However, this is not the case in reality. What, if people really criticise ~~an~~ him? He should ignore them, because it cannot do any harm to him or because he did not do anything wrong, he is guiltless. There is no need to worry that what your friends thinks about that criticism because they know you very well. So, there is no need to take things to heart. (104)