

Please correct my grammar, expression
mistakes based on english essay rules.

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The rivalry between Capitalist and Communist bloc ~~was~~ always ^{been} continued in the world, which ~~was~~ ^{is} between two major Powers of the world. After the world war II USSR was the only Powerful Country in the Eurasian region, which imposed fear on other neighbouring countries as of their existential threat. USSR (modern day Russia) always tried to expand its Communist ideology in the world, on the other side the USA always putted efforts to expand Capitalist bloc, when the European nations sought threat from USSR, they all collaborated and led the foundation of European ^{Coal and Steel Community.} ~~Union~~, Secondly the foundation of NATO in 1949 was solely to counter Russian threat to the European states. Article 5 of the NATO Charter considered "An Attack on one Country would consider as attack on all member states". This clearly shows the agenda behind the USA and European's vision. In contrast ^{the} USSR also collaborated with eastern Europe countries (Poland, Hungary, East Germany etc) and led the foundation of WARSAW Pact in 1955. In the Eurasian region, always the conflict upon Capitalist and Communist bloc, Countries had to choose each of them for its survival.

and maintaining position in global diplomacy. ②
The term ~~used~~ "Cold war" ~~was~~ ^{is} actually used to describe the war between these two states from 1949 to 1991, and their treaties to counter each other. Pakistan also joined the SEATO and CENTO agreements due to several other ~~reasons~~ ^{as well}. The conflict between these blocs was once went into its peak in 1962 which is known as Cuban missile crisis, the world could see the next ~~to~~ nuclear war due to minor miscalculation over that time.

Moreover, Korean war from 1950 to 1953 and Vietnam war from 1955 to 1975 was another example ~~of~~ that how America and USSR were used other states to show their might. American backed ~~fighting~~ in these wars, America supported Southern Korea and USSR backed northern Korea which later resulted in demarcation on 38th Parallel latitude, contrary the Vietnam war was also as like that, America supported South Vietnam and USSR supported the northern Vietnam that resulted in loss ~~of~~ ^{the} Capitalist bloc and Vietnam was re-united in 1975.

As Vietnam war ended, Russian incursion in Afghanistan to support the Central government forced America to take counter measure. Analysts says that Russia wanted to expand its control over Communist bloc, ~~and~~^{also} one eye on warm waters, America didn't accept to USSR expansion and entered into war in Afghanistan on the label of Jihad to recruit fighters easily against USSR. Afghan-war resulted in expansion of USSR forces from the Afghanistan in 1989. That defeat was considered as most significant to break the USSR Power in the Region.

Consequently, Russia (USSR) disintegrated and new CARs states came into existence, and other states of Eastern Europe, ~~and~~ Baltic, Nordic region as well. That was turning point which shifted the world from bipolarity to unipolarity. USSR disintegration ~~was~~ gave huge losses to the Soviet Union; shocks in economy, military, social, and cultural domain. The decade from 1991 to 2001 was crucial to the Russia, as it faced multiple challenges and NATO oversight upon every step, furthermore, sanctions from America on trade and international relation.

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Moving Forward, incident of 9-11-2001 shifted American and NATO forces from Russia to Afghanistan. ~~That~~ American war on terror provided space to Russian policy makers to come out of challenges and maintain diplomatic and economical relations with other states. Russia has utilized that time very discreetly and re-emerged itself within couple of years. Analyst says that Russian foreign policy was to stabilize itself in accordance with economy and military as well and emergence as a global power to challenge the status quo of America. On the other hand, America also expanding NATO towards Russian border as NATO chief announced membership to Georgia and Ukraine in 2008. Till 2008, Russia was succeeded to maintain its internal disputes and stabilize its economy somehow. Russia considered NATO expansion as existential threat to the state and jumped into Georgia, backed Russian ethnic communities in South Ossetia and Abkhazia and declared these regions as de facto government of Russia. NATO and the USA, continued policy of neutrality and miscalculated the Russian policy for future.

Analyst says that Russian incursion in Georgia was only to analyse the global reaction, its real target was Crimea and Coastal areas of Ukraine. Global Silence on Russian incursion gave green signal to Russian Policy makers to pursue their next plan. In 2014, Russia held elections in Crimea as Crimea's President was pro-Russian and won the controversial election. Russia declared Crimea as its part and annexed it. Again except some diplomatic rhetoric, there were no solid response from western community upon this action. On that time, American Foreign Policy magazine published an article named "Russian resurgence, End of American unipolarity" that was turning point in global balance of power, Russian resurgence turned the world to multipolarity. Moreover, Russia continued its expansion in Ukraine, as of now Russia controlled major South-eastern region of Ukraine; Kherson, Donetsk, Luhansk, and Zaporizhzhia etc.

Recent Alaska Summit between Capitalist and Communist leaders - Trump and Putin - was considered as great victory for Russia in analysts and Policy makers' opinion. Analysts says that Trump would not going to take

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burden on itself as he expressed "Obama didn't ,
open a fire on Russia " in the time of Crimea
Conflicts and Trump also came into power on
the agenda ~~off~~ that he would end the Ukraine
war and ^{now} alienate itself from NATO agreement
given by huge burden of military expenses.
Russia is now above from any pressure and
Ukraine and NATO / European Powers also do
not have ~~power~~ to openly fight against
Russia and in support of Ukraine, Global
Policy makers considers that Ukraine might
lose its territories and if that happens
NATO and western Powers ^{world} considered as
Powerless, with the emergence of Russia, China
and now ~~indian~~ Indian tilt towards Communist bloc;
growing tensions and mistrust among NATO and
Capitalist Powers, one can easily say that
the Communist bloc will be the global Power.