

Precis - 2011

The consequences of unhappiness are various but some have common reasons. One is that the typical man who feels unhappy in his life, emphasis upon achievement of such activities that relate with it. Therefore, he feels that only forget the things is its solution. He does not try to find satisfaction in his life. He makes his own life bearable and consider (it is happiness) it is good way to live happily. Today, people ^{follow the wrong} (choose negative) path for the seek of happiness that is actually temporary. The narcissist believe that happiness is possible in life if they follow such negative path. However, few people intentionally see the way of unhappy for their pleasure. In this era, the unhappy man feel proud to choose this path. They consider rational attitude are the attribute/factors of the universal nature. This attitude enlighten the man. Furthermore, they think who like the miserable,

are not really miserable in their life.

Title:

Psychological causes of unhappiness.