

Name Arooj Irfan.

Batch/71

Mock exam II

Essay

Unseen Consequences of War

Brainstroming

- Mental and emotional damage
- Refugee Crises
- Environmental Destruction
- Collapse of Social Infrastructure
- Economic Instability
- Cultural loss
- Global insecurity rise
- Moral and Ethical Degradation

Outlines

1- Introduction

1.1 Hook

1.2 Statments.

1.3 Thesis Statement: War does not just hurt people during the fighting, but it also leaves long lasting unseen consequences like emotional and mental damage, refugee crisis, environmental destruction, collapse of social infrastructure, economic and cultural loss, global insecurity rise and moral degradation.

2- Unseen Consequences OF War

2.1 Mental and Emotional Damage

2.1.1 People are scared and stressed

2.1.2 Soldiers suffer too

2.1.3 Children are deeply affected.

2.2 Refugee Crisis

2.2.1 Families leave homes

2.2.2 Hard life in refugee camps

2.2.3 Strain on host countries and resources.

2.3 Environmental Destruction

2.3.1 Ecosystem damage and Biodiversity loss

2.3.2 Air, water and soil Pollution

2.3.3 Long term Impact of chemical and nuclear weapons

2.4 Collapse Of Social Infrastructure

2.4.1 Damage of healthcare and educational ~~mapa~~ System

2.4.2 Breakdown of Law and Order

2.4.3 Loss of Cultural Institutions

2.5 Economic Instability

2.5.1 Jobs and bussiness are lost

2.5.2 Things become expensive

2.5.3 Long-Term Debt and reconstruction Costs.

2.6 Cultural loss

2.6.1 Destruction of Historical Sites and Heritage
Language and Tradition suppression

2.7 Global Insecurit Cr Rise

2.7.1 Spread of weapons

2.7.2 Destabilization of Neighboring region

2.7.3 Prolonged Geopolitical Tensions

2.8 Moral and Ethical Degradation

2.8.1 Normalization of violence

2.8.2 Erosion of Human rights

2.8.3 War Crimes and Impunity

3- Conclusion

Essay

"Not all wounds of war bleed. Some echo in Silence across generation, through broken minds, and buried hopes" by Sir Ali Shahab. When the last bomb drops and the final soldier goes home, many believe the war is over. flags are raised

Speeches are made, and history move on. But for millions, the battle has only just begun. Not with guns or tanks, but with Silence. There are the consequences no one talk about. They don't make headlines and can't be captured by drones, or measured in military reports. Yet they are the true legacy of Conflict. War does not just hurt people during the fighting but it also leaves long-lasting unseen consequences like emotional and mental damage, refugee crisis, environmental destruction, collapse of social infrastructure, economic and cultural loss, global insecurity rise and moral degradation.

One of the most

Unseen Consequence of war is its impact on mental health. People are scared and stressed not only during the conflict but long after it ends. Civilians living in war zone experience constant fear, anxiety and uncertainty. They lost their homes, loved ones, and the sense of security, leaving them emotionally weak. Its very difficult for the people to return to normal life. Soldiers suffer too, even if they survive the battlefield. Many return home with invisible wounds. They go through Post-Traumatic Stress Disorder and depression. Children are deeply affected more than anyone. Growing up around violence, death, and destruction can cause life time trauma. The emotional damage they suffer can impact their ability to trust, learn or develop healthy relationships in

future. These psychological scars are often lifelong, passed on through generations. The true cost of war is not just in lives lost but in minds broken.

War is one of the worst disasters for any country. ~~while~~ One of the biggest consequence of war is the refugee crisis. When war start, families are forced to run away from their houses. They leave behind their jobs, homes, schools and sometimes their family members too. Adults lose their jobs and children stop going to school. people who once lived in peace are suddenly struggling to survive. According to UNHCR, there were over 117 million forcibly displaced people worldwide by the end of 2024. Many refugees live in tents or in small shelters with poor life facilities.

clean water, food and medical care are not always available. Refugees are mostly not allowed to work legally, they depend on aid. The countries that host refugees also face challenges. These countries may already be struggling with their own economic and social issues. When large numbers of refugees arrive, it puts pressure on housing, schools, hospitals, and jobs.

War not only harms humans but also deeply affects nature. Bombings, landmines, and military vehicles destroy forest. Animals are killed, flee, or lose their natural habitats. As a result, the balance of the ecosystem is broken. During war, weapons and explosions release harmful gases and chemicals into the air which cause air pollution. Soil becomes poisoned with heavy metals and

explosives making farming unsafe for years. Some weapons used in war are so dangerous that their effects last for generations. The US dropped atomic bombs on ~~these two~~ Hiroshima and Nagasaki during WW~~I~~2. The blasts killed over 200,000 people, but the environmental damage continued for decade. Due to radiation the soil, air and water get poisoned. Many children born years later had birth defects. Even plants and animals were affected. Nuclear weapon not only kill people immediately but also leave behind long-lasting environmental damage.