

Precis Paragraph

Decision Fatigue

Decision fatigue happens when the brain gets tired after many choices. This leads to poor decisions. Even judges make worse rulings later in the day. Simple tasks feel harder when the mind is tired.

Ppeople may eat unhealthy food or skip workouts. To avoid this, plan ahead. Reduce small decisions, use routines, take breaks and sleep well. This saves mental energy. Knowing about decision fatigue helps people stay focused and make better choices. It boosts productivity and health. Small changes can protect the brain from stress. Good habits lead to better control and clear thinking.

Capitalization errors. Cohesion needs improvement.

Precis Paragraph

Date: 24/4/25

Day: _____

Human and climate
climate change is a major global issue.
You are allowed to submit only one question in
one pdf. The remaining questions may be
submitted in separate pdfs.

Human actions cause it. Burning fuel
and cutting trees increase global
warming. This leads to rising seas
, disasters, and threats to life.

Developed nations are more responsible
, but all must act. Tensions exist
over fair solutions. Still, there is hope.

Green energy and sustainable practices
can help. Global agreements like the
Paris accord offer a path forward.

people can make a difference through
daily choices. Climate change affects
everyone. It is about human survival.
We must act now to protect the
earth and future generations.