

Nothing is so necessary for a young man
as the company of intelligent women.

Date: 19/4/25

Day: Saturday

I Introduction:

In a Society like Pakistan, where gender roles are deeply rooted, the company of intelligent women is crucial for the development of young men, as it challenges rigid mindsets, encourages mutual respect and fosters a progressive inclusive future by learning from trailblazing Pakistani women who have redefined societal norms.

II Intellectual Growth through Female Company:

- The role of mothers, female teachers and mentor in Pakistan.
- ~~Fatima~~ Fatima Jinnah - Influence on Quaid-e-Azam and her own role in politics.
- Women in Academia and literature (e.g. Bang Qudsia, Fehmida Riaz).

III Emotional Intelligence and Balance

- Exposure to compassion, patience and emotional resilience through women.

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b Bilquis Edhi - Compassion in public Service.

c. Emotional balance learned from ~~grandmothers, sisters~~ and peers in ~~joint families~~.

IV challenging patriarchy and Gender stereotypes.

a How intelligent women help young men unlearn toxic masculinity.

well directional phrases

b Example Malala Yousafzai - symbol of courage and advocacy.

c Encouraging dialogue about equality and respect.

x Inspirational Pakistani women who shaped Society.

a: Benazir Bhutto - Breaking political barriers.

b Arfa Karim - tech prodigy inspiring young minds.

c Asma Jahangir - championing human rights and legal reforms.

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d Contributions of women in military,
police and judiciary.

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"You can tell the condition of a nation by looking at the status of its women."

Jawaharlal Nehru.

This quote may come from across the border, but it resonates deeply with Pakistan's ongoing struggle between tradition and progress. Fatima Jinnah, standing beside her brother Muhammad Ali Jinnah during the turbulent journey of independence, her presence wasn't symbolic; it was strategic, intellectual, deeply influential. She wasn't just a sister - she was a counselor, a critic and a comrade in thought.

In a patriarchal society like Pakistan, men often dominate public and private spaces, but those who surround themselves with intellectually empowered women stand out. These women shape minds, challenge inherited biases, and awaken empathy and emotional depth.

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A young man's intellectual maturity cannot flourish in an echo chamber. In Pakistan, where gender segregation often limits cross-gender dialogues, the presence of intelligent women offers fresh perspectives, critical thinking and intellectual challenge that young men desperately need.

When young boys engage with educated women - be it their mothers, elder sisters, teachers, or peers - they are exposed to alternative viewpoints, constructive critiques and depth of thought.

For example, Fatima Jinnah, a dental surgeon and political activist, was not only the Quaid's emotional support but also one of his most trusted advisors.

Her intellect and insight during Pakistan's formative years reflected how women can contribute meaningfully to national dialogue. Beyond politics,

Pakistan's literary heritage also been enriched by the intellectual contributions

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like Bano Qudsia, whose philosophical writings delve into human psychology and social dynamics and Fehmida Riaz, whose bold poetry challenged societal norms and spoke critical conversations.

while intellectual depth is essential, emotional intelligence is what allows men to apply that intellect meaningfully. Building on the mental growth shaped by the company of educated women, emotional maturity is

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also cultivated through consistent interactions with empathetic, emotionally aware women. In Pakistan, women in households—particularly mothers, grand-mothers and elder sisters—play a pivotal role in running compassion, patience, and self-restraint in boys from a young age. These traits often go unnoticed but are foundational to emotional strength. A young man raised in such an environment

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learns the value of softness, not as a weakness, but as a strength that complements reason. A shining example is Bilquis Edhi whose lifelong commitment to humanitarian work inspired countless Pakistanis. Her quiet resilience and unwavering empathy reflect emotional leadership at its finest. When young men are exposed to such women - whether through home, history or social engagement - they become more self-aware, less impulsive, and more considerate. Thus, the presence of emotionally intelligent women refines not only the mind, but also the heart.

Equally important to emotional growth is the ability to recognize and dismantle outdated gender norms - a process that often begins through exposure to courageous

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and intelligent women who defy stereotypes. Building on the emotional maturity nurtured in family settings, young men who interact with strong-minded women are likely to challenge patriarchal thinking. In Pakistan, where traditional notions of masculinity often discourage vulnerability, empathy, or equality, the presence of women who question the status quo becomes a powerful influence. Malala Yousafzai, a global symbol of female resistance, not only stood up for her right to education but also sparked conversations among young men and women alike about gender justice in Pakistan. Her courage inspired many boys to reevaluate their own role in perpetuating or resisting societal injustice, whether it's through female classmates advocating for equality or women in media challenging harmful narratives, young men in their

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Company begining to understand that true strength lies not in dominance but in fairness and mutual respect. Thus, intelligent women become agents of change- subtly transforming rigid male mindsets into progressive ones.

As young men begin to question traditional gender roles, it becomes important for them to look at real-life examples of women who have made significant contributions to society. In Pakistan, many women have played inspiring roles in fields like politics, education, law, literature and social work. These women not only advanced their own cause but also influenced how young men view leadership, equality and justice. Benazir Bhutto, as the first female Prime Minister of Pakistan, proved that women can

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hold the highest offices in government. Asma Jahangir, renowned human rights lawyer, dedicated her life to fighting for justice and equality under the law. Similarly, Tehmina Arifa Karim, the youngest Microsoft certified professional in the world, became a symbol of youthful intelligence and potential. Learning about such women broadens a young man's understanding of leadership, motivates him to value merit, and fosters deeper respect for women's role in nation-building.

In Conclusion, the company of intelligent women plays a vital role in shaping the character, mindset and values of young men. Through intellectual interaction, young men develop stronger critical thinking and problem-solving skills. Emotional Intelligence, often nurtured through

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women's influence helps them build maturity and empathy.

Exposure to women who challenge gender stereotypes encourages young men to question harmful norms and adopt more balanced views on gender roles. Furthermore, the contributions of inspiring Pakistani women like Benazir Bhutto, Asma Jahangir and Arfa Karim provide living examples of leadership, courage and achievement that positively influence male thinking. These women demonstrate that intelligence, when used with purpose, can break barriers and build a more inclusive society.

"A woman is the full circle. Within her is the power to create, nurture and transform"

Diane Marie Child.

quite creative conclusion