

Dear sir, I have written this first full length essay. It took me about 5-6 hours to complete the essay. please after checking it thoroughly give remarks for improvement. Thank you. at the end on a separate page.

Brainstorming:

Failure of law enforcing agencies:

Failure of border patrol. cross border transport.

Failure of Police/Exercise department.

Corruption of police

Increased depression & stress.

family pressure.

financial independence.

Studies pressure.

Friends circle: Easy Availability of Drugs.

Peer pressure

Neighborhood

Drugs are pictured as 'Cool' in Media.

Peer pressure.

Dramas

Films & Series on drugs

People who do not do drug are seen as backwards.

empires.

Lack of Public Awareness

consequences:

• Loss of Youth.

No nation building.

• Loss of formal economy.

Increase of Rehabilitation centers.

Increased dependence of youth on state resources.

• Increase of crime.

• Effects in Neighborhood.

• Effects on Health.

Neurological ~~disease~~ impacts

Drug dependence.

Personality disorder.

• ~~These~~ destruction of state resources for money.

• drug addicts living on roads.
increase in poverty & begging.

The Impact of Drug Addiction on Youth: Causes and Consequences.

Outline:

A. Introduction:

1. Hook Statement:
2. General statement:
3. Thesis statement:

B. ~~At~~ Main Body.

Causes of Drug Addiction:

1. Increase of Depression and ~~stress~~ ^{stress} within youth.
 - i. Increased pressure from educational institutions.
 - ii. Lack of jobs and financial dependence.
 - iii. family pressure on youth.

2. Failure of Law enforcing Agencies:

- i. Failure of border patrol and cross border transport of drugs.
- ii. Failure of Police and Exercise department.
- iii. Corruption within state departments.
 - a. corruption within police department.
 - b. corruption of Drug regulating authorities.

3. Easy Availability of drugs:

- i. presence of drugs within neighborhood.
- ii. Friends circle indulged in drugs.

iii. Drugs within Peer groups.

4. Drugs pictured as 'cool' within Media:

- i. Increased production of Dramas & Series on drugs.
- ii. People who do not do drugs are seen as backwards.

5. Lack of Public awareness and education regarding drug impacts.

Consequences of drug Addiction on Youth:

1. Impacts on the State of drug addicted youth:

- i. Increased dependency of youth on state resource.
- ii. Loss of formal economy of state.
- iii. Loss of youth power of state.
- iv. No nation building.

2. Effects of drug addicted youth on Neighborhood:

- i. Increase of poverty and begging.
- ii. Drug addicts living on roads.
- iii. Destruction of state infrastructure by drug addicts.
- iv. Increase in crime.

3. Impacts of Drug addiction on Health:

- i. Increased drug dependence.
- ii. Neurological impacts of drugs.
- iii. drug effects on other body organs.

Introduction:

"Drug addiction is like quicksand - once a young person steps in, it pulls them down, making escape nearly impossible." Drug addiction is not just addiction of narcotics but also medicines that give euphoria. Most of the youth today is indulged in drug addiction. They see it as a way of escape from problems of life, rather it is a prison that creates further problems. Drug addiction destroys dreams and future. It kills the relations we built. Today, the addiction of drugs has become a norm, not just in developing countries but also developed countries, specially within the youth. They start it as a fun thing within peer groups, undermining its impacts and these impacts effects not just the individual himself but the whole society and state. Youth is the actual power of a nation that builds it but if it gets addicted with drugs, the nation gets destroyed. The imperial China with effective bureaucracy and high level governance got beaten by the Britishers and Japanese because of the opioid crisis its youth faced. With youth destroyed by drugs, no society can develop, not only financially but morally also. These euphoric substances effect the overall society, even the people who do not do it.

The causes of drug addiction within youth are:
Increase of depression and work stress, easy availability of drugs, failure of law enforcing agencies and lack of public awariness. Its consequences are ~~impacts on state~~ destruction of the state and immediate neighborhood and its effects on

health. These euphoric materials should be curbed immediately or else the society should wait for its destruction coming forthwith.

One of the foremost reasons of increased drug addiction within youth is increase of depression and stress levels. Major of the drug addicts within youth are under 18 and these individuals face high levels of stress within educational institutes. These institutes see the youth as donkeys and keep putting on burden on their backs until they fall on road. The education in these stressed classrooms majority depend upon 8-2pm lectures and then assignments for the whole day and rot-learned exams at the end of the semester, with very little practicality of the subject. This builds high level of work stress on these youngster whole day throughout the year. Another reason of this depression and stress are life-problems such as financial dependence on parents and lack of jobs. Many of the students have to do part time jobs to pay their fees and earn some bread for their family during their ~~studies~~ studies and those youth who are not studying, work for 12-14 hours per day to earn a decent amount. This high level of labor is tiring and demands some escape, which the youth finds in drugs. Furthermore, the pressure from the family impacts the mentality of these youngsters. They are asked odd questions such as "how much do you earn?", "why are you not getting married?", "why are you not getting a job?". They are compared with their cousins, their friends and their neighbors. They are told, that their families have very high expectations from

them and they have to fulfill those expectations. This increased ~~stress~~^{physical} and mental stress causes depression, self-question and then drugs seem the only way to escape them.

One other reason for the drug addiction within youth is the failure of law enforcing agencies. Today, drugs have become extremely common. They are being sold in almost every town; on most of the streets. One reason for it is the failure ~~for~~ of the border patrol which leads to the cross border transport of these drugs. USA and Pakistan are the prime examples of this cross border transport of drugs. Mexican and Colombian white powder or heroine has been effecting US youth, while Afghani green chilli or Chans/Ganja are effecting Pakistan's youth leading to their decline. Moreover, from these border areas the drugs reach every corner of the country which shows the failure of Police department and Drug regulating authorities such as DEA or exercise department. They are sold openly on the streets without any restrictions. Even the pupils of age below 10 are exposed to these highly dangerous substances. This clearly shows the level of corruption, these state institutes are submerged in. Not only the narcotics are being sold ~~only~~ openly because of the corruption within police department, but also highly euphoric medicines are being sold to any one without any Dr's prescription. Some of these medicines are cough syrups which contain narcotics, brain soothing substances. According to a BBC report, many of the youngsters within African countries drink 5-8 cough syrups daily for ecstasy and joy. This

Shows the level of corruption within these drug regulating authorities also. This failure of law enforcing agencies clearly points to the increase of drug addiction within youth.

~~The~~ Moreover, the increase of drug addiction within youth is also linked to their easy availability. The drugs have become very common that they are found everywhere and ^{are} easily accessible. Because of this, a youngster today relies more on them rather on psychological therapies if he finds himself stressed or disturbed. These drugs are sold on stores, cabins and shops in the immediate neighborhood and are easy to buy and use them. They are being sold here in the form cigarettes, bhallu, mampuri and many more. Also, within the friends circle they are used ^{openly}, with one friend usually forcing others to join him. This friendly consumption of drugs initially seen as fun and activities of mature people; later become strong addictions and haunt these individuals if they do not do it. This does not limit only to close circles but also is true for peer groups within schools, colleges, universities, and public and private networks. where one addict guy destroys his whole group, as the saying goes 'one bad fish destroys the whole pond'. In conclusion, this availability and accessibility of drugs have increased its addiction within the youth.

In addition to that, one other reason for increased drug addiction within the youth is, its increased appearance on media. Media has picturized drugs and drug addict people as cool and belonging to the new generation. Today, a number of dramas, films and series are being made on drugs. one such

example of these series is 'Narcos', which is made on the life of Pablo Escobar, the Colombian drug lord. These dramas have a high impact on young generation. They motivate them to enter the world of drugs. The lavish life shown in these movies enshrine in the eyes of the young generation. ~~They~~ Not just, these kinds of movies which are totally made upon drugs but today all the dramas or movies picturized actors having drugs, specially when they are in stress. These movies impact the mentality of the youth, telling them indigenously to consume drugs themselves when they are in some kind of stress. This consumption with time grows into a habit, hard to leave. Not just that, these movies show drug addicts as cool but they also show people who do not consume drugs as backwards or uncool. They also show highly intelligent people as fools with glasses and books in their hands studying all day. These kinds of things totally change the mentality of youth. On one hand, sidelining them from hardwork and studying and on the other hand inclining them more towards drugs. With this stated, it clearly shows how media can influence these young brains making their tilts more towards drugs.

Furthermore, Lack of education and Public awareness also plays a major role in youth's incline towards drug addiction. Many of the drug addicts do not know the harms that these drugs carry. They do it for life and then find it difficult to live without them. In this aspect government and non-governmental organizations have totally failed. A pack of cigarette contains on its box only a

picture of gangrene foot; however, it is the major cause of many other diseases such as lung cancer, stroke, hypertension and even heart diseases. Young people find this small picture of gangrene foot not convincing to leave drugs, rather, they think of it as only causing gangrene. Government, NGOs and Media could have played this major role in saving the youth from these highly harmful substances by showing them threatening and fearful advertisements, but they choose not to do so. This lack of education starts the drug journey of youth from small drugs such as cigarettes or bathenuts progressing to very addictive drugs such as charrs, Ganja, weed, heroine and ice. Although this journey could have been stopped at the very initial moment by properly educating of the youth. In conclusion, Public awareness and ~~that~~ education plays a major role. With its proper application youth can be saved and without its implication, youth will go down the drug drain.

Unfortunately, the youth all around the world is facing addiction to drugs. Its main causes are increase of stress. ~~is~~ among the youngsters, failure of law enforcement agencies, availability and accessibility of drugs, negative role of and lack of education and awareness to its harmful effects. Its consequences are its affects on the state and nation-building, its impacts on the health of society and youngsters themselves.

The most important impact of drug addiction among youth is its impact on the state. Youth is the main power of any country. It is the youth that develops the country. Without

effective youngsters, there is no way a country progresses. And if this young force of a country gets indulged with drugs the country only goes into vain. Not only this country will lose its youth force but also it will have to spend much of its resources on this drug addicted youth. It will build rehabilitation centers and spend much of its resources on drug regulatory authorities to curb this evil. With youth addicted to drugs, the formal economy of the country is also lost. These youngsters could have become doctors, engineers or highly intelligent scientists. This force could have generated income for the country, not just within the country but also by working abroad. This youth force could have done miracles and could have built the nation and fulfilled the purpose of its existence. But all this is lost with the addiction of drugs. This loss of youth power has consequences for the state. Not just it stops developing but also it deteriorates. It starts going backwards to the era of darkness and meekness where it only depends on the youth of other country for its development. For example, United States, once a beacon of light for other nations in the fields of development and progress, now depends on foreign youth for its working and progress. Not just in fields of science but also in the issues of national security, it relies on youth of other nations, take example of Kash Patel, the new head of FBI, an Indian origin man. This proves, with youth addicted to drugs, the nation-building stops and it highly affects the country.

The effects of drug addicted youth on society are immense.

First of all, it increase poverty and begging. These drug addicts rely on begging for their meals and drugs. They do not have the power left to earn an honourable living, nor do they have the will to do something for their families. They themselves beg and ask their families to do the same. This leads to increase in poverty ratio. Moreover these addicts loose the sense of family, relations and home and they live on roads. They do their drugs in hidden places and sleeps on roads intoxicated. Most of these people even loose the sense of morality and roam without clothes on streets. Moreover, when these drug addict youth are not left with any resource, they start to destroy state's infrastructure. They dig up roads, bridges, railway lines for iron to sell. They destroy private property and steal belongings from neighborhood they live in. And when this becomes insufficient for their greeds, they also loot, kill people for money. Many of the examples are there when these drugs addicts have kidnapped young childrens and solded them for some ruppees only. In the recent days, social media undiscovered a video in which a guy caught by civillians confessed that he kidnags childrens and sells them into slavery and further acknowledged that he has done the same with his daughter. This states that these addicts have grave consequences for the society they live in.

Furthermore, these drugs have impacts on the health of individuals themselves. The drugs they do on regular basis makes them addicted and drug dependent. In the absence of these drugs, the addicts

anxiety and stress increase, and they shiver like a live fish out of the water. This dependency is so dangerous that it can even lead to the death of the individuals. These harmful drugs have severe impact on the mental level of the individual. It increases fear, isolation and trepidation within these youngsters. On the other hand, it decreases intelligence, emotional ability and community participation. The brain of these addicts shrinks to only one thought and that is do drugs as soon as possible and as much as possible. The concept of money, success, education do not excite them. They start to live in a delusional world because of the drugs' impact on the nervous system. Not only brain drugs affect each organ of the body. It causes vasodilation leading to a decrease in heart rate, blood pressure and affects the ability of the heart to pump blood over time. On the liver, they have the most harm, because it is the organ that metabolises leading to its destruction. These drugs can also cause breathlessness, blurred vision, diarrhea, vomiting, erectile dysfunction, and so many more symptoms. To say that drugs destroy the individual's health won't be wrong.

With drugs on the hands of individuals, society destroys its force. And with books and pen on hand lead the society to ruin. Drugs destroy the young force who have the responsibility to build the state, with youth indulged in toxication, the state fades away. It is the responsibility of the state to curb this evil before it ruins the state. The causes of drug addiction are increase of depression and stress levels, failure of law enforcing agencies, easy availability of drugs,

and lack of public awareness. Its ~~conclusion~~ consequences are destruction of the state, society, and the individual himself.

For Remarks & Improvement: