

Frailty. thy name is woman Date 19-8-24

Write simple sentences to avoid mistakes

1- Introduction ✓

a. Hook

b. Supporting Sentences

c. Thesis : Though women are considered frail gender, yet they have achieved various accomplishments in the field of science, tech etc. Though they face some hurdles, yet ~~they~~ ^{these} can also be removed with effective ~~help~~ ^{measures}.

2. Overview ~~Paragraph~~ of the term 'frailty'

3 Why women are considered -frail?

3.1) Biological Reasons ✓

Case in Point : less muscular compared to men.

3.2) Political Reasons ✓

Case in Point : 24.5 representation in PA, 8% representation in NA

3.3) Social Reasons ✓

Patriarchal Society pushes women towards subservient roles.

4. How Women are not Frail - Busting Myths ✓

4.1) Women in Politics ✓

Case in Point : Fatima Jinnah and Begum Shaista Ikramullah.

4.2) Women as administrators

Case in point: Benazir Bhutto and Jacinda Ardern

4.3) Women in the field of Literature

Case in point: Bano Qudsia and Hellen Keller

4.4) Women in Sports

Case in point: Serena Williams, Sara Mir

4.5) Women in Humanitarian work

Case in point: Bilquis Edhi, Mother Teresa

4.6) Women in Aviation

Case in point: Ayesha Farooq, Mariam Mokhtiar, Amelia Earhart

4.7) Women in Armed-forces

Case in point: Nigam Johar, Helen Mary

4.8) Women in Tech **Technological field**

Case in point: Arfa Karim

4.9) Women in Education

Case in point: Malala Yousufzai

4.10) Women in Media

Case in Point: Sharmeen Obaid Chinoy, Laraib Atta



4.11) Women in Police ✓

Case in point: Anoush Mayood, Amna

5 - Issues - faced by women

- Lack of Education
- Feudal System
- Child Marriages
- Patriarchal Mindset
- Unconscious Gender Bias

Unnecessary details

6 - How can the myth of frailty be encountered?

- Provide Education ✓
- Abandon Child Marriages ✓
- Encourage Men's role in supporting ✓
- To Break the silence when witnessing any sexist attitude.
- To help marginalized women become financially independent.

7. Critical Analysis ✓

8. Conclusion.

The Essay

Undoubtedly, life owes its color to the existence of women. As mothers, sisters and daughters they are the builders of society if they wouldn't exist, life will cease to exist. They hold so much importance that it would be wrong to call ~~the~~ ^{them} frail, "weak". Still words like frailty are attached with women for years - as alluded to Hamlet's soliloquy - owing to their lesser bodily strength and the prevalence of patriarchy in society, particularly, in the underdeveloped countries. Nevertheless considering the ~~exs~~ of Fatima Jinnah and Begum Shaista Ikramullah, Benazir Bhutto are shining examples. Over the time, women rose ~~as~~ in the field of Literature, like Helen ~~with~~ Keller who despite ~~being~~ ^{having} her special abilities ~~rise~~ ^{rose} in field of literature. Along with this women's rise in sports as Sana Mir became the ~~1st~~ woman who took the top spot in 2018 women's ODI. which passing time, women excel in all the fields from ~~service~~ providing services or serving in war-torn areas, accomplishing in the field of education, media and so on. Yet, they face multiple

issues like early marriages, feudal system increasing more blashness, patriarchal mindset and lack of education, with all these prevailing problems, there are ways through which these can be solved. Like, Providing basic education, abandoning child marriages encouraging men's role in the development of women and helping women to become financially independent. Through all these solutions women can play their role in the society more efficiently. The essay provides all the claims to justify that women are not frail as stated by Shakespeare in his play Hamlet; instead they are what Mao Zedong has asserted, "women hold up the sky."

To begin with, one needs to peek into ancient time to understand precisely what the statement, "frailty, thy name is woman" means. Back when women held the traditional role of homemakers and child bearers, they were ~~exactly~~ considered creatures born for little tasks. Shakespeare was had similar beliefs as well. For ex; in his play "Hamlet", the main character ~~the~~ Hamlet calls his mother to be weak because she had married her husband's brother just 9

month, after his death. This is where the statement originates.

After getting an understanding to the source of statement, it is essential to determine whether it holds any truth today or not. So there is a need to weigh down both their strengths and weaknesses. To begin with, women are often outlooked as being weak due to their less muscular body, yet their child bearing process is not enough to be considered them weak strong, they are weak just because they have less muscular body than that of men.

Then, there are political reasons that play a leading role in undermining women. Women have a representation of only 24.5% in provincial assembly and only 8% representation in National Assembly. Lesser political representation makes women politically weak in the society.

Last but not the least, women are often surrounded with the patriarchal mindset of the society, as Patriarchal society pushes women towards subservient tasks like, cooking, cleaning, and

child bearing. Due to these issues they can't play a beneficial role in the betterment of society and are bounded in their homes.

As of now, we have discussed the issues or reasons why women is called frail, now we will move onto the part that women is not frail.

To begin with, women plays an active role in politics from the very start. Some role models like Fatima Jinnah encourage women to be more active in politics as she has been with his brother, actively participating with him in the politics. Then, Begum Shaista Ikramullah was the first women to become an active, elected member of the constituent assembly of Pakistan. She paved the way for the role of women in Pakistan.

These role models played an active part to encourage women to be a part of politics.

~~Then~~ women played an active role as administrators. Jajinda Arden and Benazir Bhutto paved their role as administrators. While develops countries such as US were struggling to elect their first female President, Benazir Bhutto

set the stage in 1989 for Pakistan. She is not only the 1st female Prime Minister of Pakistan but also the first female head of state in Islamic world. In addition to this, Jacinda Ardlen played a huge role in the development of New Zealand who served as the 40th prime minister of New Zealand.

Like wise, all other fields women played a huge role in the field of literature as well. Some prominent examples of this are Helen Keller and Bano Qudsiya. Helen Keller despite being visually impaired marked a prominent mark in the field of literature because of her books and novels. Just like that Bano Qudsiya had been a prominent figure, a famous Urdu writer and novelist. She was highly influential in shaping perceptions and always leaves a mark on the brain of readers. Women like them played an active role for promote women in the field of literature.

In addition to it, women played an active role in humanitarian work as well. Examples like Mother Teresa

and Bilquis Edhi are prominent in these fields.

Mother Teresa dedicated her life for people. She founded the Missionaries of Charity

in India in 1950 and for over 50 years, she ministered to the poor, orphaned, sick

and dying. Bilquis Edhi, wife of Abdul Sattar Edhi a humanitarian, a social worker.

She is also honoured to receive the Hilal-i-Imtiaz Award. She was also shortlisted for

the Top Personality Award for the two decades - from 2000 to 2020. These women, inspired

many women to work in the field of humanity.

Likewise, women played an active role in aviation as well. Amelia Earhart was the 1st woman who flew solo across the Atlantic. She was an example in the field of aviation for women. Then comes,

Ayesha Farooq, she became 1st female pilot ready for war in Pakistan, in 2018.

Then there was Mariam Mukhtar, 22, was the 1st female fighter pilot who was martyred while protecting a school under their malfunctioned aircraft.

She risked her life for the sake of those children. Thus, these women

played a huge role for the whole women who want to be in aviation.

Moreover, like all the fields women played a huge role in Armed forces as well.

First, General Nigwar Johar marked an important part of history by reaching the highest position in the Pakistani Army and becoming the first general in the Army.

Then, Brigadier Helen Mary Roberts has got enormous praise after her appointment ~~as~~ of the rank of brigadier and becoming the first Christian woman officer of that post. Undoubtedly, this is a powerful message that women can excel in every field they wanted to excel.

Moreover, like every field woman play an active role in Tech as well.

A prominent in that was Arfa Karim.

At the age of 9, she became the first and youngest Microsoft engineer in the world.

She represented Pakistan at major tech events including the Tech-Ed Developers Conference. She is the youngest ~~reci~~

recipient of the Gold Medal of Performance

in Pakistan. ~~That's~~ For sure, ~~that~~ women in tech

can excel on another major level if given opportunities.

Then, women in the field of Education had played a major role breaking all the barriers in the way. Like Malala Yousafzai, she was only 11 years old when she blogged for the BBC, about living in Pakistan. She was shot by Taliban, while she was coming back from school. She was the first woman Nobel Prize winner from Pakistan. She fought for Human rights, Education and women rights. She's admired all over the world for her battle against extremism. Women like these are a ray of hope for the betterment of woman Education worldwide.

In addition to this, women played an active role in Media as well. In many of these prominent women, Sharmeen Obaid-Chinoy is also the one. She is a filmmaker and activist, and is the recipient of two Academy Awards, six Emmy Awards and a Lux Style Award. She was faced with various controversies but she fought like a tigress and stand strong against criticism. She is the first Oscar winner. Then, there is Lorna Luft, a visual effects artist from Hollywood, who is widely known for breathing life into visuals and graphics.

She holds the title of being the youngest female VFX artist from Pakistan. This, they serves as an inspiration for women in the field of media.

Last but not the least, for women like in any other field played a major role in Police as well. Just like that Anoush Masood of Lahore was declared the best crime-fighting investigator in an annual performance review of investigating teams. Despite being a qualified dr.

She is the trail blazer in the field of fighting crimes and also holds the record of 1st woman ASP to be appointed in KP province.

Then, ASP Ania Baid who took on job as Subdivisional officer last year in 2021. Her contributions towards making positive changes and devoting her ~~extra~~ time towards raising women and gender issues in Pakistan Islamabad that won her the Integrity icon award by the Danish Ambassador of Pakistan.

So, until now we have discussed why women are considered ~~frail~~ frail and busted the myth that they are not frail now we will look over to the factors that are faced

by women and one of the hurdles in women empowerment.

Women face various challenges while moving ahead in their lives. There are some of these major issues that hinder women's growth.

Firstly, lack of education serves as the most prevailing issue. According to statistics, female literacy rate in Pakistan is 48% compared with 70% of men and approximately 22.5 million children are out of school, out of which majority is of girls. Secondly, Feudal system plays a major role in hindering women's growth.

By applying certain rules that normally hinder women's rights. Thirdly, child marriages serve as a major part of hindering women's growth. Normally, women's children are given in early marriages just for the sake of some money.

Fourthly, women often face patriarchal society. As, due to this mindset they are normally pushed behind compared to their male counterparts.

Lastly, unconscious Gender Bias also serves as a huge counterproductive tool for women and hinders their growth. These are some of the most common issues that hinder women's growth and make them appear timid.

Though every problem has a solution, now we will discuss all the solutions of these prevailing problems.

Firstly, countering the issue of Lack of education by providing them better education, whether in schools or by home-schooling. Second, by abandoning child marriages because child marriages comes with a huge no of cons affecting women from every domain. Thirdly, removing or reducing Patriarchal mindset by encouraging men's role in supporting women to succeed in every walk of life. Fourthly, removing unconscious gender bias by helping marginalized women become financially independent to support themselves as well as their families. Finally, to break silence over witnessing any sexist remarks against women. Thus, with the help of these solution one can encounter the myth of frailty.

Critically analysing these factors it can be seen that women are considered frail. They are considered frail on the basis of very biased

prevailing social issues or biological reasons, whereas, on the contrary, women are more powerful, ambitious, and successful in the careers they chose. Thus, the myth of women being frail is busted here.

In a nutshell, women were considered frail, but they have accomplishments that busted all the factors that corresponds with ~~it women being frail~~. Even though, women faces more hurdles than man to achieve their goals, yet they managed to overcome everything that comes in their way.

We must shape a world free from exploitation and maltreatment of women. A world in which women have opportunities to rise to the highest level of politics, business, diplomacy, and other spheres of life where there are no battered women. where honor and dignity are protected in war and conflict. where we have economic freedom and independence. where we are equal partners in peace and development.

~ Former Prime Minister
Benazir Bhutto