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Q:1 Why most of us fail in our efforts for self-improvement?

Answers should be 5-7 lines long

Most of us fail in our efforts for self-improvement. ^{this is} because of highly grandiose and energetic plans but never following them consistently.

Q:2. Why is it a basic mistake to announce our resolution to everybody?

It is a basic mistake to announce our resolution to everybody because ~~if~~ one will look insane and irrational if ~~he~~ ^{one} is unable to follow new resolution.

Answer should have at least two sentences.

Q:3. Why did the writer not carry out his ~~on~~ resolution on New Year's Day?

The writer did not carry out his resolution on New Year's ~~day~~ Day because of an overnight party.

Q:4 Find words in the above passage which convey similar meaning to the following:

- 1 Intimidating : announcing
- 2 Peril : pitfalls
- 3 Dwindle : wane
- 4 Repeat : slip back
- 5 Barb : Tibes