PART-II

It is in the temperate countries of northern Europe that the beneficial effects of cold are most manifest. A cold climate seems to stimulate energy by acting as an obstacle. In the face of an insuperable obstacle our energies are numbed by despair; the total absence of obstacles, on the other hand leaves no room for the exercise and training of energy; but a struggle against difficulties that we have a fair hope of over-coming, calls into active operation all our powers. In like manner, while intense cold numbs human energies, and a hot climate affords little motive for exertion, moderate cold seems to have a bracing effect on the human race. In a moderately cold climate man is engaged in an ardnows, but no hopeless struggles and with the inclemency of the weather. He has to build strong houses and procure thick clothes to keep himself warm. To supply fuel for his fires, he must hew down trees and dig coal out of the earth. In the open air, unless he moves quickly, he will suffer pain from the biting wind. Finally, in order to replenish the expenditure of bodily tissue caused by his necessary exertions, he has to procure for himself plenty of nourishing food.

Quite different is the lot of man in the tropics. In the neighbourhood of the equator there is little need of clothes or fire, and it is possible with perfect comfort and no danger to health, to pass the livelong day stretched out on the bare ground beneath the shade of a tree. A very little fruit or vegetable food is required to sustain life under such circumstances, and that little can be obtained without much exertion from the bounteous earth.

We may recognize must the same difference between ourselves at different seasons of the year, as there is between human nature in the tropics and in temperate climes. In hot weather we are generally langual and inclined to take life easily; but when the cold season comes, we find that we are more inclined to vigorous exertion of our minds and bodies.

	DATE://	.114
	Preci 2018: Indent the paragraph. Note preci in 120 words.	
	words.	
	Effects of Climate on Human I'll	
	I I I I I I I I I I I I I I I I I I I	
•	Cold weather has beneficial effect or	the
Extre	people residing in the temperate **	<u>aions</u>
	COCOLLINES ON ANA NUMBER OF	F
	me effect of weather is differen	nt
	on humans in different regions.	9n
	Cold weather, people Lind of H	ard
	to carry out their dasly 10th	
	activities () The	thes
	and use deferent sources (in	
	order to keep themselves wa	XVXX :
	They eat healthy bood to be	
	severity of the weather. On	
	other hand, people who live	1/21
	in the hot region experient	
		rgetic
	and regiuire little sources to	Jene
	keep themselves warm. This inter	Diag
	(produces 10 10 11 1	
	A .	
400	human life. In hot weath like is easy as compared to	ey
	19 007	
	cold climate.	
	Total Words =	
	Avoid cutting. One idea misser Mistakes	16
transfer of the second second second		The second secon

Q.3. Read the following passage carefully and answer the questions given at the end.

The majority of people have always lived simply, and most of humanity still struggles on a daily basis to eke out a meager existence under dire circumstances. Only in affluent industrialized countries do people have the luxury of more goods and services than they need to survive. On the basis of material wealth, North Americans and Europeans should be the happiest people on earth, but according to the 2012 Happy Planet Index (HPI), they are not.) Surprisingly, what had begun as an experimental lifestyle evolved into a quiet revolution that spread the word through books such as Duane Elgin's best-selling Voluntary Simplicity: Toward a Way of Life that is Outwardly Simple, Inwardly Rich (1981), as well as numerous magazines, alternative communities of the like-minded, and, later, Internet websites. Combined with a growing awareness of the environmental consequences of consumerism, (the voluntary 2) simplicity movement sought to reduce the consumption of goods and energy and to minimize one's personal impact on the environment. "Voluntary" denotes a free and conscious choice to make appropriate changes that will enrich life in a deeper, spiritual sense. "Simplicity" refers to the lack of clutter, that is, eliminating all those things, patterns, habits, and ideas that take control of our lives and distract us from our inner selves. However, this is not to be confused with poverty, which is involuntary, degrading, and debilitating. Neither does it mean that people must live on a farm or reject progress or technology, or do without what is necessary for their comfort and welfare. To practice voluntary simplicity, one must differentiate between what one wants (psychological desires) and what one needs (basic requirements of life), and seek a healthy balance that is compatible with both. In a consumer society where advertising bombards us with the message that without this, that, and the other product, we are unsuccessful, undesirable, and unimportant, being clear on what you really need and resisting what you don't can be an ongoing struggle. The beauty of voluntary simplicity is that it is a philosophy, and not a dogma. How one goes about it depends on individual character, cultural background, and climate. For this, three Rs (i.e., Reduce, Recycle & Reuse) represent the best way to get a handle on rampant consumerism. (In economies driven by the quest for ever more, living with less is erroneously equated with poverty and social inferiority By conserving energy, for instance, you are actually ensuring that more resources are available for future use. By making a frugal budget and sticking to it, you can eliminate unnecessary expenses. Recycling paper, metal, plastic, and glass and reusing building materials and old clothing keep. materials in the loop and out of landfills. Pooling skills and resources through barter networks not only saves money, but sharing with others establishes bonds and fosters a sense of community. With the glut of cheap goods that are usually designed for obsolescence, quality products that last are becoming progressively harder to find. In the long run, a more expensive but durable and repairable item or even an older used item that is still in good condition is a better investment than a brand new piece of junk that will only break down and end up in the trash. Thus, at the heart of voluntary simplicity is the conscious realization that less is really more. Less consumption means more resources for future generations. Less activity that brings little satisfaction or reward is more time for yourself and your loved ones. Less stuff is more space to move around in. Less stress means more relaxation and better health/Less worry provides more enjoyment and more fulfillment in life.

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	DATE://
	Reading Comprehension (CSS 2023)
Q:1	How important is happiness to most people,
	and what is the relationship between
	malerial wealth and happiness?
Ans:	Most of the people consider material
- 100	Most of the people consider material pursuits as their ultimate source of happiness in the realm of this
	consumeristic society. Furthermore, the.
	relationship between material wealth
	and happiness is that material
	aspects does not quarentee happiness.
	In order to elucidate, many western
	countries should be the happiest countries
	in terms of material wealth but
	it is not true.
	1) - Joseph W. (1) - Alexandra (1) - (1)
Q: 2	How does the author characterize
	10 7 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
	The concept of Voluntary Simplicity,
Ans:	1
9	01
	10 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	11 0 1 1 0 1 1 0 1 1 1
	Tall those unnecessary desires that - lake away our peace in thurst
	of getting more and more.
ent of the soul	of getting more and more.
(2)	What impact is beared by the
4:5	marian impaci s

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growing consumerism of modern society?
Ans: The growing consumerism of modern
society impacts our life in a way
that we assume that our life
is incomplete and we do not
become a civilized and successful member
of a society without material luxuries.
This leads toward more competition.
more stress and more dispair among.
people in the society
Q:4 What influences make it difficult
for people to reduce their consumption
patterns ?
Ans: The influences that make it difficult
for people to reduce their consumption
patterns are the sense of poverty
patterns are the sense of poverty if they start living a simple
life. Furthermore, the pear that
people will consider them interior
in terms of financial status
if they follow the pattern of
voluntary simplicity.
Q:5 What are the challenges and rewards
of voluntary simplicity?
Ans: the challenges of voluntary simplicity
include the lack of ability to different
tiate between desires and wants.
The quest of getting more and

DATE: in more consumeristic society Furthermore, includ rewards satis inner Stress and anxiet sonse and happiness acquartes one on patterns ollowing one simpl Spiritua ment peace.

	DATE://	
Q:	Punctuate the following.	
(a)	and the second s	
	While taking a map on the porch,	
	one hot summer day, Hodga dreamed that a stranger promised to give him ten pieces of and to	
	that a stranger promised to give	
	DIECES GI GOVA . Ina Stran	ger
	Them in hodges hand	
	10/16 10/1 000	
	the tenth piece which he hesitate	ed.
	the tenth piece which he hesitate to give him. Come on What are you waiting for " said hodge for you promised me ten" Tust	<i>y</i>
	use you waiting for " said hodg	a.
-		
•	then, he woke up, he immed	ately
	looked at his hand and saw	. 0
	shut his ours empty. He quick	cly .
	that it was empty. He quick shut his eyes, again stret out his hand, and said,	ched
esot 171	of All right 1 9'll settle for mine	29
11	of All right! 9'll settle or mine	24
Q:	Fill in the blanks with appropri	ate
(6)	prepositions.	
1	The neighbours came into my hous	0
	J 1 1) J	ouse.
. a -	She sat under the shade of	the
	tree.	
3_	The moon does not shine with	4
	own light.	
4_	The burglar jumped off the	
	compound wall.	
5-	She entered into an agreement	
CONTRACTOR AND ADDRESS OF THE PARTY OF THE P		140

	Correction of Errors.
1	His knowledge of A
	His knowledge of languages and international relations aid him in his work. His knowledge of languages
	His knowledge of 1
	sitaline aid to the stand international
. 2	The ambassador, with his family and staff. invite you to a reception at the embassy on Tuesday afternoon.
	invite you to a leadily and state.
	on Tuesday afternoon.
	The ambawador will be A
	The ambassador, with his Jamily and stapp,
	invites you to a reception at the embassy on Tuesday afternoon.
. 3	This year I all telloon.
	This year, he will sit in the CSS examination.
	This year, he will appear for the CSS examination. Cramination.
4-	The Chief Executive will let us know whether
	The can oftend in
	The Chief Executive will let us know whether
	or not he can attend the meeting.
5-	When he came back from vacation, Aslam.
	and me plan to look for another
	apartment.
	When he came back from vacation, Aslam and
	I plan to look for another apartment.
-	It some of you make a noise, they
	shall be punished.
	If some of you make a noise, they
	shall be punished:
7-	He came to me to enquire what is the
	salary attached to the appointment.
	He came to me to enquire about the
	The second secon

•	DATE://	
	salary attached to the appointment	- 19 M 10 M 10 M 10 M 10
Viii -	I am too tired that I do not hunt	7
	words and idioms in my English boo	e.
	I am too fixed that I cannot	
	hunt words and idioms in my Englis	U .
	book	
D •.	100 The second harmonic and the second	
9.	Use pair of words in sentence	5 8
1-	Antic: silly Act.	
•	You should be matured now become	use
	your priends do not like your	
espirate and the second	antic behaviour anymore.	
	Antique: Old and valueable this She does not like modern jewe	ngs
	because of the allesting to	Mary
	because of her affection towards antique	U
	arright	
2-	Draught: A current of cool air in	a
	room or other confined place.	
	The severity of weather decreases	iη
	the desert after gentle draugh	+
	starts blowing.	
		of water
	Drought: Low rainfall leading to short	orge 1
	people are dying especially child	en
	people are dying especially child because of the prolonged drow	ght.
	a design and the second of	
. 3-	Quaint: Unusual or old pashioned	•
	People Sasa's friends do not	
		STATE OF THE PARTY

	DATE:/	n
	admire , dressing style because of her	
A. Santa	quaint collection and choice.	4,000
- 4	Queer: Strange or odd.	
	She looks alike a queer af	es
	wearing top and skirt in trad	itiona
	village.	
		L _ , d
9_	Momentary: Lasting for a very s period of time.	nov I
	period of time.	701
•	The arrival of the guest spea	rev.
1.50	who were waiting for a long time	erices
	who were warring for a long .Th	r)e.
	Momentous: of great importance	OY.
	Significance:	
	China-Pakistan Economic Corridor h	olds
	momentous position not only of	CY
4-5-6	momentous position not only of pakistan but also for the enti	re
	South-Asian region-	
	U	
5-	Compliment: Praise or admiration.	100
	The manager complimented her en	ployee
1000	for exceptional performance in the	e
-	projed	
		10
	Complement: Something that goes	well
	with something else.	75
	His thick pitch of voice	
	complemented well with his	
	provoking speech.	(E, 92)

DATE://	
Eminent: Famous and respected.	- T
Mary Mollstonecoaft was an emi- feminist who worked for the	nent.
empowerment of women and 11 emancipation.	reis.
Imminent: About to happen.	1967
Revolutions might be imminent those countries which are expe	in
the political instability.	diericing
vii-Faint: Lacking strength or class	.
He got painted after hearing	U
the got bainted after hearing the news of her brother's der	rise.
Feint: A deceptive or prentended &	blows
His last beinted move was	2
after that he won the title.	/
Vill- Immigrant: Someone entering a countr	y .
She got enthusiastic after she	0
found her brother in the list	-
of immigrants.	
· Emigrant: A person who is leav	îra.
their home country.	ď
An increase in the number of	
emigrants is a proof about the	
bad economic condition of the c	ountry.

(10) Translate the following into English by keeping in view figurative/idiomatic expressions. (10) بزرگ نے بنایا کہ جنگل کے پار ایک پہاڑ ہے جہاں وزہ پھول اُگتا ہے جس کی خوشبو سے آنکھوں کی کھوئی ہوئی روشنی لوٹ آتی ہے ،مگر پہاڑ بہت بلند ہے اور اس پر بے شمار چٹانیں ہیں ،کانٹے دار جھاڑیاں ہیں اور بڑے بڑے پتھر ہیں جو راستہ روک لیتے ہیں ۔ اِس پہاڑ پر جانے کے لیے کئی لوگ آئے اور چلےگئے مگر ایسا کو ئی شخص نہیں آیا جو پھول تک پہنچا ہو۔ شاید اِسی لیے دُنیا میں دُکھ اور تکلیف ہے اور انسان روشنی کی تلاش میں ہے۔

Page 2 of 2

Q:	Translate the passage.	
C	1 0	
	The old man inform that there is	
	a mountain across jungle where	
	that flower grows which smell	-
	restore the & vision of eyes.	
	that flower grows which smell restore the grision of eyes. However, that mountain is so	
	tall and it consists of various	
	rocks, shrubs and huge stones	
	that block the pathway. Many	1
	people have tried to scale the	
	mountain but no one gain acce	,
	to that plower probably, this i	103
	the reason of sorrows and miser in the world and man is in	<u>~</u>
	search of light.	
•	Search of 1910	
		- 25 (10)
		(10° A to