

What are different forms of gender based violence and in your opinion, what could be the workable strategies to eliminate gender based violence from Pakistani society.

## INTRODUCTION

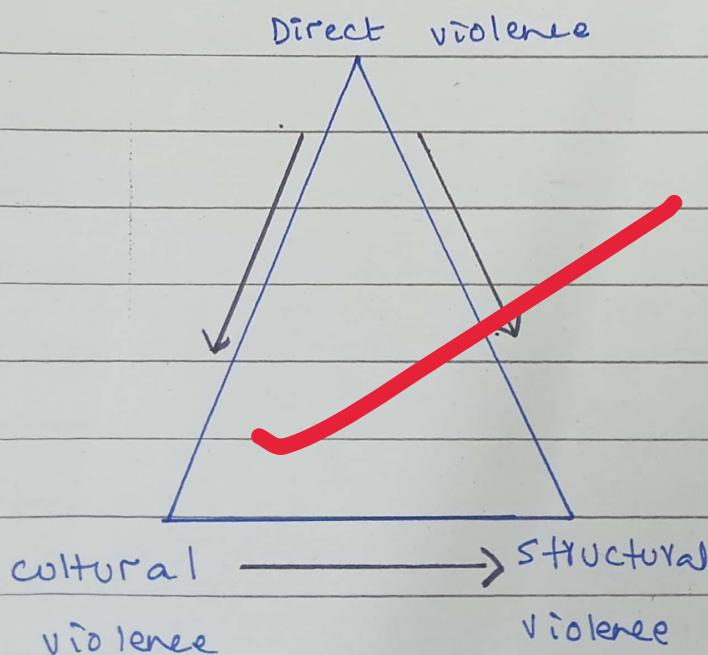
Gender based violence (GBV) is defined as a type of violence that is directed against a person because of his / her gender. John Galtung in his research paper Violence, peace and peace research accentuates that the major victim of GBV is women. He also highlights the various forms of Gender based violence that includes direct violence, structural and cultural violence. However, the problem of Gender based violence can be resolved by creating

awareness, improving the law and order condition, and empowering the women.

## 2. Forms of Gender Based violence

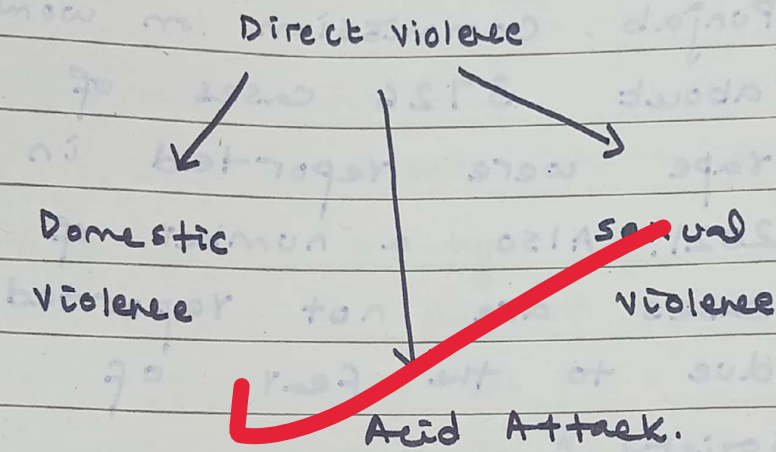
### 2a. The violence Triangle

John Galtung highlights the three form of violence, i.e the direct violence, cultural violence and violence. All these forms are inter related as one can legitimize the other two.



2a.i Direct form of violence

This type of violence is a direct violence. It is a direct relation between perpetrator and the victim.



Domestic violence :

In domestic violence women are physically abused by their husbands or family members.

"About 45% women in Pakistan are the victim of domestic violence"

- PDHS report



### Sexual Violence

In sexual violence the individual is harmed sexually which includes rape and murder.

"As per the report of Punjab Commission on women, about 3726 cases of rape were reported in 2021. Also a number of cases are not reported due to the fear of society."

### Acid Attack

Acid attack is another type of domestic violence. It is used to disfigure the victim often a form of revenge or punishment for perceived disobedience.

"Fakhra Younas, a victim of Acid Attack committed

Suicide after 36 surgical operations"

2a-ii Cultural Violence

Cultural violence is a type of violence in which certain beliefs and ideas are the cause of violence.

Cultural violence

child marriage

honor killing

Honor Killing

A type of violence in which women are killed in the name of honor.

"In 2016, Gaudel Baloch was killed by her brother in the name of honor."

Child Marriage

Forced and early marriages of girls because

of the belief that women are responsible only for the house chores.

About 12 million girls are married before the age of 18.

-UNICEF report.

2a (iii) Structural Violence

Structural violence is a type of violence that results due to the inculcated injustice and exploitation into a system that generates wealth in such a way making rich and poverty for many.

Structural Violence

Health

Disparity

Education  
disparity



### Education disparity

unequal opportu-  
ities for boys and girls is  
a type of structural violence

31 million girls are out of  
school in Pakistan.

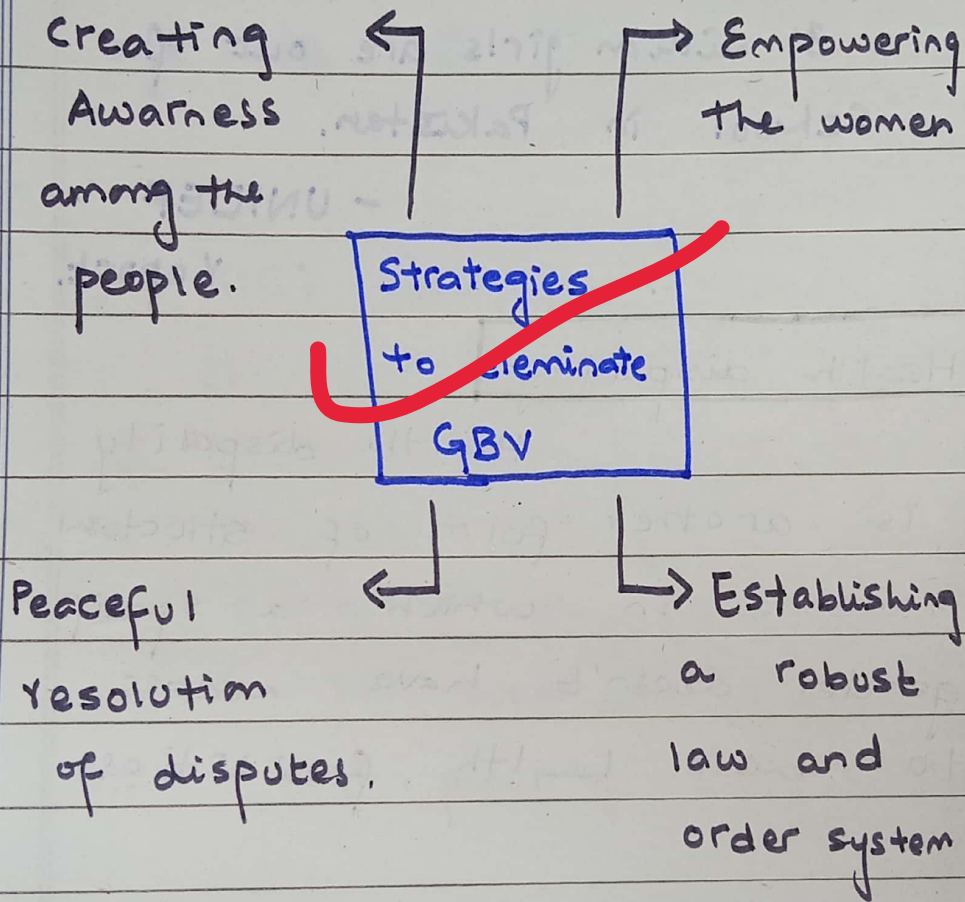
- UNICEF  
Report.

### Health disparity

Health disparity  
is another form of structural  
violence in which a specific  
gender doesn't have access  
to basic health facilities.

As per UNICEF Report,  
over 50% of Pakistani  
women face barriers to  
accessing health services,  
including financial constraints,  
lack of transportation and  
the need for male permission.

### 3. STRATEGIES TO ELEMIMATE GENDER BASED VIOLENCE



#### 3a - Creating awareness among the people

In order to combat gender based violence the primary solution is creating awareness among the people about the role and importance



of women in the society

"white Ribbon Campaign was used to create awareness among the people. A global movement of men and boys to end violence against women and girls."

Similar campaigns in Pakistan can create a substantial difference in the dilapidated structure of the society

### 3b- Empowering the women

Another step that can be taken in order to combat the Gender based violence is empowerment of women. It is said,

"The men who battered women were mentally ill and women who remained in such relation were also

mentally ill."

This accentuates the importance of women empowerment in the patriarchal society. women must be provided with equal opportunities in politics and other sphere.

"Aurat March in Pakistan"

is an example of a move towards the empowerment of women."

3c- Establishing a robust law and order system

Subsequently, there is a dire need to create strong law and order system. The Robust law and order system will create deterrence against Gender based violence. For example, specifying age limit for marriage will help avoid early marriages.



### 3d- Peaceful Resolution of disputes.

Gender based violence is often rooted in unequal power relations between men and women. Peaceful resolution of dispute encourages equitable participation. It will ensure that women are not passive victims but active participants in the resolution process.

### 4. Conclusion

In a nutshell, Gender based violence occurs in numerous forms including Direct violence, cultural violence, and structural violence. However, the problem can be resolved by creating awareness among the people, empowering the women and establishing

**Good attempt!!**



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a robust law and order  
system, *3d - peaceful resolution*

*dispute.*

*peaceful resolution*

*after arbitration procedure*

*peaceful resolution*

*peaceful resolution*