

## Title: The Effects Of Climate on Human Energies

The beneficial effects of cold are most obvious in temperate countries. In intense cold climate, the energies of people are lowered down. Also, in a hot climate, there is a little energy. Whereas, in a moderately cold climate, the most energetic effects of climate are obvious on humans. The moderately cold climate makes a person hardworker. He is engaged in continuous arduous struggle to provide for a living. He has to look after all the necessary things to sustain life. On the contrary, the life in the tropic is quite different. Unlike equator, man needs a little effort to sustain life in tropics. The writer believes that, just like humans at temperate and hot tropical climes, one must recognize the same difference between oneself at different seasons.

In hot <sup>weather</sup> climate, people take life easy. whereas, in cold weather, people are engaged in continuous activities involving mind and body.

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