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Q:1 Why most of us fail in our efforts for self-improvement?

Most of us fail in our efforts for self-improvement. <sup>this is</sup> because of highly grandiose and energetic plans but never following them consistently.

Q:2. Why is it a basic mistake to announce our resolution to everybody?

It is a basic mistake to announce our resolution to everybody because ~~if~~ one will look insane and irrational if he is unable to follow new resolution.

Q:3. Why did the writer not carry out his ~~on~~ resolution on New Year's Day?

Writer did not carry out his resolution on New Year's ~~day~~ Day because of an overnight party.

Q:4 Find words in the above passage which convey similar meaning to the following:

1 Intimidating : announcing

2 Peril :

3 Dwindle :

pitfalls

wave

4 Repeat : slip back

5 Barb : Tiber