

English Precise Practice

The Persistence of Bad Habits

Bad habits like, overconsumption of food, tea, and smoking are addictive in nature. The negative implication of these habits require exertion of control. Overdoing any activity is unrecommended. Prudent men understand the consequences of bad habits, and focus on eliminating them. However, the consumption of tobacco has spread globally and eliminating its consumption is arduous. Tea consumption is similar; the US has restricted production and consumption of tea, but its consumption remains a norm in Pakistan despite ^{its} adverse impacts on human body.

Words: 83