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FEDERAL PUBLIC SERVICE COMMISSION  
COMPETITIVE EXAMINATION FOR  
RECRUITMENT TO POSTS IN BPS-17 UNDER  
THE FEDERAL GOVERNMENT, 2004

ENGLISH (Précis & Composition)

TIME ALLOWED: 3 HOURS.....Maximum Marks: 100

Q1. Make a precis of the given passage and suggest a suitable heading:

We're dealing with a very dramatic and very fundamental paradigm shift here. You may try to lubricate your social interactions with personality techniques and skills, but in the process, you may truncate the vital character base. You can't have the fruits without the roots. It's the principle of sequencing: Private victory precedes Public Victory. Self-mastery and self-discipline are the foundation of good relationship with others. Some people say that you have to like yourself before you can like others. I think that idea has merit but if you don't know yourself, if you don't control yourself, if you don't have mastery over yourself, it's very hard to like yourself, except in some short-term, psych-up, superficial way. Real self-respect comes from dominion over self from true independence. Independence is an achievement. Interdependence is a choice only independent people can make. Unless we are willing to achieve real independence, it's foolish to try to develop human relations skills. We might try. We might even have some degree of success when the sun is shining. But when the difficult times come - and they will - We won't have the foundation to keep things together. The most important ingredient we put into any relationship is not what we say or what we do, but what we are. And if our words and our actions come from superficial human relations techniques (the Personality Ethic) rather than from our own inner core (the character Ethic), others will sense that duplicity. We simply won't be able to create and sustain the foundation necessary for effective interdependence. The techniques and skills that really make a difference in human interaction are the ones that almost naturally flow from a truly independent character. So the place to begin building any relationship is inside ourselves, inside our Circle of Influence, our own character. As we become independent - Proactive, centered in correct principles, value driven and able to organize and execute around the priorities in our life with integrity - we then can choose to become interdependent - capable of building rich, enduring, highly productive relationships with other people.

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## Self-Mastery: The Foundation of Good Relationship

The writer says that self-mastery and self-discipline are important for maintaining good relationships with others.

If a person does not know and control himself, it will be difficult for him to like himself in true sense. Because, self respect comes from independence.

Unless independence is achieved, human relations should not be developed as it would be temporary. The essential requirements for a relationship are inner values not superficial character. Because, people recognize the duplicity in character if actions and words do not resonate with core values. Thus, independence comes from inner core. Once independence is achieved, one can choose to become inter-dependent to foster good relations with others.

Word Count: 350  
Pages: 1/6