Day: 1\_\_\_\_\_1202 "Future Of Humanity: Envisioning A World Centered On Human Rights" Outline: 1- Introduction Thesis statement: Human rights can be ensured in 2 future world through inclusive economy, democratic institution, reducing disparity, climate justice and digital equality; however, multidimentional factors have hampered equal provision of human sights, encompassing global power concentration and comption. The concerted efforts of global community, civil society and individuals can pave the way towards equitable future for humpity. 2- How Can A Future World Be Idealized Based On Human Rights 22- Reducing poverty through inclusive economy Universal Bayic Income trials in Finland

\_1\_\_\_1202 Day: 2 26- Ancreasing participation through democratizing institutions Human Development Index Report 2c - Fostering equality of all individuals regardless of gerder, race indultures · Digital activism 2d - Amplifying equal seless to education and healthcor • AI tools 2e- Balstering climate jutice COP28 2f - Augmenting digital equality · India's Digital Andia Initiative 2018 29- Promoting equal provision of justice · Case study of (Enzda's justice system 26- Freedom of practicing religion . Netherland's interfaith based curricula 3- Hurdles In The Way Of Safeguarding Human Rights Ley march 1 1 3a Global power dynamics and National Interests · US ison-clad support in Israel's genocidal was in Gaza

Day:\_\_\_ \_\_\_\_/202 36- Rising cultural relativism · Hidebound cultural normy in Pakistan 3c- Rompant comption · CPI Indea Report 3d - concentration of power and wealth in few hards · Economic Inequality Index Future Pathways To Make A world 4-Focused On Human Rights 42- Strengthening international frameworks and cooperation to address global issues. 46- Promote education to empower individuall of societies 4c- Empower youth to secure nights · Sweelish Fridays For Future Movement 5- Applying Theoretical Paradigm To The Topic, Theory Of change By The Robert Lakey . DS isom- di support in Isnal's 6- Conclusion

\_\_\_\_/202 Day: "Future Of Humanity: Envisioning A World Centered On Human Rights" Human nights are the roots of a vest, growing tree. The deeper they reach, the stronger the branches of equality, freedom and justice stretch toward the sky. Historical events of wars and conflicts provide a guiding light how trampling human rights can turn the countries into the stone age. Therefore, in the contemportary world, states are more focused on safeguarding human right. Multiple steps here been taken on global level to ensure the provision of equal human rights to everyone. Undersably, the future of humans will be bright only by focusing on the disburgement of equal economic, social, political, technological and environmental rights. It needs to be explored how fullie of humansty

Day:\_\_ \_\_\_\_/202 can be centered on human nights. Undoubtedly, human rights can be ensured in a future world through inclusive economy, democratic institutions reducing disparity, elimate justice and digital equality; however, multidimentional factors have hampered equal provision of human sights, encompassing global power concentration and comption. The concerted efforts of global community, civil society and individuals can pave the way towards equitable future for humanity. As Kofi Aman, Former UN Secretary General, emphasized about human sights as Human rights are the foundation of human existence and coexistence. Human rights are what make us humans. las barpalandast , lealti that alterna the stapic lationas In althe unor Jurole me

1\_\_\_\_\_ /202 Day:\_ Social Justice Is Rooted In Cultural Values And Reinforced By Legal Safeguards" Outline: 1- Introduction Thesis statement: Shared cultural beliefs of different societies shape their social justice, enforcing harmony, peace and equality in society, which is further secured by lawy of each country such as laws regarding discrimination based on gender, caste and nice. However, some cultural values dismantle social justice, which requires collective effort of government, community and individuals to curtail. 2- How Is Social Justice Engraved In Cultural Values? 2a - Maintenance of social solidarity through collective assurance of prosperity · Confucian Ren in China and Japan

Day: \_/202 Social system of distribution of 26wealth from rich to poor · Islamic culture of Zakat and charty Collective Responsibility of maintainf 20peace in society · Africas' TRC based on Ubuntu 2d - Protection of individual right of freedom · Western freditional liberal values 2e- Social movements to secure right of marginalized communities based on cultural volves · Civil Right Movement in US 3- How Some Cultural Values Lead To Social Stratification? 3a- Hidebound cultural rorms . Honour Killing, customary law 36- Caste based discrimination · Dality in godia 3c - Segregration of cociety based on racial discrimination · African-American culture

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	Day: 3
4-	How is Social Justice Supported
	By Legal Protections?
	4a - Protection of women apainst
	gender-based violoners
	• The Protection of Women Act 2006
	46- Lewy to mitigate paste-based
	discrimination
<u>04</u>	· Andia's Affirmative Action for Dallits
	4c- Lawy to curb gacial discrimination
	· America's Civil Rights Act of 1964
	Yd- Lawy to propess freedom of religion
	· Asticle 20 in Pakistan, Astidets
	in India
	4e - Laws to protect children against
	child merrieges and child lebour
	· Pakistan's Child Mamage Restraint
	ACT 2019
	- moidebast , man algibility provod
5-	How Can Cultural Values Be Aligned
	With State Laws?
	5a- Cultural seinterpretation through
	Keligious and traditional Reader
	Sb Greduel legal reform with cultural
	sensitivity

Day: \_1\_\_\_1202 5c- Public swareness and education 6- (onclusion 15. 91.000 Social Justice Is Rooted In Culture! Values And Reinforced By Legal Sofequards Cultural values are the invisible threads that weave through the fabric of any society, giving it Strength and form However, it is the law that hems the edges, ensuring that no one is left freyed or forgotten in the pusuit of equality. Different societies have different cultures, having multiple norms, treatitions, religion and belief system. It reflects that cultural selativism exists across the globe defining social justice according to their cultural values. Nevertheless, universal human nights are midely accepted

\_1\_\_\_1202 Day:. es standard foundation on the basis of which social justice is measured Therefore, some cultural values one a threat to social justice and averye to state laws. It needs to be explored in defail how cultural values enjure social justice and constitutional laws secure social equality. Moreover, analysis of different cultures normy needs to be dong Indeed, shared cultural beliefs of different societies shape their social justice, enforcing harmony, peace and equality in society, which is further secured by lawy of each country such as lawy reparding discrimination based on gender, coute and race. Momener, some eultural velues dismantle social justice, which repuises conective effort of government, community and individuals to custal. As Mestin Luther King Jr. rightly said: "Injustice anywhere is a threat to justice everywhere"

/\_\_\_/202 "Minorities And Diversity In Pakistan: Making Pakiston Inclusive Outline: 1- Introduction Thesis statement: The path to making Palcistan inclusive is fraught with formialable challenges, ranging from religions intolerance and weak legal enforcement to regional disparity and commuption. Addressing these issues requires multifaced approach, involving Strengthening legal framework, economic inclusion, interfeith and cultural outane Hundles In The Way Of Making 2-Pakistan Inclusive For Minorities 2a - Rising seligious intolerance and Sectarian violence · Swat's Mady an incidence of a lynching mob 26- Deep: sected societal projunices · Deep Kiran Rzijani's daughter school incident

Day: 2 \_1\_\_\_1202 2c- Facing difficulty in access to guality education and jobs · Poor education infrastructure, discrimination in hiring jobs 2d- Failure in implementation of laws to protect monthes Article 36 and 20 Measures How To Overcome Challenges And Pare The Way For Inclusivity of Minorities? 3a- Promote interfaith harmony by including their curriculum in stucction · Case Study of Netherland's Interfaith program in schools 36. Promote positive representation of minorities in meinstream media 3c- Improve education infrastructure in stess in babited by minorities and establish financial aid program to support minority entrepreneurs · Example of USA and Brazil 3d- Strengthen legal enforcement and stringent implementation of enti- discriminatory lew

3 Day:. \_1\_\_\_1202 3- Hurdles In The Way of Making Pakinton Inclusive with Diversity 30- Ancreasing Regional disparity · Current Baluchistan Crisis 36- Unepual distribution of national resources to all province · UNDP Report 3c - Rampant commuption in Pakister · Transparency International Report 2023 3d- Political dynasty and weak local governments · Palaistan A Mard Country by Anatol Lieven Interesting program in 1 4- Way To Curtail Impediments In the way of Making Pakistan Inclusive For Diverse Cultures 48- Ancreage Marginalized provinces representation in national allembly 46- Strengthen National Finance Commission Award to ensure equitable financial ellocation 4c- Ensure the independence of

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1.14	anti-commuption exercises, judicizy
	and low enforcement spencies
	of lawy to empower local governments
	• Article 140A of 18th Amendment
5- (	onclusion
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S Minorities And Diversity In Pakiston. Making Pakistan Inclusive Imagine a symptomy where every instrument plays its post; without each note, the music falls flat. Similarly, Pakistan is a tepestoy sich with roysiand cultures, seligion and languages. The strength of Pakistan lies in its ability to harmonize the diverse volces of its minorities and different cultures Without indusivity and unity in diversity, Pakistan would lose it national identity and strength Indeed, unsurmountable challenges impede inclusivity of minorities and cultures in Pakistern However, with holistic and comprehensive approach, the country can gosily surpays these stumbling blocks. To understand the hundles in way of making Palcistan inclusive, one needs to delve deep to

6 Day:\_ understand the issues at grassroot level sertainly, the path to making Pakistan inclusive is fraught with formidable challenges, ranging from religions intolerance and weak legal enforcement to regional disperity and comuption Addressing these issues kequires multifaceted approach, involving strengthening legal frameworks economic inclusions interfailty and cultural exchange AS 1. H. Qureshi, Author of A History of the Peoples of Pakistan', emphasized the importance of diversity in Patistanes: "The sich mosaic of Pakistan's peoples holds the potential for unity in diversity. The future of Pakistan lies in recognizing this diversity of a Source of Strength

-1202 Gjender Equality And Feminism In Pakistan: Triumphs And Tribulations Outline: 1- Introduction Thesis statement: The struggle for gender equality and feminism in Pakistan has made significant strides, involving legal reforms, political participation, economic inclusion and healthcare awareness; however, persistent challenges Kesist gender parity in Pakistan such às traditional norms, morenary lawy, partriarchel structure and weak legal enforcement. To address these issues, concerted effortion government, law enforcement agencies and civil society in required 2- Historical Analysis Of Struggles Of Feminist Activists For Gender Equality In Pakistan · APWA, WAF, Aurat March; Metoo Movement

Day: \_1\_\_\_\_1202 3- Successes In Achieving Gender Parity And Feminism In Pakistan 3a - Eractment of law regarding gender-based violence: · Domest Wolence Bill, Anti-Rape Ordinance 2020 grocessed female voter for out 36-· Participation of women in elector process 2024 Fostered political representation 3cin legislature · Article 51 3d - Bolstered participation of women in the workforce · Asian Development Bank Report Changed people mindet about 3egendered toles in leadership · Marjan Nawaz as first female (M, Justice Ayesha Malikay first chief Juilte 3.f- Rising zwereness about healthcare of mando · Lody Health worker Programe

\_/\_\_\_/202 Day: 4\_ Challenges In Acquiring Gender Equality And Feminism In Pariston 42- Hidebound cultural normy and conformity to traditional vula · Shermeen Obsid Chinoy Documentary 46- Customary Dawy override legal frame works · Parallel Jaw of Vani 4c- Tokenism and patriarchal structure in politics · Pakistan A Hard (ountry by Anato Leiven 4d-Glauceiling in institutional frameworks of Patister · Mireya Vilar (ompte research Misogynistic attitude of society yetowards women · Labore Ichraa bazar incident Loopholes in legal enforcement yf-5- Way Forward To Accomplish Gender Parity In Pakiston bodies sa- Strengthen law enforcement body for robust implementation of Row · case study of Rwanda

Day:\_ 4 Sb- Use media to spread awarenew and education about women rights Sc- Empower women economically to challenge traditional norm · example of Malaysia and Bangladesh 6- Condition andressife herencichers & sasteutituri ashidal 20 amarine P. ptained to aportity. 1 the mon star BW Incoust Lappinder in te wan horsered to Acome to balled in the formation martin manufitaning Home and the it had not so the

\_\_\_\_\_\_ /202 Day:. 5 Gender Equality And Feminism In Pakistan: Tsjumphy And Tribulations" Feminism in Pakistan has navigated complex socio-political landscapes, marked by periods of thumph and setback. Since the inception of Pakistan; prominent female lezders have fought for securing women's rights. They established organization and pletformy to raise voice against gender apartheid in Pakister. Therefore, the relentless efforts of ferninist activists have gradually adained significant women's nights, which reduced gender inequality to some extent in Patistan. However, the possistent resistance against gender equality is a roadblock to achieve complete gender equality and feminism. A comprehensive exploration of the triumphy and tribulations of gender equality in Pakistan is esucial. Indeed, The struggle for

6 Day:. \_1\_\_\_\_1202 gender equality and feminism in Pakistan has made significant strides, Involving legal reforms, political participation; economic inclusion and healthcare awareness; howevers pensistent chellenges resist gender perity in Pakisten such as traditional norms, customary lawy, patriarchel Structure and weak legal enforcement To address these issues, concerted effort of government, law enforcement apencies and civil society is septired. AS Queid-i-Azam Muhammed Alli Jinnah also emphasized on the importance of women's rights 21: "There are two powers in the world, one is sword and other is pen; there is a third power greater than both, that of women. Overall, these are fine attempts Keep practicing on different themes to bring further maturity in your arguments/writing