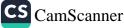
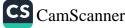
_/202 Day: Pe: The Greatest ving Force z try to substantiale your introduction <u>1</u>e 1. Introductio 2. The Role of Hope in personal Motivation as The link between hope resilience (Helen Keller (USA) n future also send introduction paragraph Personal challenges (Nelson Manua) Hope as a Cource of 3. *dversity* as flope during heraships (Mahatma Condhi) Pertinent 4. Psychological Impact ogramples good Hope on Mental Health (Franklin D. Roosevelt)



_/202 Influence of flope on. Social and collective 4. Movements a) Hope as the impe unit communities (Martin Luther King by Role 07 hope in inspiring social Change (cisar chavez. C) Countries with hope-driven movemer (South Agrica and Independence 62 India) 5. Hope and its connection to vision and purpose as flope as a key elment in achieving setting purpose (instein) Alber



_/202 Day:. Role hope 6) 07 sclaining long-ferm goals Countries driver progress apan after world war 6. Hope in philosphy and Religion (1) philosphilal perspectives enistentialism optimism Soren Kierkegaard) by Religious teachings about hope (Islams christianity Buddhism Mope Vs Despai +. r: The Fine ine Diggerentiating between realistic (1) hope and blind optimism he US's Apolto 11 mission



Day: _/202 Consequences of rope losing and Jalling into despair [legreal Depression (USA)] Hope helps individuals maintain () perspective and prevent burnout (Malala Jourazzai) Conclusion 8.

