	//202 Day:	4
	Driving Force	
	Q1/3	
,	Outline Introduction	
The state of the state of the state of	The Role of Hope in personal	
	Molivation i have a outline	ready gone through th
(a)	The link between hope and	
	resilience (Helen Keller (USA)	
<u>b)</u>	Role of hope in overcoming personal challenges (Nelson Manie	
3,	flope as a Source 02 street	:14
Control of the contro	Adversity	
as	Hope during herdships (Mahatma ezandhi)	
4.	Psychological Impact 07	
	Hope on Mental Health (Franklin D. Roosevelt)	
B	(Franklin D. Roosevelt)	

4.	Inquence of flope on Social and collective
	Social and collective
	Movements
a	Hope as thea rope to unite
	communities
	(Martin When King Jr.)
	Colored in the six is
b)_	Role 07 hope in inspiring social
	Change prophet
	(prophetchavez (prophet (S.A.VI)
<u>()</u>	Countries with hope-driven
	movements:
	(South Azrica and
	Independence 02 India)
5.	Hope and Its connection
	to vision and purpose
as	flope as a key element in
	setting goals and achieving
	purpose
	(Albert Einstein)

	//202
_62	Role of hope in sustaining
	long-term goals
()	countries driver by hope for
	Juture progress
	(Japan after world war
	II)
<u>b</u> -	Hope in philosphy and
	Religion
(1)	philosphical perspectives on tope
	( enistentialism soptimism)
	(Soren Kierkegaard)
b)	Religious teachings about hope
	(Islams christianity)
	Budhism
7.	Mope Vs Despair: The Fine
	Line
as	
	Thope and blind optimism
	(The Us's Apollo 11 mission)

•	//202 Day:	
b	consequences or losing hope	
	consequences of losing hope and Jalling into despair  [egreal Depression (USA)	
	[Great Depression (USA)	7
9.	Conclusion	
	Concussion	
*		
		A A Marian
16		
,		
		1777.000.2

Hope, the most ingluential
driving zones that has listed -
numerous individuals and
we done well explosition sentences good the depths
or planess to the
illuminous top of prosperious
and progressive civilization flop
and progressive civilization flope  1's playing the role of a
rope that has ted up
all the essential components
of the life. In other words -
hope is the veil between -
lize and death where there -
is hope, there is lize but -
as soon as hope is lost,
lize will be engulzed in
the embrace of cleath. It is
avoid such meaningles sentences or ever wish zul
thinking flope ignites ambitions -

	//202 Day:	
	and empowers individuals	
	to break the shackles 07	
	slavery and hardships to	
	achieve the cume of	
	success and pleasure 07	
	happiness. Throughout history	
	hope has chriven people to	
	achieve entrapyclinary zeals, podservouse through adversity,	
•	and unite for common	
	couses. From leaders who	
	transpormed nations to	
	individuals who emerged	
	victorious as they overcame	
continuity of	immense odd In a world	
continuity of	your expressints fine with uncertainity	1
	a better jutures inspiring	
	resillience, and enduring	
	TESTITUTE CITAL ELICITETITY	

	/202		Day:	
Jait	n that les	e ahad	July John	
		begin w		
hope	Plays Su		A XX	
in	personal (	motivati	on There	
	strong li		to a file of the second	
	resilien			
Pro	vides stre	ngth an	d coverge	
lo	persevere.	flope	is the	
	e being a	apable	lo revive	
the	hero wi	thin even	of indivi-	- 9
	Helen K			
,	best dezi		trong	
	rection be		rope	
need imporvement in wo			Torf.	
hex	sight of	un heavir	ny at	
	sal Agan	e ages	- Lad	
Still	catch the	L. I	Dett	
10	and sh		la La	
hop	Jana Si	x gurceo	reci. She	

	//202 Day:	
	, despite hex discubilities, raised	
	her voice for public, and	
	proved that the link	
	between hope and resilience	
	is unbreakable putting it	
	role in personal motivation	
	which becomes as meaning-	
	Jul source or lize.	
	Similarlys hope has	
	CLSO CI Very replicated it hopr has always proven movercoming the personal challanges	ore effective w
	challenges. It provides	
•	charenges. charage to	
	get out from harsh	
	Challenges flope paves	
	ways you & bright and	
	he examplies through the	

overcome

\_/202 the insurmountable challenge challenges exempliquing the independence remained insurmountable.

//202 Day:	
and reassuring words; he	
uplighed the people of	
America during the great	.:
depression. This shows that	
hope has great pychological	
impact on mental health.	
Furthermore, hope	
has great inquence on social	
and collective movements to	
unite communities. Hope acts	
as a rope to bird the	
individuals with shared	
aspirations to achieve their	
common goal either of	
justice and rights, or other	
than it. Martin Luther King	
Tro the leader of the boerica	•
uvil rights movements	
examplified the power of	

hope in uniting individuals	
hope in uniting individuals  against racial segregation	·
and discrimination. Cutting it	
Short, to unit communities	
and to poster collective	
movements; hope can has	
a great inpluence thus serving	
ce greatest driving zonce.	
In this background	
in inspiring social change	
to deminish the exils 62	
injustice, discrimination, inequa	
lity, and marginalization.	
One of the most influencial	
example or hope as a	
cocial charge can be zound	
in the entimple of	
wondertaporaphel Muhammac (S.A.W)	

similarly, hope plays
the role of key element

sustaining long-term

goals. It is the hope

which incluence people to

//202	
Hope_also has its	
Hope_ as	
role in philosphy and	
religion, or it would be	
better to say that hope	
has been a central theme	
in philosphy and religion,	
in philosphy acres reagion	
shaping peospectives on human	
enistance, purposes and	
resillience. In philosphy,	
hope emerges as an	
element of both enistanti-	
alism and optimism existen	
Halism, Zor enample, Jocuses	
on individual preadons	
choice, and search zor	
meaning in the world.	
Soren Kiekegaard, was	
considering hope as an	
antidote to despuir. In	
To cuspair. In	

contrast, optimistic philosphies	
emphasizes a beliez in	
the inherent goodness of	
lize and the potential zor	
positive outromes. In shorts.	
considering these views,	
hope is atso a key	
element in philosophy in	
content of emistentialism and	
optimism.	
the divission, there are	
several teachings about	
hope in various veligion.	
First, in Islam, hope is	
aleeply rooted in Joith	
in Allah's meny and	
guidance Believers are	
encouraged to remoun	10000000000000000000000000000000000000

32 10ct 1202	Day: Tuesday
ur skill of applying the idea on diverse phenomenon is praise one honest review	eworthy dianicula
other qualities like cohersion, coherence and connectivity ar	The state of the s
Epranic Verse: "	So truly
where there is	hardship
there is also cas	e (9436)
Second. In christian	
is one of the th	
gical virtues Calony	
and thurity) thris	
	wee in
End's promises, belie	eviny in
Salvation, divine la	ive, and
redemption, as h	ightighted
in the Bible: cR	
hope, be patient	in tribut
ation, be constant	in Plane
(Romans 12:12). Thi	rd
	ted
to the concept of	
	cultivativa

_		
	a positive mind through	
	right thought and action.	
	To Sum (It up, hope withal	
	emphasizes is strested out	
	in adjacrent religions.	
		-
	Furthermore, hope and	
	despair often sit on opposit	
	ends highlighting the zine line between them. Hope drives	
	line between them. Hope drives	
	forwards positive mind and	
	the potential to achieve	
	goals, while despair paralyze. it. Idditionally, there is	
-	a clear boundary between	
	realistic hope and	
	blind optimism Realistic hope	
	Driver ways Premoving	
	prives usures removing the proceticle	
	approach, while blind	
	optimism usually escheus	
	The barriess Olying in	
	its path The Us' appallo	

through the enample of Erreal Depression - USA in 1930. The economic collapse led to mass unemployement, poverty, and

	Udy:	
	wide-Spread dispair. This	
	hopelass era guve hirth	
	hopelass era guve birth to social unrest, increased	
	crime vales, and deferiorest	
	ing health condition putting it	
	change this expression plz	
	con course the vise 07	
	various social, political,	
	and economical disparities.	
	end culturated ensperie	
	In conclusion, the journey	
	02 hope begins even begove	
-	a child enters this	
	world starting, grow the	
	moment lize lakes zorm.	
	ac a frow all. It grows	
	and encloses throughout a	
-	percuos enistances pope	
	done not cease with	
	cloub : it transcends mortality	
	percussion in the belief of	
	devine grace and mercy.	-
alain ann a		A STATE OF THE PARTY OF THE PAR

inspiring social lure progress.