

Precis → 2024

Title: Importance of Urban Green Spaces

In the rushing life of cities parks are a source of peace and happiness. These green fields provide variety of wildlife as well as mental well-being. Green spaces enhance beauty and increase community integration through various ways like, picnics, sports, cultural festivals, open-air concerts and art installation.

These urban green spaces has positive impact on mental health and overall well-being.

But, there is a challenge of balancing between urbanization and preservation of green areas. So, sustainable urban planning is essential for health of humans as well as for environmental protection. The preservation and betterment of parks along with sustainable urban planning is necessary for progress.