

## Essay

# Women Thy Name Frailty

## Outline

### 1: Introduction:

The beautiful creature of God is still associated with the term "fragile" and weakness. In 21<sup>st</sup> century women are not behind than men in any field of life. Fragility is referred to women due to its morphology, patriarchal society and culture. Women negated this title by earning fame in politics, business, forces, judiciary and literature. Lack of education, harassment at working place and social restrictions are main hindrances in the way of women progress. Their future can be more brighter provided by the education, liberty and trust and moral and social support.

### 2 Origin & Understanding of the term, "frailty."

Novel Hamlete first used this term.

### 3.1- Women thy Name Frailty; Factors:

3.1 Biological factors

3.2 Social factors

3.3 Cultural factors.

### 4 Rebuttal to this myth- "Women thy Name Fragility":

Women proved this myth wrong and proved their mettle in every field of life such as;

4.1 Business

4.2 Politics

4.3 Science and technology

4.4 Armed forces

4.5 Judiciary

4.6 Sports.

4.7 Literature.

### 5. Hurdles in the way of Women Progress:

5.1 Lack of education.

5.2 Unfit working environment

5.3 Social restrictions.

## 6. Solutions to Counter the Hurdles:

- 6.1 Provision of Education
- 6.2 Liberty and Freedom
- 6.3 Social and Moral Support
- 6.4 Conducive Working Environment

## 7 Conclusion:

Allah's creation to whom all the colors of life are attached is generally attached to the terms, "fragile", "weakness" and "frailty". Without women the life could not be this beautiful. Women play best roles as mother, sister, wife and as a daughter. Frailty is linked to females since the inception of the world considering the biological, social and cultural factors. Women busted the myth of frailty by touching the sky in every field of life.

such as politics, business, sports, literature, Noble prize-winning race, armed forces and Judiciary. Some orthodox elements put forward hurdles in the way of women progress to impede their progress by restricting women education, making unfavourable working environment and applying social restrictions and self-created so-called norms. But the way of women progress can be enlightened by providing education, healthy working environment and moral support.

Lets start with understanding the term - "women thy name frailty." Shakespear in his novel **Hamlet** first used this term for his mother, because her mother got married to his uncle only six years months after her husband's demise, so he called his mother weak who needs the support and help of a man for the survival. Since then the term weakness and frailty is

associated to the women.

Weakness and delicacy is referred to women due to some factors such as biological, social and cultural factor. Biological factors are made base of this term fraility because biologically the structure and morphology of women are less strong than man. Women have less muscular power as compared to man but this differentiation cannot be the reason of this myth. Because with less muscular strength women bears the pain of giving birth which is almost equals to the pain of seventy bone fractures simultaneously. Men can not bear the pain of period cramps which women with their delicate muscles bear every month.

Women proved the myth of fraility by paving paths in many fields of life. Rebuttal to the myth of weakness by

following examples of shining stars.  
Women are shining in **Business** field since 1400 years ago. When **Hazrat Khadija (R.A)** started her own business and was known as successful business woman of Mecca. In contemporary times internationally **Huda Beauty** products are run by a delicate woman successfully running her business throughout the world. In case of Pakistan an example of successful entrepreneur is **Maria-B** - who worked hard in her hard times to get the place of most successful woman in Pakistan's business industry.

Women are twinkling like stars in the field of **Literature**. The brightening star in the field of literature who left behind all her fears and disabilities is **Hellen Keller**. She was a blind girl but proved her

mettle by leaving behind her disabilities, she used her words to enlighten the field of literature and wrote many publications. Her famous quote is, "seeing see the little". In Pakistan **Bano-Qudsia** is a well-known writer famous for her writings which are based on women.

Field of Politics is also conquered by Women. In Pakistan Movement women took part and fought in every field and walked confidently against male-dominated politics. The most familiar female politician was **Fatima Jinnah**. She worked hard and walked step-by-step with her Brother Jinnah and fought till her last breath for the rights of Muslims. Another name in the political history of Pakistan is **Be-nazir Bhutto**, she was the first prime minister of any Islamic state she headed her

political party Pakistan Peoples Party after the assassination of her father. Now a days Maryam Nawaz the Chief Minister of province Punjab is another leading example of famous politicians.

The fragile women are so powerful that they competed the male dominated society and reached to the Noble prize. There are many Noble Laureates such as Marie-Curie, Shaameen Ubaid, Malala Yousfzai. They worked hard in their field in reached the heights of Noble prize.

Women also got name in the field of science and technology. Marie-Curie was the first women who got Noble prize for her works in science field. She worked with her husband Paue-Curie and discovered radio-active elements Polonium and Radium and for this achievement she received



Noble prize. Arfa-ream another name who inspires the young girls in the field of technology. She was the youngest soft-ware engineer.

Women are also serving the nations in the field of armed forces. During Prophet's era women also served in the battle field. They were allocated for First Aid help of warriors and getting water to the army. Now-a-days women are also working as pilots or in fighter planes and also serving the nation in Navy and Army such is the example of courage and discipline is Lt. General Nigar Chaudhary.

Women are not lagging behind than men in the field of Sports. Women despite their fragile body are beating in sports. Maria Sharapova and Serena Williams are the major brightning stars of world in the field of open tennis. Another

trend-setter is **Sania Mirza** from India who is famous for tennis and plays internationally.

Fragile creations are setting trends in every field of life. From business to politics, homes to hospitals, battle grounds to sports everywhere women are metting their capabilities in the whole world.

The weak entities of God are shining and filling colors in the life of mankind throughtout the world as Jabal said: "وَجَزَّوْنَ فِي سَائِرِ الْبِلَادِ مِنَ الْجَنَّةِ أَكْثَرُ مِنْ هَٰذَا".

Women are participating in sports and as well as in surpassing tough mountains. **Samina Baig** is the first Pakistani women who conquered the highest Peak of Mount Everest and open the door for other girls. Now three Pakistani girls have surpassed K-2, naming **Naila Kiani, Samina Baig** and **Sultana bibi**.

Now, we discuss some hurdles which are creating tensions in the way of women progress. The most prominent hindrance is the lack of education. Women are intentionally kept aloof from education so that they can not know about their rights and cannot speak for their rights. According to **Pakistan Bureau of Statistics** the literacy rate of females in Pakistan is **51.9%** which is far less than male literacy rate. Similarly the internet exposure discrimination also exists in Pakistan. According to **UN** only **26%** women have the internet access.

Another major hindrance in the way of women is social restrictions imposed by male-dominated **Patriarchal Society**. In this society there is male-dominancy everywhere and women are restricted to homes at the name of culture and norms and their talent is wasted.

As Malala Yousafzai said that women cannot be succeeded as they are pulled back by our society.

The frail gender is exceeding in every field. They are doctors, nurses, educators, lecturers, scientist, soldiers, pilots and judges. But the unfavourable working condition hinders their success.

**Harassment** is the most common tactic to impede hindrance in their way.

These unsuitable working conditions lessens the participation of women in most fields of life.

Here are some solutions to encounter all these hurdles and make the path of progress favourable to thy fragile gender. The foremost and important solution to all the hurdles is the provision of quality education to all including girls. In 18th Amendment passed by National Assembly in 2010 in the era of Asif Ali Zardari

the article 25-A was introduced into the Pakistan's constitution. That article ensures the provision of education to all the children of age five to sixteen years. Islam prioritized the education by starting the Quran with the order of education. In 1st Wahi Allah says in Surah Alaq, "Read with the name of thy God who created all."

Another solution to counter the hindrance is providing freedom and liberty to the women and putting trust in them. Then watch them touching the sky of success.

Michelle Obama once said there is no limit of success which women cannot touch. Provide them freedom and let them grow in every field of life.

Social and moral support provided by counter partners and parents can give them wings to fly. Patriarchal society should support morally and socially and

should help them so that they can attain their goals. **Napoleon** said "Give me educated mothers, I would guarantee you the educated and civilized nation."

Women are working in all fields of life. They can excel in any field given the conducive and favourable working environment in which they can utilize all the talent and bring success to the country. **Mao Zedong** said; "women are holding half of the sky." These were some suggestions which can be utilized to counter the hurdles in the way of progress.

In a nutshell, we can say that the myth related to women — "women thy the name of frailty" is not the justified term because women are excelling in every field of life despite their weak morphology, patriarchal

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society and cultural restrictions. Women are twinkling brighter in the field of politics, business, sports, forces, literature and judiciary. Patriarchal society put many hindrances in the way of women development and progress such as; aloofing them from education, restricting them within four walls and making their working environment unfavourable by harrasment. But as a nation we should eliminate these hindrances by providing the female with education, support and favourable and optimum working conditions. By following these suggestions women can be more successful in the near future.