

# Growing Depression

It is saddening to know ~~the~~ about the pervasive mental depression in the youth. This dilemma is increasing with its drastic repercussions. Hopelessness, unemployment, societal pressure, academic stress are some of the problems which are prevailing in the youth.

These issues ~~are~~ curbs man's creativity, kill aspiration and inculcate a perpetual sense of deprivation ~~of everything~~. By lose oneself in this mire, one never try to get back on track and keeps overflows oneself with anxiety and tension.

To minimize this problem, government must provide help to people in terms of ~~Doctors~~ promoting solving these genuine issue. Seminar, public gathering, motivational conventions should be organized. People who are needed with a good psychiatrist must consult them to ease out their feelings, and tell their actual problem so that they find out the cause of their depression. Consulting a psychiatrist should be normalized in the society. and do not attach this against as a stigma of having a mental issues. try to reduce burden from people and especially student. Awareness of these issues should be discussed in schools and colleges. Whoever need financial help is to be helped. By doing so, we could make an environment of gratification and society where everyone could thrive peacefully.

sentences are unnecessarily long and incomplete basic grammar needs improvement  
read the news articles very carefully and observe the sentence structure