Question! Why most of us fair in our efforts for self-improvement?

Answer # 1:- Most of fail in our efforts for self-improvement because our plans for it are too ambitious and we never give enough time for carrying them out. Secondly we also make announcements of our resolutions to everybody so that they discourage us and consider us explosish which leads us back to our ould old soutine.

Question: Why is it a basic mistake to announce our resolutions to everybody?

Answer# 2:-

9t is a basic mistake to announce our resolutions to everybox because everybody is not encouraging but rother they would discourage us by (saying) causing us fools and our struggles foolish, which eventually will lead us to go back to our old routine.

Question: - Why did the writer not carry out his sesolution on New Year's Day?

Answer #3; The writer didn't casey out his resolution on New Year's Day because he was aware of the fact that people will call him foolish and his struggle for improvent as foolish one and it has an impact on him which leads him back to the old soutine.

Question: - find out the words in the above passage which convey the similar Answer #4: meaning to the following?

- (a) Intimidating = hypnotizing
- (b) peril = doza off
- (c) durindle = give up troopeds
- (d) Repol = Resist
- (e) Barb = Argue