

▪ **Sample 2**

Your mental attitude is a great determining factor in your daily life. Begin the day with an expectant and energetic mental attitude towards your work and it will elevate and enhance all your activities. The spirit in which you regard the world and your fellow-men will be reflected back to you. When you are in the right

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mental attitude, many things will seem to conspire and co-operate to advance your work and interests. Primarily it is your mental attitude that makes the day happy and productive or the contrary. You can demonstrate the truth of this today by looking only for the best to be intelligently optimistic, and to have confidence in the eternal supremacy of god. Make more positive resolutions regarding the things you ought to do and bring every possible reinforcement to bear upon such resolutions. Assert in vigorous tones the thoughts you wish to establish as unconscious habits of your life, remembering always that while it is a great thing to conceive a great idea, it is still greater to put it into execution.

(180 Words)

One's mental ~~health~~ attitude is crucial for routine life. This will improve one's working capabilities. If one's working mental attitude is good - then behaviour of others will be good and cooperative. Moreover, one should have to start day with happy and energetic move with complete faith on supremacy of God. This will help in solving complexities and makes one's life ~~so~~ successful.

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Title: Mental attitude is key player