

People Have Become Overly Dependent on Technology

Outline:

1. Introduction
2. People over-rely on technology in the realm of:
 - a. Education
 - b. Healthcare sector
 - c. Business and engineering
 - d. Agriculture and industry
 - e. Communication
 - f. day to day affairs
3. Implications of over-dependence on technology:
 - a. Hindered thinking capabilities
 - b. Social distress and chaos
 - c. Climate change
 - d. Hibernation and procrastinating behaviours prevailing in society
 - e. Weak + analytical skills
 - f. A lot of time being consumed by technology
 - g. social bonds have been weakened in real time
4. Wayforward to cater the over-use of technology:
 - a. Bringing more and more physical

and natural capabilities in use

- b. Exploring natural world
- c. Relying on mental aptitude # rather than machines
- d. Engaging in health beneficial activities
- e. Maintaining strong bonds with family and peers
- f. Promoting art and culture.