

Passage

The Psychological causes of unhappiness, it is clear, are many and various. The typical unhappy man is one who having been deprived in youth of some normal satisfaction, has come to value this one kind of satisfaction more than any other, and has, therefore, given to his life a one-sided direction, together with a quite undue emphasis upon the achievement as opposed to the activities connected with it. A man may feel so completely thwarted and remains unhappy as he seeks no form of satisfaction due to some social reasons. They always find some temporary solution to seek happiness and believe that happiness is possible, though they may adopt mistaken means of achieving. Very few men, I believe, will deliberately choose unhappiness if they see a way of being happy. I do not deny that such men exist, but they are not sufficiently numerous to be important. It is common in our day, as it has been in many other periods of the world's history, to suppose that those among us who are wise have seen through all the enthusiasms of earlier times and have become aware that there is nothing left to live for. The man who hold this view are genuinely unhappy, but they are proud of their unhappiness, which they attribute to the nature of the universe and consider to be the only rational attitude for an enlightened man. (232)

True Nature of Happiness.

Day: _____ Men's meaning of life Date: _____

A man, who is not happy may seeks some temporary sources to relieve himself. One must have to accept nothing left permanently in the world. Those who accept the reality may not indulge himself in the search of happiness. There are many examples to be witnessed throughout the history that those who devoted their lives in serving the nature of universe may faces the unhappiness, But they are happy in the unhappiness because they have known the real meaning of life.

(words 80)

(total 232)