Make Precis of the Following Passages and Suggest Suitable **Topic for Them**

I myself am my enemy in the guise of a friend. I hurt myself in several ways and invite dangers. Some dangers lurk in the dark and haunt me beyond limits. I hardly realize objective of my creation on the earth. Regretfully, I have forgotten it altogether. I disobey my Creator and thereby incur His displeasure and invite His wrath. Reckless driving is a big risk to my precious life. But, I being hasty, emotional and impatient pull out and drive very fast. Indeed, I invite acute dangers to my life. Sometimes I eat things that I don't need to. I need not eat things that don't suit to my taste. It is wise to abstain from them. But I do otherwise. I overeat and violate the laws of health Overeating, irregularities in eating and untimely eating upset my stomach and cause serious dietary complications. But I am seldom mindful in this regard and suffer much. I enjoy long and fast sleep, not knowing that it taxes my precious time and deprives me of important things, such as profitable studies, lawful and respectable livelihood and other productive activities. Abnormal sleep hours tell on my health, make me dizzy, because excess of everything is bad.

Pricis 27-3. 5 Self-enemy. @ Ungratefulness of like 3 Excess of Every Thing is bad. I am my enemy, I put mysely in danger / hardships to give up my Eye - Becouse of assume that Lam meansfess creation on lad-Therefore, I envite would of oracl by doing doe going against "laws. I show impalientness impailions impatient while driving which put my life at risk - E violate The Eaus of health by overeating or hair junk good which leads my health a complications. I also Rake Long Steep to disturb my routine and deprive myself from many blessings and actimesties like Studies, and livelihood - All impalared deeds make me tess ungertefulland emeture

FACTS Precis 1 Self-enemy. @ Ungraterulness of life (3) Excess of Every thing is bad. am my enemy. I put myself in danger / hardships to give up one Rye - Because of assume that Lam meansfess creation on lad-Therefore, I write would of Grad by doing doe going against "laws. Show impatientness impailions impatient while driving which put my life at risk - E violate The Eaus of health by over eating or hair junk good which leads my health in complications. I also Rake Long Steep to disturb my routine and deprive myself from many blessings and actimesties like Studies and livelihood - All impalared deeds make me toss ungertefull and emeture